



XV CANA AFRICAN SWIMMING CHAMPIONSHIPS

20 – 24 August 2022

Tunis, Tunisia

**Swimming Championship Rules and
Regulations**

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CANA Swimming Championship Rules and Regulations

1. GENERAL

- 1.1. The swimming competition is held under the control of the Confederation Africaine de Natation (CANA) and Regulations of CANA and the Technical Rules of the Federation Internationale de Natation (FINA) respectively.
- 1.2. In cases of conflict in interpreting the rules, the English text shall prevail.
- 1.3. The working language of CANA is English and where there is a difference in the translation, the English version shall prevail.
- 1.4. In cases where CANA does not provide for the rules, FINA Rules will apply.
- 1.5. The CANA Bureau shall have complete control of all swimming events at the Africa Swimming Championships.

2. PARTICIPANTS

- 2.1. All competitors must be citizens of a CANA member country and must represent such member country of which the swimmer is a citizen.
- 2.2. All swimmers shall present to the CANA Technical Committee their individual passports issued by the Authorities of their respective countries to ascertain their nationalities.
- 2.3. The member country, which the swimmer represents, must be a fully paid-up bona fide member of CANA.
- 2.4. Member countries which are not fully paid-up bona fide members of CANA, shall not be allowed to enter swimmers for any competitions held by CANA.
- 2.5. Where a member country fails to pay its subscription fee, such member country will be automatically suspended, until fees have been paid in accordance with the rules and regulations of CANA.
- 2.6. If the fees are not paid before the commencement of the Swimming competitions, such defaulting member country will not be affiliated to CANA any longer; and will therefore, not be able to enter swimmers for the swimming competition.

3. JURY OF APPEAL

- 3.1. The CANA Bureau acts as the Jury of Appeal on all swimming matters during CANA Competitions.

4. COMPETITION RULES AND REGULATIONS

- 4.1. CANA is responsible for the technical organization of the competition, and the management of the competitions shall be under the sole control of the CANA Bureau ("Management Committee").
- 4.2. The CANA Bureau through its Technical Committee shall perform the following functions:
 - 4.2.1. Arrange the programme of events
 - 4.2.2. Take charge of the entire management of the competition.
- 4.3. The CANA Bureau shall also appoint officials in conjunction with the host member federation and the Organising Committee. The Bureau shall appoint judges and referees that will officiate at CANA competitions, including members of the Technical Committee and officials from member federations.
- 4.4. Where a swimmer or an official has, in the opinion of the CANA delegate or the referee, committed an act of misconduct, this shall be reported to the Secretary General of CANA who shall in turn report it to the Bureau, the Bureau shall decide the appropriate action to be taken, including a report to the member federation of the offender.

5. NUMBER OF SWIMMERS, EVENTS and ACCOMPANYING OFFICIALS

The number of entries for the Swimming Competition and the number of accompanying officials are as follows:

5.1. Swimming – Men and Women:

- 5.1.1. In individual events, a maximum of two swimmers per country in each event,
- 5.1.2. In the Relay events, only one team per country per event.

- 5.1.3. All swimmers entered may be used in Relays and the composition may be changed between heats and finals.
- 5.2 In relation to swimmers entered, a member federation may receive accreditation for Team Officials as follows:
- 5.2.1 2 (two) officials for 1 to 5 swimmers
 - 5.2.2 3 (three) officials for 6 to 10 swimmers
 - 5.2.3 4 (four) officials for 11 to 14 swimmers
 - 5.2.4 5 (five) officials for 15 to 20 swimmers
 - 5.2.5 6 (six) officials for over 20 swimmers
- 5.3 The order of the programme, as well as the order of competitions, shall be determined by the Bureau after consultation with the Technical Committee and the Organising Federation.
- 5.4 There shall be heats and finals for all swimming events, except 800m and 1500m Freestyle. These events will be swum as Timed Finals.
- 5.5 Individual swimmers and Relay Teams shall be seeded for the heats in accordance with the times submitted on the official entry form. A draw will be held for those with individual times but swimmers who do not submit times shall be placed at the end lanes, in alphabetical order.
- 5.6 Swimmers shall advance to the finals on the basis of their placement in the heats. If there is a dead heat for the 8th place, a swim-off shall take place to determine who advances to the 8th place, and this will take place at least a half after the conclusion of the heats session or as determined by the Technical Director.
- 5.7 Assignment of lanes in heats and finals shall be as follows:
- Lane 4 –fastest time
 - Lane 5 – second fastest time
 - Lane 3 –third fastest time
 - Lane 6 – fourth fastest time

