

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024

Results

Event 1 Girls 14 & Under 800 LC Meter Freestyle

AA ZONE IV: 9:32.31 R 16/02/2019 Lise Coetzee

RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	9:40.95	9:54.02
2 Johnsen, Alexis	14	Zimbabwe Swimming Federation	10:34.75	10:18.03
3 Steyn, Lara	14	Namibia A-Team	10:27.32	10:38.89
4 Jones, Kristin	14	Zimbabwe Swimming Federation	11:14.13	10:46.65
5 Rey, Candice J	14	Namibia A-Team	10:11.57	10:50.15
6 Mutie, Muela	14	Botswana	10:55.02	11:11.75
7 Mpfumo, Marta C	14	Mozambique Swimming Team	10:45.68	11:36.35
8 Morebodi, Maeva	13	Botswana	11:25.64	11:36.85
9 Rajabalee, Keira	14	Mauritius	11:21.21	11:43.37
10 Desai, Ayanna M	13	Zambia	11:49.95	12:01.48
11 Guimaraes, Carolina	12	Angola Swimming Team	12:00.00	12:34.21
--- Schnebel, Sandra	13	Namibia B-Team	10:35.47	X10:30.51
--- Brinkmann, Emma M	13	Namibia B-Team	10:42.66	X10:43.75
--- Chama, Natania	13	Zambia	11:52.71	DQ
10.2 Did not complete the whole distance				
--- Vunge, Chelsea	14	Angola Swimming Team	11:46.29	DQ
10.2 Did not complete the whole distance				
--- Chicumbe, Angela	12	Mozambique Swimming Team	10:34.05	DQ
10.2 Did not complete the whole distance				

Event 2 Boys 14 & Under 800 LC Meter Freestyle

AA ZONE IV: 9:13.33 R 04/12/2024 Kellen T Jones

RSA

Name	Age	Team	Seed Time	Finals Time
1 Jones, Kellen T	14	Republic of South Africa	8:50.58	9:13.33 R
2 Guimaraes, Santiago	14	Angola Swimming Team	9:44.52	10:00.98
3 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	10:02.00	10:09.91
4 Morgan, Anthony	13	Seychelles Aquatic Federation	10:17.62	10:09.92
5 Engelhard, Victor	14	Namibia A-Team	10:14.27	10:24.81
6 Nakhuda, Ruslan	13	Mauritius	10:22.58	10:52.86
7 Nthomiwa, Wapego	14	Botswana	11:01.34	11:03.20
8 Bakwena, Leruo J	13	Botswana	10:48.76	11:04.41
9 Rakoto, Hariela Ryan	13	Madagascar Aquatics	10:51.00	11:06.29
10 Mukisa, Elijah S	13	Uganda Swimming Team	11:20.74	11:08.28
11 Dode, Davi	14	Angola Swimming Team	12:20.36	11:54.21
12 Makwenda, Jeremiah	14	Malawi Aquatic Union	11:25.32	12:30.90

Event 3 Girls 15 & Over 800 LC Meter Freestyle

AA ZONE IV: 9:53.77 R 04/12/2024 Madison S Bergh

NAM-A

Name	Age	Team	Seed Time	Finals Time
1 Bergh, Madison S	15	Namibia A-Team	9:36.38	9:53.77 R
2 Westerduin, Reza	17	Namibia A-Team	9:50.65	10:03.92
3 Hoy, Hayley	16	Eswatini Swimming Association	NT	10:28.23
4 Santo, Rhanya	15	Angola Swimming Team	10:16.36	10:31.39
5 Saleshando, Melodi	15	Botswana	10:27.73	10:46.62
6 Mahobebe, Loyiso	16	Zimbabwe Swimming Federation	11:23.02	11:16.28
7 Frösler, Mikayla A	15	Republic of South Africa	11:11.46	11:26.15
8 Ingwe, Sally-Louise S	16	Botswana	11:25.35	11:42.21
9 Kawesha, Inutu	15	Zambia	11:28.53	11:55.20
10 Mbewe, Winnie M	15	Zambia	11:18.75	12:01.56
11 Gil, Larissa F	19	Mozambique Swimming Team	11:03.30	12:28.52
--- Silva, Welwitchia	17	Angola Swimming Team	11:04.28	DQ
10.2 Did not complete the whole distance				
--- Domingues, Ana Beatriz F	16	Mozambique Swimming Team	10:57.34	DQ
10.2 Did not complete the whole distance				

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Results

Event 4 Boys 15 & Over 800 LC Meter Freestyle

AA ZONE IV: 8:45.89 R 03/05/2023 Oliver Durand				NAM	
Name	Age	Team	Seed Time	Finals Time	
1	Domiter, Claudio J	16 Republic of South Africa	8:55.76	9:06.68	
2	Usadadiya, Heer H	15 Uganda Swimming Team	9:18.32	9:08.70	
3	Cole, Mulenga E	15 Zambia	8:55.93	9:09.54	
4	Faftine, Kaio d	18 Mozambique Swimming Team	9:00.06	9:25.47	
5	De Swardt, Jayden	18 Zimbabwe Swimming Federation	9:56.44	9:40.37	
6	van Rooyen, Benco G	20 Botswana	9:44.44	9:44.47	
7	Ellis, Lian	15 Namibia A-Team	9:29.65	9:45.29	
8	Padre, David	16 Angola Swimming Team	9:21.06	9:45.48	
9	Kinnaird, Liam	16 Namibia A-Team	9:19.10	9:48.55	
10	February, Gerard G	15 Republic of South Africa	9:25.93	10:00.75	
11	Ferreira, Bruno R	17 Mozambique Swimming Team	9:42.33	10:11.63	
12	Tibazarwa, Mark L	15 Tanzania	9:28.69	10:14.19	
13	Lutaaya, Benjamin	15 Uganda Swimming Team	9:51.00	10:18.20	
14	Dlamini, Simanga	27 Eswatini Swimming Association	10:20.68	10:23.45	
15	Augustine, Troy Kyllian	15 Mauritius	NT	10:23.64	
16	Elias, Yano	17 Angola Swimming Team	9:45.26	10:25.56	
17	Nakhuda, Alyosha	16 Mauritius	9:39.91	10:35.18	
18	Koty Germic Regallo, Del Cielo Ch	16 Madagascar Aquatics	9:55.00	10:37.56	
19	Siwela, Joshah	15 Zimbabwe Swimming Federation	12:52.62	11:45.21	
---	Bezuidenhout, Justin J	16 Namibia B-Team	9:42.25	X10:18.43	
---	Buchert, Jörn	17 Namibia B-Team	9:56.88	X10:56.37	