Lane 2 – fifth fastest time

Lane 7 – sixth fastest time

Lane 1 – seventh fastest time

Lane 8 – eighth fastest time

5.8 The programme of events for CANA Championships is as follows:

5.8.1 MEN and WOMEN:

Freestyle: 50m, 100m, 200m, 400m, 800m, 1500m

Backstroke: 50m, 100m, 200m

Breaststroke: 50m, 100m, 200m,

Butterfly: 50m, 100m, 200m,

Individual Medley: 200m, 400m

Freestyle Relay: 4x100m, 4x200m

Medley Relay: 4x100m

5.8.2 MIXED

Freestyle Relay: 4x100m

Medley Relay: 4x100m

6 ENTRIES

6.1 Member countries of CANA wishing to take part in the CANA Swimming Championships shall send Intention to Participate to the Organising Committee no later than the 2 May 2022. A copy of the entry shall be sent simultaneously to the Secretary General of CANA.

6.2 Preliminary Entry indicating the number of swimmers, coaches and officials should be received by the Organising Committee and copy sent simultaneously to the Secretary General of CANA by 31 May 2022.

- 6.3 The final list of entries with the names of the swimmers in the various events shall be received by the 1 August 2022 by the Organising Committee and the Secretary General of CANA.
- 6.4 Each member country of CANA may enter two swimmers in each individual event and one team in each relay event. There will be no time standards.
- 6.5 Only swimmers entered in swimming events or as Relay only swimmers for the championships, may be used in Relay teams. The composition of a Relay Team may be changed between the heats and finals of an event, provided that it is made up from the list of swimmers entered by the member country.
- 6.6 The Names of Swimmers in the relay must be submitted on the official relay entry form in the correct order and in the medley relay, the stroke must be specified, at least one hour before the start of the session in which the relay will be swum.
- 6.7 The maximum number of participating swimmers from each country is 24 men and 24 women.
- 6.8 The minimum number of swimmers participating in an individual event shall be five.
- 6.9 The minimum number of teams participating in a Relay Events shall be four teams.
- 6.10 If the above conditions are not fulfilled the said event may be cancelled at the discretion of the CANA Bureau.

7 TEAM LEADERS MEETING

The Team Leaders Meeting will be held on 19 August 2022 at 11:00.

8 TECHNICAL OFFICIALS

- 8.1 All CANA Affiliates participating at the Championships may forward the name of at least one qualified Technical Official (preferably on either FINA Swimming List No 20 or List No 21), who will be accommodated by the Organising Committee from the 19 August 2022.
- 8.2 All Officials must be available to officiate at every session.

8.3 Technical Officials meeting, will be held on the day preceding the start of the competition, 19 August 2022 at 17:00

9 SUBSTITUTION, WITHDRAWAL AND PROTESTS

9.1 Substitution

- 9.1.1 Any entered competitor may be substituted by another entered competitor at the Team Leaders Meeting.
- 9.1.2 It is mandatory for the Team Managers of the Countries to take part in the Team Leaders Meeting (GR7.1)

9.2 Withdrawal

- 9.2.1 Swimmers or relay teams not wishing to take part in a final in which qualification was earned, shall withdraw within thirty (30) minutes following the preliminaries of the event in which qualification took place.
- 9.2.2 The Member Federation of any competitor who withdraws from the heats/preliminary rounds after the Team Leaders Meeting or from the final more than thirty (30) minutes after the preliminaries of the event in which qualification was earned, shall pay to the Honorary Treasurer the sum of one hundred (100) Swiss Francs, in the case of a relay, the sum shall be two hundred (200) Swiss Francs

9.3 Protests

- 9.3.1 Protests are possible (GR 9.2.1):
 - 9.3.1.1 If the rules and regulations for the conduct of the competition are not observed
 - 9.3.1.2 If other conditions endanger the competitions and /or competitors, or

- 9.3.1.3 Against decisions of the referee; however, no protest shall be allowed against decisions of fact
- 9.3.2 Protest must be submitted (GR 9.2.2)
 - 9.3.2.1 To the referee
 - 9.3.2.2 In writing on CANA Forms
 - 9.3.2.3 By the responsible team leader
 - 9.3.2.4 Together with a deposit of 100 Swiss Francs or its equivalent and
 - 9.3.2.5 Within 30 minutes following the announcement or publication of the disqualification.
- 9.3.3 If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given

10 AWARDS

- 10.1 Medals shall be awarded to the swimmers in each individual and each Relay Event as follows:
 - First – Gold Medal and Diploma
 - Second – Silver Medal and Diploma
 - Third – Bronze Medal and Diploma
 - Fourth to eighth Place – Diplomas Only
- 10.2 In the case of equal times, medals shall be awarded as follows:
 - 1st place: 2 gold – no silver, 1 bronze
 - 2nd place: 1 gold, 2 silver – no bronze
 - 3rd place: 1 gold, 1 silver, 2 bronze
- 10.3 In the case of 3 equal times, medals shall be awarded as follows (GR9.11.1)
 - 1st place: 3 gold - no silver, no bronze

2nd place: 1 gold, 3 silver – no bronze

3rd place: 1 gold, 1 silver, 3 bronze

TROPHIES

10.5 Best Team Gold Medal Count (Male and Female)

10.6 Best male Team Gold Medal count

10.7 Best female Team Gold Medal Count

Where there is a tie in the number of gold medals, the number of silver medals will be used, likewise if a tie persists then the number of bronze will be used to determine the winner

10.8 Best Female Swimmer – FINA Points table – best performance

10.9 Best Male Swimmer – FINA Points table – best performance

11 MEDICAL AND DOPE TESTING

11.1 A medical officer who shall be present throughout the competition, shall be provided by the Organising Committee.

11.2 Facilities for doping control shall be provided, in accordance with FINA Rules.

11.3 CANA, in recognition that the use of substances or practices which artificially enhance a swimmer's performance is illegal, and in recognition that there is a necessity to fight this malpractice, shall implement random testing during training and at any time in and out of competition according to the decision of the CANA Bureau.

11.4 The banned substances and practices are those contained in the FINA list.

11.5 The doping control shall also be carried out according to FINA Rules and the tests shall be made at laboratories appearing in the international Olympic Committee approved list.

11.6 The number of tests to be carried out at any CANA event shall be decided by the CANA Bureau in collaboration with the Organising Committee.

11.7 Where a swimmer tests positive, the said swimmer shall be sanctioned by the CANA Bureau in accordance with FINA Rules.

12 TECHNICAL EQUIPMENT

- 12.1 The host country shall ensure that automatic officiating equipment is installed in the Swimming Pool in accordance with FINA Rules.
- 12.2 The Secretary General of CANA shall also certify that all technical equipment and electronic timing devices at the venue of the swimming events are correct and in working order before any competition begins.
- 12.3 The Swimming Pool must be a 50 meter Olympic standard pool. A surveyor's certificate must be presented before the start of the competition.

13 TRAINING POOLS

- 13.1 Training pools shall be provided five days prior to the competition and during the competition and two days after the competition.
- 13.2 A time-table shall be provided and distributed to all participating member countries, on or before the commencement of training for the competition.

14 SWIMWEAR AND ADVERTISING

14.1 Swimwear

- 14.1.1 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive (GR5.1)
- 14.1.2 All swimsuits shall be non-transparent It is permissible to wear two (2) caps. (GR5.2)
- 14.1.3 The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule (GR5.3)
- 14.1.4 In swimming competitions the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands, or leg bands shall be regarded as parts of a swimsuit (BL8.2)
- 14.1.5 No strapping will be permitted

14.1.6 Swimwear for men shall not extend above the navel or below the knee.

14.1.7 Swimwear for women, shall not cover the neck, extend past the shoulder, nor shall extend below the knee. All swimsuits shall be made from textile materials (BL 8.3)

14.2 Advertising

14.2.1 Swimsuits (BL 7.1.1)

14.2.1.1 One (1) manufacturer's logo of a maximum size of 30 square centimetres when worn.

14.2.1.2 Where one-piece body suits are used, two (2) logos of the manufacturer shall be permitted, one above the waist and one below the waist of a maximum size of 30 square centimetres each when worn.

14.2.1.3 These two (2) logos of the manufacturer shall not be placed immediately adjacent to each other.

14.2.1.4 Where two-piece body suits are used, the two (2) logos of the manufacturer shall be placed on one part each

14.2.1.5 One (1) flag and one (1) country name or code of a maximum of 50 square centimetres when worn

14.2.1.6 One (1) sponsor's logo of a maximum of 30 square centimetres when worn

14.2.2 Caps

14.2.2.1 One (1) manufacturer's logo of a maximum size of 20 square centimetres on the front.

14.2.2.2 One (1) Partner's logo of the size decided by FINA from case to case.

14.2.2.3 One (1) flag and or country name (code) of the size of 32 square centimetres. The side on which the flag and the country name (code) shall be printed will be advised by CANA

14.2.2.4 Athlete's name, 20 square centimetre, shall be printed on the same side as the flag and country name (code).

14.2.3 Goggles (BL 7.1.4)

14.2.3.1 Two (2) manufacturer logos of maximum 6 square centimetres are allowed on the goggles, but only on the spectacle frame or band

14.2.4 General

14.2.4.1 Towels and bags may carry two advertisements. Track suits and officials' uniforms may carry two advertisements, one on the top and two on trousers or skirts.