Event 5 Girls 11-12 50 LC Meter Breaststroke

AA ZONE IV: 35.80 R 13/02/2017 Alicia Kok Shun				MRI	
Name	Age	Team	Seed Time	Finals Time	
1	Dunkley, Amaranthine	11 Zimbabwe Swimming Federation	40.23	38.51	
2	Van Wyk, Roze	11 Namibia A-Team	39.91	39.00	
3	Massingue, Estela B	12 Mozambique Swimming Team	40.51	40.35	
4	Matabeya, Farai	12 Zimbabwe Swimming Federation	42.44	40.86	
5	Gomes, Micah	12 Zambia	39.51	41.07	
6	Magubbwi, Chisi M	12 Zambia	40.69	42.10	
7	Mostert, Dané	12 Namibia A-Team	45.92	43.35	
8	Chongwe, Davina	10 Malawi Aquatic Union	49.86	43.97	
9	Nchumali, Kwicia	11 Mozambique Swimming Team	46.05	44.24	
10	Chilisa, Jade	11 Botswana	46.94	45.52	
11	Guimaraes, Carolina	12 Angola Swimming Team	45.55	45.87	
12	Pabalinga, Reabetswe	12 Botswana	47.50	49.22	
13	Dlamini, Leah	12 Eswatini Swimming Association	NT	49.76	
14	Dlamini, Rachel	12 Eswatini Swimming Association	55.72	50.25	
---	Kibble, Lillian	12 Namibia B-Team	44.65	X43.27	
---	Wenk, Olivia	12 Namibia B-Team	47.63	X44.72	

Event 6 Boys 11-12 50 LC Meter Breaststroke

AA ZONE IV: 33.95 R 03/05/2023 Luca Fraser				SWZ	
Name	Age	Team	Seed Time	Finals Time	
1	Badenhorst, Oelof O	10 Namibia A-Team	38.26	38.39	
2	Bwisho, Kristian Mugumya	11 Uganda Swimming Team	40.60	39.75	
3	Basto, Goncalo M	12 Mozambique Swimming Team	42.56	40.31	
4	Assubuji, Lawrence C	12 Mozambique Swimming Team	43.25	40.74	
5	Opperman, Conrad	10 Seychelles Aquatic Federation	41.75	41.54	
6	Musere, Timukudze	12 Zimbabwe Swimming Federation	41.01	41.67	
7	Durand, Patrick	11 Namibia A-Team	43.38	42.38	
8	Samaras, Lucas S	12 Zambia	45.13	42.86	
9	Nkosi, Nkosinathi	12 Zambia	45.24	43.51	

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(Event 6 Boys 11-12 50 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time
10 Palha, Lucas	12	Angola Swimming Team	47.85	45.70
11 Potgieter, Josea P	12	Eswatini Swimming Association	51.49	47.32
12 Barbosa, Tsailin	11	Eswatini Swimming Association	48.41	48.87
--- Swartz, Caleb	11	Namibia B-Team	46.92	X43.82
--- Armstrong, Jeandre	10	Namibia B-Team	45.60	X44.09

Event 7 Girls 13-14 50 LC Meter Breaststroke

AA ZONE IV: 34.48 R 16/02/2017 Paige F Brombacher RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	35.81	35.70
2 Bhulabhai, Neema	13	Zimbabwe Swimming Federation	37.69	36.47
3 Rakotonanahary, Oceane	14	Madagascar Aquatics	35.49	37.14
4 Magotsi, Riziki A	14	Republic of South Africa	38.34	37.16
5 Gondo, Matipaishe	14	Botswana	37.13	37.21
6 Vongo, Kenenise	14	Angola Swimming Team	38.48	37.50
7 Naukosho, Ainoa	13	Namibia A-Team	39.62	37.99
8 Santos, Kaila	13	Angola Swimming Team	39.14	39.25
9 Desai, Ayanna M	13	Zambia	38.75	39.44
10 Matyayi, Roselinda	14	Namibia A-Team	38.53	39.57
11 Andrianarison, Haingoniala Hanr	14	Madagascar Aquatics	38.86	40.16
12 Msonda, Kayla	13	Malawi Aquatic Union	42.46	40.21
13 Jones, Kristin	14	Zimbabwe Swimming Federation	41.01	40.57
14 Issufo, Rihana T	13	Mozambique Swimming Team	42.71	41.36
15 Mutie, Muela	14	Botswana	41.27	41.61
16 Chama, Natania	13	Zambia	43.44	41.87
17 Lobo, Liah C	14	Mozambique Swimming Team	42.67	42.01
18 Mc Namara, Kendra	13	Eswatini Swimming Association	43.55	42.57
19 Nunes, Daniella	13	Eswatini Swimming Association	46.59	46.32
--- Ellis, Lilia	14	Namibia B-Team	41.07	X39.75
--- Meyer, Cara	13	Namibia B-Team	41.07	X41.07

Event 8 Boys 13-14 50 LC Meter Breaststroke

AA ZONE IV: 31.49 R 16/02/2019 Cory Werrett ZIM

Name	Age	Team	Seed Time	Finals Time
1 Fraser, Luca	14	Eswatini Swimming Association	32.45	32.79
2 Fayayo, Sibusiso	14	Zimbabwe Swimming Federation	35.45	33.45
3 Raynard, EVERRAUD M	14	Republic of South Africa	35.85	33.87
4 Mkavea, Tasunje	14	Malawi Aquatic Union	35.35	34.15
5 Mahaye, Bandile N	13	Republic of South Africa	36.52	34.46
6 Modirelabangwe, Tema	14	Botswana	35.78	34.86
7 Jerahuni, Nathaniel	14	Zimbabwe Swimming Federation	37.05	36.08
8 Marie, Tyron	13	Seychelles Aquatic Federation	35.89	36.21
9 van Wyk, Ermano	14	Namibia A-Team	37.16	36.57
10 Nthomiwa, Wapego	14	Botswana	38.47	37.98
11 Msiska, Vinjeru	14	Malawi Aquatic Union	38.75	38.14
12 Dode, Davi	14	Angola Swimming Team	38.48	38.18
13 Coetzee, Jannes H	14	Namibia A-Team	39.79	39.21
14 Mukisa, Elijah S	13	Uganda Swimming Team	39.33	39.40
--- Nguvo, William	14	Angola Swimming Team	36.68	DQ

7.5 Executed a downward butterfly kick during stroke

Event 9 Girls 15-16 50 LC Meter Breaststroke

AA ZONE IV: 33.75 R 16/02/2017 Christin Mundell RSA

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Scarlett	16	Republic of South Africa	35.43	34.99
2 Saleshando, Melodi	15	Botswana	35.88	35.55

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Name	Age	Team	Seed Time	Finals Time
3 Dube, Caitlyn K	15	Republic of South Africa	36.97	36.37
4 Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	38.39	36.65
5 Albino, Nemzi L	15	Mozambique Swimming Team	37.19	37.14
6 Kapapa, Alexandra	15	Zambia	38.07	37.59
7 Mbewe, Winnie M	15	Zambia	39.10	38.41
8 Kisawuzi, Tara A	16	Uganda Swimming Team	36.91	38.47
9 Geysler, Mikayla	15	Namibia A-Team	39.48	39.06
10 Chandiwana, Tafadzwa	16	Zimbabwe Swimming Federation	39.49	39.28
11 Schlabit, Nora L	15	Namibia A-Team	39.65	39.40
12 Santos, Neizla	16	Angola Swimming Team	38.33	40.01
13 Ingwe, Sally-Louise S	16	Botswana	41.68	41.25
14 Correia, Gabriella C	16	Mozambique Swimming Team	42.41	41.56
15 Mzenzo, Rhinniah	15	Malawi Aquatic Union	43.35	42.74
16 Simelane, Bahle N	16	Eswatini Swimming Association	52.62	50.75
--- Ashipala, Brooklyn A	15	Namibia B-Team	42.95	X41.79
--- Keding, Marlene	15	Namibia B-Team	43.94	X43.45

Event 10 Boys 15-16 50 LC Meter Breaststroke

AA ZONE IV:	30.27	R	20/02/2020	Matthew Lawrence	MOZ
Name	Age	Team	Seed Time	Finals Time	
1 Domiter, Claudio J	16	Republic of South Africa	31.04	31.40	
2 Anjos, Enzo	16	Angola Swimming Team	32.81	31.76	
3 Matenge, Larona	16	Botswana	32.28	31.79	
4 Cohen, Mason E	15	Mozambique Swimming Team	31.93	31.82	
5 Bock, Nathan R	15	Namibia A-Team	32.44	31.88	
6 Rakotobe, Tendry	15	Madagascar Aquatics	31.50	32.01	
7 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	32.88	32.24	
8 February, Gerard G	15	Republic of South Africa	32.97	32.54	
9 Chibva, Nathan	15	Zimbabwe Swimming Federation	33.38	32.73	
10 Marques, Rodrigo D	15	Mozambique Swimming Team	33.58	32.87	
11 Bauernschmitt, Michael B	16	Namibia A-Team	33.97	33.89	
12 Fraser, Tiano	16	Eswatini Swimming Association	34.24	33.99	
13 Donnel, Tobias	15	Botswana	34.36	34.13	
14 Fernandes, Carlos	15	Angola Swimming Team	35.50	34.24	
15 Augustine, Troy Kyllian	15	Mauritius	34.76	34.63	
16 Lutaaya, Benjamin	15	Uganda Swimming Team	35.31	34.71	
17 Mba, Benaiah Z	16	Zambia	34.26	34.85	
18 De Sousa, Pedro	16	Eswatini Swimming Association	34.90	35.30	
--- Armstrong, Lee-Jay N	16	Namibia B-Team	34.93	X33.74	
--- Nell, Tristan T	16	Namibia B-Team	36.18	X36.07	

Event 11 Girls 17-29 50 LC Meter Breaststroke

AA ZONE IV:	33.29	R	14/04/2022	Kirabo Namutebi	UGA
Name	Age	Team	Seed Time	Finals Time	
1 Coates, Johanna K	18	Zambia	34.96	33.82	
2 Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	36.07	36.46	
3 Naukosho, Ariana	17	Namibia A-Team	37.65	37.18	
4 Musere, Matida	17	Zimbabwe Swimming Federation	40.43	38.56	
5 Rey, Salomé M	17	Namibia A-Team	38.60	39.03	
6 Roff, Matilde P	17	Mozambique Swimming Team	40.12	40.20	
7 Harry, Kyra	17	Botswana	39.16	40.40	
8 Deshpande, Khyati	17	Uganda Swimming Team	42.86	42.87	
9 Guerreiro, Sara K	17	Mozambique Swimming Team	47.06	46.79	
10 Dlamini, Nosimilo	19	Eswatini Swimming Association	NT	51.95	
--- Benade, Quelin H	17	Namibia B-Team	39.74	X40.78	

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AA ZONE IV: 28.54 R 14/04/2022 Matthew Lawrence MOZ

Name	Age	Team	Seed Time	Finals Time
1 Ning, Chadd	18	Eswatini Swimming Association	31.26	30.76
2 De Swardt, Jayden	18	Zimbabwe Swimming Federation	31.64	31.02
3 Vimba, Khaya	17	Zimbabwe Swimming Federation	30.89	31.24
4 Viljoen, René H	23	Namibia A-Team	30.66	31.60
5 Pires, Djamel	21	Angola Swimming Team	31.20	31.65
6 Gondo, Takundanashe	20	Botswana	31.49	31.93
7 Wellmann, Arkell J	22	Namibia A-Team	32.61	32.41
8 Vika, Sebastiao	23	Angola Swimming Team	32.76	32.90
9 Kapapa, Timothy	17	Zambia	33.61	33.08
10 Barradas, Hugo O	17	Mozambique Swimming Team	34.26	34.60
11 Ferreira, Bruno R	17	Mozambique Swimming Team	36.82	36.41
--- Spangenberg, Shuan	20	Namibia B-Team	35.92	X34.69
--- Nell, Noah S	19	Namibia B-Team	35.23	X34.90
--- Sethi, Khalil	17	Botswana	32.42	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