14.2.4.2 A manufacturer's or sponsor's logo may be repeated but the same name may only be used once in each article or garment.

14.2.4.3 Advertising for tobacco or alcohol is prohibited

14.3 Smoking shall not be permitted in any area designated for swimmers, either prior to or during competitions.

15th CANA AFRICAN SWIMMING CHAMPIONSHIPS 5 DAY PROGRAMME

Number of Swimmers per event: 2 per country

DAY 1 20 August 2022

10:00 Preliminaries		
Event N°	Event	Gender
1	100m Freestyle	Women
2	100m Freestyle	Men
3	200m Butterfly	Women
4	200m Butterfly	Men
5	1500m Freestyle Timed Finals	Women
6	800m Freestyle Timed Finals	Men
7	4x100m Free Relay	Mixed

17:00 Finals		
Event N°	Event	Gender
1	100m Freestyle	Women
2	100m Freestyle	Men
3	200m Butterfly	Women
4	200m Butterfly	Men
5	1500m Freestyle Timed Finals	Women
6	800m Freestyle Timed Finals	Men
7	4x100m Free Relay	Mixed

DAY 2 21 August 2022

10:00 Preliminaries		
Event N°	Event	Gender
8	200m Freestyle	Women
9	200m Freestyle	Men
10	100m Breaststroke	Women
11	100m Breaststroke	Men
12	50m Butterfly	Women
13	50m Butterfly	Men

17:00 Finals		
Event N°	Event	Gender
8	200m Freestyle	Women
9	200m Freestyle	Men
10	100m Breaststroke	Women
11	100m Breaststroke	Men
12	50m Butterfly	Women
13	50m Butterfly	Men

14	200m Backstroke	Women
15	200m Backstroke	Men
16	4x100m Med Relay	Mixed

14	200m Backstroke	Women
15	200m Backstroke	Men
16	4x100m Med Relay	Mixed

DAY 3 22 August 2020

10:00 Preliminaries		
Event N°	Event	Gender
17	400m Freestyle	Women
18	400m Freestyle	Men
19	100m Butterfly	Women
20	100m Butterfly	Men
21	200m Breaststroke	Women
22	200m Breaststroke	Men
23	50m Backstroke	Women
24	50m Backstroke	Men
25	4x200m Free Relay	Women
26	4x200m Free Relay	Men

17:00 Finals		
Event N°	Event	Gender
17	400m Freestyle	Women
18	400m Freestyle	Men
19	100m Butterfly	Women
20	100m Butterfly	Men
21	200m Breaststroke	Women
22	200m Breaststroke	Men
23	50m Backstroke	Women
24	50m Backstroke	Men
25	4x200m Free Relay	Women
26	4x200m Free Relay	Men

DAY 4 23 August 2022

10:00 Preliminaries		
Event N°	Event	Gender
27	400m IM	Women
28	400m IM	Men
29	100m Backstroke	Women
30	100m Backstroke	Men
31	50m Breaststroke	Women
32	50m Breaststroke	Men
33	4x100m Free Relay	Women
34	4x100m Free Relay	Men

17:00 Finals		
Event N°	Event	Gender
27	400m IM	Women
28	400m IM	Men
29	100m Backstroke	Women
30	100m Backstroke	Men
31	50m Breaststroke	Women
32	50m Breaststroke	Men
33	4x100m Free Relay	Women
34	4x100m Free Relay	Men

DAY 5 **24 August 2022**

10:00 Preliminaries		
Event N°	Event	Gender
35	50m Freestyle	Women
36	50m Freestyle	Men
37	200m Ind. Medley	Women
38	200m Ind. Medley	Men
39	800m Freestyle Timed Finals	Women
40	1500m Freestyle Timed Finals	Men
41	4 x 100m Medley Relay	Women
42	4x100m Medley Relay	Men

17:00 Finals		
Event N°	Event	Gender
35	50m Freestyle	Women
36	50m Freestyle	Men
37	200m Ind. Medley	Women
38	200m Ind. Medley	Men
39	800m Freestyle Timed Finals	Women
40	1500m Freestyle Timed Finals	Men
41	4 x 100m Medley Relay	Women
42	4x100m Medley Relay	Men

DAY 6 **5km OPEN WATER**