Event 13 Girls 11-12 100 LC Meter Backstroke

AA ZONE IV: 1:09.60 R 03/05/2023 Roselinda Matyayi NAM

Name	Age	Team	Seed Time	Finals Time
1 Watson, Acacia	12	Zimbabwe Swimming Federation	1:22.16	1:15.53
2 Chicumbe, Angela	12	Mozambique Swimming Team	1:18.58	1:16.11
3 Haabazoka, Kira	11	Zambia	1:18.48	1:16.17
4 Chilisa, Jade	11	Botswana	1:23.39	1:20.82
5 Pabalinga, Reabetswe	12	Botswana	1:22.81	1:21.47
6 Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	1:28.92	1:21.59
7 Joubert, Laila	11	Namibia A-Team	1:19.67	1:22.94
8 Sitamulaho, Neriah	12	Zambia	1:22.27	1:23.79
9 Nchumali, Kwicia	11	Mozambique Swimming Team	1:26.98	1:25.83
10 Guimaraes, Carolina	12	Angola Swimming Team	1:42.29	1:42.39
--- Dippenaar, Katja R	11	Namibia B-Team	1:25.42	X1:22.64
--- Losper, Aaliyah J	10	Namibia B-Team	1:28.45	X1:27.50
--- Mostert, Dané	12	Namibia A-Team	1:22.67	DQ

10.7 Pulled on the lane rope

Event 14 Boys 11-12 100 LC Meter Backstroke

AA ZONE IV: 1:10.43 R 16/02/2017 Victor AH Yong MRI

Name	Age	Team	Seed Time	Finals Time
1 Koty Sampaniaina, Glorio Preciou	11	Madagascar Aquatics	1:22.66	1:16.19
2 Durand, Patrick	11	Namibia A-Team	1:14.58	1:16.37
3 Rajabalee, Adam	12	Mauritius	1:18.31	1:17.82
4 Assubuji, Lawrence C	12	Mozambique Swimming Team	1:22.30	1:19.73
5 Badenhorst, Oelof O	10	Namibia A-Team	1:20.32	1:21.04
6 Pioris, Whato E	11	Mozambique Swimming Team	1:24.38	1:21.41
7 Opperman, Conrad	10	Seychelles Aquatic Federation	1:23.41	1:24.05
8 Bwisho, Kristian Mugumya	11	Uganda Swimming Team	1:27.57	1:24.44
9 Jere, Mandla N	12	Zambia	1:28.67	1:28.03
10 Palha, Lucas	12	Angola Swimming Team	1:31.90	1:32.37
11 Musere, Timukudze	12	Zimbabwe Swimming Federation	1:45.89	1:38.75
12 Barbosa, Tsailin	11	Eswatini Swimming Association	1:41.42	1:41.93
--- Swartz, Caleb	11	Namibia B-Team	1:26.99	X1:26.85
--- Erni, Julian M	10	Namibia B-Team	1:24.19	X1:29.00
--- Potgieter, Josea P	12	Eswatini Swimming Association	1:28.07	DQ

6.4 Did not start executing the turn immediately after turning onto the breast

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Results

Event 15 Girls 13-14 100 LC Meter Backstroke

AA ZONE IV: 1:08.90 R 04/12/2024 Roselinda Matyayi				NAM-A	
Name	Age	Team	Seed Time	Finals Time	
1	Matyayi, Roselinda	14 Namibia A-Team	1:05.78	1:08.90 R	
2	Naukosh, Ainoa	13 Namibia A-Team	1:10.10	1:11.06	
3	Chivandire, Eliecia T	13 Zimbabwe Swimming Federation	1:12.78	1:11.67	
4	Johnsen, Alexis	14 Zimbabwe Swimming Federation	1:15.89	1:13.58	
5	Mgcina, Maya	14 Republic of South Africa	1:15.00	1:14.15	
6	Venter, Zuria I	14 Republic of South Africa	1:12.28	1:14.56	
7	Rajabalee, Keira	14 Mauritius	1:17.13	1:16.58	
8	Chama, Natania	13 Zambia	1:15.88	1:18.05	
9	Berlouis, Keira	14 Seychelles Aquatic Federation	1:14.33	1:18.72	
10	Mpfumo, Marta C	14 Mozambique Swimming Team	1:19.06	1:20.01	
11	Pedro, Beatriz	14 Angola Swimming Team	1:19.93	1:20.22	
12	Costa, Aline A	14 Mozambique Swimming Team	1:22.40	1:21.24	
13	Morebodi, Maeva	13 Botswana	1:20.69	1:23.95	
14	Gondo, Matipaishe	14 Botswana	1:18.53	1:24.69	
15	Andrianarison, Haingoniala Hanr	14 Madagascar Aquatics	1:24.17	1:25.36	
16	Wilsch, Danika	13 Eswatini Swimming Association	1:30.54	1:33.99	
17	Willmott, Aimee N	13 Eswatini Swimming Association	NT	1:55.13	
---	Ellis, Lilia	14 Namibia B-Team	1:14.47	X1:17.33	
---	Schnebel, Sandra	13 Namibia B-Team	1:16.61	X1:17.98	

Event 16 Boys 13-14 100 LC Meter Backstroke

AA ZONE IV: 1:03.24 R 16/02/2017 Ethan R Spieker				RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Goller, Matthew	14 Republic of South Africa	1:03.44	1:04.02	
2	Lutchman, Skyler C	14 Republic of South Africa	1:04.21	1:04.46	
3	Feris, Rodney	14 Namibia A-Team	1:05.93	1:06.90	
4	Nkomazana, Kwandokuhle	14 Zimbabwe Swimming Federation	1:11.78	1:10.48	
5	Rakoto, Hariela Ryan	13 Madagascar Aquatics	1:48.50	1:11.01	
6	Modirelabangwe, Tema	14 Botswana	1:11.59	1:12.32	
7	Hekandjo, Kabi A	13 Namibia A-Team	1:12.11	1:12.76	
8	Bakwena, Leruo J	13 Botswana	1:13.97	1:13.72	
9	Guimaraes, Santiago	14 Angola Swimming Team	1:11.95	1:13.77	
10	Doorbeegassing, Dwain	14 Mauritius	1:10.84	1:13.82	
11	Chisholm, Callum	13 Zimbabwe Swimming Federation	1:15.96	1:15.76	
12	Baptista, Mario	14 Angola Swimming Team	1:21.38	1:17.54	
13	Makwenda, Jeremiah	14 Malawi Aquatic Union	1:20.97	1:18.12	
14	Fraser, Luca	14 Eswatini Swimming Association	NT	1:20.92	
15	Gondwe, Takondwa	13 Zambia	1:25.13	1:22.10	
16	Mukisa, Elijah S	13 Uganda Swimming Team	1:18.01	1:22.35	
17	Munthali, Kaizer	14 Zambia	1:22.86	1:23.89	

Event 17 Girls 15-16 100 LC Meter Backstroke

AA ZONE IV: 1:07.25 R 04/12/2024 Scarlett Le Roux				RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Le Roux, Scarlett	16 Republic of South Africa	1:04.71	1:07.25 R	
2	Bergh, Madison S	15 Namibia A-Team	1:07.96	1:10.31	
3	Silva, Carlota	16 Angola Swimming Team	1:14.11	1:12.67	
4	Frösler, Mikayla A	15 Republic of South Africa	1:11.85	1:12.77	
5	Geysler, Mikayla	15 Namibia A-Team	1:10.90	1:12.91	
6	Saleshando, Melodi	15 Botswana	1:13.08	1:13.11	
7	Hoy, Hayley	16 Eswatini Swimming Association	1:12.55	1:14.36	
8	Kapapa, Alexandra	15 Zambia	1:17.16	1:17.06	
9	Chandiwana, Tanatswa	16 Zimbabwe Swimming Federation	1:14.07	1:17.28	
10	Kisawuzi, Tara A	16 Uganda Swimming Team	1:17.00	1:17.39	

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Name	Age	Team	Seed Time	Finals Time
11 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	1:17.39	1:18.24
12 Mbewe, Winnie M	15	Zambia	1:18.15	1:18.58
13 Ingwe, Sally-Louise S	16	Botswana	1:20.06	1:19.18
14 Thomas, Lea Bethany	15	Mauritius	1:17.87	1:20.80
15 Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	1:24.21	1:20.88
16 Albino, Nemzi L	15	Mozambique Swimming Team	1:14.69	1:23.53
17 Chandiwana, Tafadzwa	16	Zimbabwe Swimming Federation	1:20.75	1:26.76
18 Simelane, Bahle N	16	Eswatini Swimming Association	1:37.29	1:37.04

Event 18 Boys 15-16 100 LC Meter Backstroke

AA ZONE IV: 1:00.95 R 16/02/2017 Ronan Wantenaar			NAM	
Name	Age	Team	Seed Time	Finals Time
1 Esterhuizen, Lorenzo E	15	Namibia A-Team	1:00.64	1:01.64
2 Domiter, Claudio J	16	Republic of South Africa	59.16	1:01.79
3 Beukes, Luke	16	Namibia A-Team	1:00.83	1:02.10
4 Rakotobe, Tendry	15	Madagascar Aquatics	1:01.35	1:02.17
5 Usadadiya, Heer H	15	Uganda Swimming Team	1:02.98	1:03.68
6 Daniels, Adam M	15	Republic of South Africa	1:05.14	1:04.72
7 Cole, Mulenga E	15	Zambia	1:05.86	1:05.05
8 Anjos, Enzo	16	Angola Swimming Team	1:04.79	1:05.71
9 Chan Chuen, Lukas	16	Mauritius	1:03.19	1:06.17
10 Smit, Luka	16	Malawi Aquatic Union	1:06.74	1:07.27
11 Siwela, Joshah	15	Zimbabwe Swimming Federation	1:09.60	1:08.75
12 Nakhuda, Alyosha	16	Mauritius	1:07.73	1:09.27
13 Mulenga, Joshua	15	Zambia	1:09.73	1:09.53
14 Cohen, Mason E	15	Mozambique Swimming Team	1:07.15	1:11.19
15 Donnel, Tobias	15	Botswana	1:12.75	1:13.39
16 Viseu, Keanu E	15	Mozambique Swimming Team	1:12.74	1:15.39
--- Nell, Tristan T	16	Namibia B-Team	1:07.75	X1:08.38
--- Benade, Kayleb G	15	Namibia B-Team	1:05.60	X1:10.91

Event 19 Girls 17-29 100 LC Meter Backstroke

AA ZONE IV: 1:06.31 R 14/04/2022 Donata Katai			ZIM	
Name	Age	Team	Seed Time	Finals Time
1 Westerduin, Reza	17	Namibia A-Team	1:07.88	1:08.90
2 Findlay, Marlise R	17	Zambia	1:10.83	1:12.39
3 Ingwe, Kimberly N	19	Botswana	1:11.01	1:12.54
4 Palestirini, Aaliyah	21	Seychelles Aquatic Federation	1:09.90	1:12.60
5 Labuschagne, Isabelle	17	Seychelles Aquatic Federation	1:14.22	1:13.99
6 Rey, Salomé M	17	Namibia A-Team	1:11.75	1:15.21
7 Musere, Matida	17	Zimbabwe Swimming Federation	1:11.98	1:16.30
8 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	1:16.20	1:17.29
9 Silva, Welwitchia	17	Angola Swimming Team	1:22.70	1:22.27
10 Xavier, Filipa A	18	Mozambique Swimming Team	1:14.43	1:22.83
11 Deshpande, Khyati	17	Uganda Swimming Team	1:25.24	1:23.79
12 Gil, Larissa F	19	Mozambique Swimming Team	1:20.13	1:25.50
13 Dlamini, Nosimilo	19	Eswatini Swimming Association	NT	1:46.36

Event 20 Boys 17-29 100 LC Meter Backstroke

AA ZONE IV: 1:01.61 R 03/05/2023 Salvador Gordo			ANG	
Name	Age	Team	Seed Time	Finals Time
1 Faftine, Kaio d	18	Mozambique Swimming Team	59.82	1:01.74
2 Engelhard, Robin	18	Namibia A-Team	1:03.27	1:03.16
3 Wellmann, Arkell J	22	Namibia A-Team	1:00.78	1:03.18
4 Ferley, Amos	18	Seychelles Aquatic Federation	1:03.90	1:04.85
5 Kaganda, Joshua	17	Uganda Swimming Team	1:03.23	1:05.71

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(Event 20 Boys 17-29 100 LC Meter Backstroke)

Name	Age	Team	Seed Time	Finals Time
6 Gondo, Takundanashe	20	Botswana	1:06.26	1:06.31
7 Costa, Luyane	24	Angola Swimming Team	1:05.45	1:06.74
8 Barradas, Hugo O	17	Mozambique Swimming Team	1:06.43	1:08.01
9 Keitsile, Gaamangwe J	17	Botswana	1:07.44	1:09.82
10 Berejena, Ashley C	17	Zimbabwe Swimming Federation	1:11.07	1:10.56
11 Kapapa, Timothy	17	Zambia	1:11.17	1:10.77
12 Bredel, Rafael	17	Angola Swimming Team	1:10.33	1:11.02
13 Dlamini, Simphiwe	25	Eswatini Swimming Association	1:22.30	1:21.07
--- Nell, Noah S	19	Namibia B-Team	1:07.48	X1:06.28
--- Spangenberg, Shuan	20	Namibia B-Team	1:08.67	X1:10.14

Event 21 Girls 14 & Under 4x100 LC Meter Medley Relay

AA ZONE IV: 4:43.77 R 04/12/2024 Republic of South Africa RSA
R Magotsi, Z Venter, J Roman, M Mgcina

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	4:43.22	4:43.77 R
1) Magotsi, Riziki A 14	2) Venter, Zuria I 14	3) Roman, Jemmah A 13	4) Mgcina, Maya 14
2 Namibia A-Team	A	4:52.23	4:51.09
1) Matyayi, Roselinda 14	2) Naukosho, Ainoa 13	3) De Sousa, Vitoria J 14	4) Rey, Candice J 14
3 Zimbabwe Swimming Federation	A	4:54.59	4:58.63
1) Chivandire, Eliecia T 13	2) Bhulabhai, Neema 13	3) Nyamhunga, Imlah 14	4) Johnsen, Alexis 14
4 Zambia	A	NT	5:11.75
1) Chama, Natania 13	2) Desai, Ayanna M 13	3) Haabazoka, Kira 11	4) Magubbwi, Chisi M 12
5 Mozambique Swimming Team	A	5:07.15	5:14.20
1) Costa, Aline A 14	2) Massingue, Estela B 12	3) Mpfumo, Marta C 14	4) Chicumbe, Angela 12
6 Botswana	A	5:12.71	5:18.85
1) Morebodi, Maeva 13	2) Gondo, Matipaishe 14	3) Chilisa, Jade 11	4) Mutie, Muela 14
7 Angola Swimming Team	A	NT	5:31.91
1) Santos, Kaila 13	2) Vongo, Kenenise 14	3) Pedro, Beatriz 14	4) Vunge, Chelsea 14
--- Namibia B-Team	A	5:11.99	X5:15.76
1) Schnebel, Sandra 13	2) Ellis, Lilia 14	3) Meyer, Cara 13	4) Brinkmann, Emma M 13

Event 22 Boys 14 & Under 4x100 LC Meter Medley Relay

AA ZONE IV: 4:21.81 R 04/12/2024 Republic of South Africa RSA
M Goller, E Raynard, R Sefehle, K Jones

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	4:18.84	4:21.81 R
1) Goller, Matthew 14	2) Raynard, Everraud M 14	3) Sefehle, Ramano S 14	4) Jones, Kellen T 14
2 Zimbabwe Swimming Federation	A	4:40.43	4:40.41
1) Nkomazana, Kwandokuhle 14	2) Fayayo, Sibusiso 14	3) Chisholm, Callum 13	4) Donzva, Ethan 14
3 Namibia A-Team	A	4:42.92	4:48.29
1) Hekandjo, Kabi A 13	2) van Wyk, Ermano 14	3) Feris, Rodney 14	4) Coetzee, Jannes H 14
4 Angola Swimming Team	A	NT	4:57.73
1) Guimaraes, Santiago 14	2) Nguvo, William 14	3) Dode, Davi 14	4) Baptista, Mario 14
5 Mozambique Swimming Team	A	5:30.05	5:23.56
1) Assubuji, Lawrence C 12	2) Mabombo, Kenzo 11	3) Basto, Goncalo M 12	4) Pioris, Whato E 11
6 Zambia	A	NT	5:48.98
1) Gondwe, Takondwa 13	2) Samaras, Lucas S 12	3) Munthali, Kaizer 14	4) Nkosi, Nkosinathi 12
--- Namibia B-Team	A	5:47.78	X6:02.57
1) Swartz, Caleb 11	2) Armstrong, Jeandre 10	3) Kibble, Harry C 11	4) Erni, Julian M 10
--- Malawi Aquatic Union	A	NT	DQ
4.4 Initiating a start before the signal - Misc			
1) Makwenda, Jeremiah 14	2) Chongwe, Ian 14	3) Mkavea, Tasunje 14	4) Kanjadza, Curtis 14

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Event 23 Girls 15 & Over 4x100 LC Meter Medley Relay

AA ZONE IV: 4:38.26 R 04/12/2024 Namibia A-Team

NAM-A

M Bergh, A Naukosho, R Westerduin, M Geysler

Team	Relay	Seed Time	Finals Time
1 Namibia A-Team	A	4:38.78	4:38.26 R
1) Bergh, Madison S 15	2) Naukosho, Ariana 17	3) Westerduin, Reza 17	4) Geysler, Mikayla 15
2 Republic of South Africa	A	4:48.71	4:49.13
1) Frösler, Mikayla A 15	2) Dube, Caitlyn K 15	3) Mostert, Savannah 16	4) Le Roux, Scarlett 16
3 Zambia	A	NT	4:52.66
1) Findlay, Marlise R 17	2) Coates, Johanna K 18	3) Kapapa, Alexandra 15	4) Mbewe, Winnie M 15
4 Botswana	A	4:49.96	4:55.24
1) Ingwe, Kimberly N 19	2) Saleshando, Melodi 15	3) Harry, Kyra 17	4) Ingwe, Sally-Louise S 16
5 Zimbabwe Swimming Federation	A	4:40.19	5:00.51
1) Musere, Matida 17	2) Dhembha, Vhenekai 18	3) Mahobebe, Mkhusele 19	4) Makwabarara, Mikayla 16
6 Mauritius	A	5:12.45	5:14.14
1) Rajabalee, Keira 14	2) Newaj, Tea 12	3) Thomas, Lea Bethany 15	4) AH Chip, Chloe 15
7 Mozambique Swimming Team	A	5:04.43	5:20.22
1) Domingues, Ana Beatriz F 16	2) Albino, Nemzi L 15	3) Roff, Matilde P 17	4) Majongonhe, Dilza 18
--- Namibia B-Team	A	5:27.58	X5:40.40
1) Hansen, Mikayla P 16	2) Ashipala, Brooklyn A 15	3) Benade, Quelin H 17	4) Keding, Marlene 15

Event 24 Boys 15 & Over 4x100 LC Meter Medley Relay

AA ZONE IV: 4:02.76 R 03/05/2023 Angola

ANG

Team	Relay	Seed Time	Finals Time
1 Mozambique Swimming Team	A	4:03.60	4:06.28
1) Faftine, Kaio d 18	2) Cohen, Mason E 15	3) Munguambe, Cleyton A 17	4) Barradas, Hugo O 17
2 Republic of South Africa	A	4:05.62	4:08.03
1) Daniels, Adam M 15	2) February, Gerard G 15	3) Wessels, Guy T 16	4) Domiter, Claudio J 16
3 Namibia A-Team	A	4:05.66	4:08.24
1) Esterhuizen, Lorenzo E 15	2) Bock, Nathan R 15	3) Le Roux, Corné 22	4) Beukes, Luke 16
4 Botswana	A	4:15.71	4:15.69
1) Gondo, Takundanashé 20	2) Sethi, Khalil 17	3) Keitsile, Gaamangwe J 17	4) Matenge, Larona 16
5 Angola Swimming Team	A	NT	4:17.44
1) Padre, David 16	2) Pires, Djamel 21	3) Anjos, Enzo 16	4) Tati, Janel 18
6 Zimbabwe Swimming Federation	A	4:18.85	4:18.76
1) De Swardt, Jayden 18	2) Vimba, Khaya 17	3) Berejena, Ashley C 17	4) Kalipengule, Limbikani 16
7 Zambia	A	NT	4:26.36
1) Cole, Mulenga E 15	2) Kapapa, Timothy 17	3) Mulenga, Joshua 15	4) Mbao, Benaiah Z 16
8 Mauritius	A	4:26.48	4:29.71
1) Nakhuda, Alyosha 16	2) Augustine, Troy Kyllian 15	3) Chan Chuen, Lukas 16	4) Foo Sem Fah, Lucas 16
9 Madagascar Aquatics	A	4:14.15	4:37.34
1) Rakotobe, Tendry 15	2) Indrano Chan, Warren 15	3) Koty Germic Regallo, Del Cielo C4)	4) Ramiakatrarivo, Ando Francky 2
10 Eswatini Swimming Association	A	NT	4:40.92
1) Dlamini, Simphiwe 25	2) Ning, Chadd 18	3) Dlamini, Simanga 27	4) Fraser, Luca 14
--- Namibia B-Team	A	4:25.86	X4:31.42
1) Benade, Kayleb G 15	2) Armstrong, Lee-Jay N 16	3) Bezuidenhout, Justin J 16	4) Nell, Tristan T 16

Event 25 Girls 11-12 200 LC Meter Breaststroke

AA ZONE IV: 2:58.56 R 03/05/2023 Zara Mbanga

UGA

Name	Age	Team	Seed Time	Finals Time
1 Massingue, Estela B	12	Mozambique Swimming Team	3:07.71	3:05.15
2 Chicumbe, Angela	12	Mozambique Swimming Team	3:09.41	3:12.36
3 Van Wyk, Roze	11	Namibia A-Team	3:15.49	3:13.61
4 Haabazoka, Kira	11	Zambia	3:18.44	3:15.94
5 Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	3:32.87	3:22.65
6 Glen-Spyron, Sofia B	10	Namibia A-Team	3:31.29	3:29.52
7 Muyambango, Melissa	12	Zambia	3:27.84	3:30.02
8 Matabeya, Farai	12	Zimbabwe Swimming Federation	3:36.94	3:31.28
9 Guimaraes, Carolina	12	Angola Swimming Team	3:30.92	3:38.16

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(Event 25 Girls 11-12 200 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time
--- Kibble, Lillian	12	Namibia B-Team	3:33.32	X3:21.01
--- Wenk, Olivia	12	Namibia B-Team	3:37.30	X3:34.20

Event 26 Boys 11-12 200 LC Meter Breaststroke

AA ZONE IV: 2:48.03 R 21/02/2020 Oliver B Durand

NAM

Name	Age	Team	Seed Time	Finals Time
1 Badenhorst, Oelof O	10	Namibia A-Team	3:04.90	3:01.63
2 Durand, Patrick	11	Namibia A-Team	3:09.55	3:07.17
3 Assubuji, Lawrence C	12	Mozambique Swimming Team	3:16.68	3:12.21
4 Opperman, Conrad	10	Seychelles Aquatic Federation	3:10.76	3:19.33
5 Mabombo, Kenzo	11	Mozambique Swimming Team	3:40.50	3:38.70
6 Samaras, Lucas S	12	Zambia	3:50.66	3:43.86
7 Musere, Timukudze	12	Zimbabwe Swimming Federation	3:34.25	3:53.49
--- Armstrong, Jeandre	10	Namibia B-Team	3:27.22	X3:24.57
--- Kibble, Harry C	11	Namibia B-Team	3:28.48	X3:35.26
--- Koty Sampaniaina, Glorio Preciou	11	Madagascar Aquatics	3:18.51	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

Event 27 Girls 13-14 200 LC Meter Breaststroke

AA ZONE IV: 2:41.59 R 17/02/2018 Tailyn Seyffert

RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	2:48.26	2:49.38
2 De Sousa, Vitoria J	14	Namibia A-Team	2:59.43	2:55.07
3 Roman, Jemmah A	13	Republic of South Africa	3:00.37	2:57.68
4 Naukosho, Ainoa	13	Namibia A-Team	2:59.38	3:03.85
5 Rakotonanahary, Oceane	14	Madagascar Aquatics	2:57.05	3:07.29
6 Bhulabhai, Neema	13	Zimbabwe Swimming Federation	3:04.44	3:11.00
7 Desai, Ayanna M	13	Zambia	3:06.27	3:12.77
8 Morebodi, Maeva	13	Botswana	3:12.39	3:16.85
9 Jones, Kristin	14	Zimbabwe Swimming Federation	3:20.74	3:17.01
10 Lobo, Liah C	14	Mozambique Swimming Team	3:26.90	3:22.06
11 Andrianarison, Haingoniala Hanr	14	Madagascar Aquatics	3:09.75	3:26.45
12 Msonda, Kayla	13	Malawi Aquatic Union	3:35.32	3:34.23
13 Issufo, Rihana T	13	Mozambique Swimming Team	3:31.42	3:35.44
14 Nunes, Daniella	13	Eswatini Swimming Association	3:52.06	4:21.62
--- Ellis, Lilia	14	Namibia B-Team	3:06.32	X3:05.22
--- Meyer, Cara	13	Namibia B-Team	3:09.26	X3:15.24
--- Vongo, Kenenise	14	Angola Swimming Team	3:08.37	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

--- Mc Namara, Kendra 13 Eswatini Swimming Association 4:07.22 DQ

7.1 Head did not break the surface before the hands turned inward at the widest part of th

Event 28 Boys 13-14 200 LC Meter Breaststroke

AA ZONE IV: 2:32.09 R 17/02/2017 Oliver Wong Chap Lan

MRI

Name	Age	Team	Seed Time	Finals Time
1 Raynard, Everraud M	14	Republic of South Africa	2:47.98	2:47.17
2 Mkavea, Tasunje	14	Malawi Aquatic Union	2:59.01	2:57.00
3 Fraser, Luca	14	Eswatini Swimming Association	2:42.60	3:00.23
4 Bakwena, Leruo J	13	Botswana	3:06.41	3:01.08
5 Guimaraes, Santiago	14	Angola Swimming Team	2:58.56	3:02.76
6 Marie, Tyron	13	Seychelles Aquatic Federation	2:54.56	3:03.11
7 Bergh, Riley R	13	Namibia A-Team	3:09.64	3:05.95
8 Nthomiwa, Wapego	14	Botswana	3:10.56	3:06.54
9 Nguvo, William	14	Angola Swimming Team	3:10.45	3:14.46
10 van Wyk, Ermano	14	Namibia A-Team	3:12.58	3:17.17
11 Chongwe, Ian	14	Malawi Aquatic Union	3:21.54	3:19.76

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(Event 28 Boys 13-14 200 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time
12 Donzva, Ethan	14	Zimbabwe Swimming Federation	3:06.88	3:20.89
--- Jerahuni, Nathaniel	14	Zimbabwe Swimming Federation	3:10.25	DQ
7.5 Feet not turned out during propulsive part of the kick				

Event 29 Girls 15-16 200 LC Meter Breaststroke

AA ZONE IV: 2:39.44 R 17/02/2017 Christin Mundell RSA

Name	Age	Team	Seed Time	Finals Time
1 Frösler, Mikayla A	15	Republic of South Africa	2:58.12	2:59.07
2 Dube, Caitlyn K	15	Republic of South Africa	2:53.13	3:00.68
3 Kapapa, Alexandra	15	Zambia	3:01.94	3:05.19
4 Geysler, Mikayla	15	Namibia A-Team	3:04.03	3:05.58
5 Saleshando, Melodi	15	Botswana	3:01.17	3:09.61
6 Schlabit, Nora L	15	Namibia A-Team	3:11.06	3:15.18
7 Mahobebe, Loyiso	16	Zimbabwe Swimming Federation	3:08.81	3:19.21
8 Correia, Gabriella C	16	Mozambique Swimming Team	3:20.55	3:24.49
9 Nchumali, Kayla	16	Mozambique Swimming Team	3:31.09	3:40.96
--- Santos, Neizla	16	Angola Swimming Team	3:09.40	DQ
7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn				
--- Mzengo, Rhinniah	15	Malawi Aquatic Union	3:52.54	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 30 Boys 15-16 200 LC Meter Breaststroke

AA ZONE IV: 2:27.49 R 21/04/2016 Liam Davis ZIM

Name	Age	Team	Seed Time	Finals Time
1 Daniels, Adam M	15	Republic of South Africa	2:34.81	2:35.86
2 February, Gerard G	15	Republic of South Africa	2:32.42	2:40.13
3 Donnel, Tobias	15	Botswana	2:46.77	2:44.31
4 Bock, Nathan R	15	Namibia A-Team	2:42.68	2:44.60
5 Chibva, Nathan	15	Zimbabwe Swimming Federation	2:51.98	2:47.71
6 Cohen, Mason E	15	Mozambique Swimming Team	2:41.97	2:50.73
7 Cole, Mulenga E	15	Zambia	2:54.56	2:51.55
8 Lutaaya, Benjamin	15	Uganda Swimming Team	2:48.94	2:54.87
9 Matenge, Larona	16	Botswana	2:57.55	2:59.66
10 Marques, Rodrigo D	15	Mozambique Swimming Team	2:59.25	2:59.73
11 Koty Germic Regallo, Del Cielo Ch	16	Madagascar Aquatics	2:50.00	3:06.67
--- Armstrong, Lee-Jay N	16	Namibia B-Team	2:47.52	X2:51.10
--- Nell, Tristan T	16	Namibia B-Team	2:56.38	X3:01.43
--- Fernandes, Carlos	15	Angola Swimming Team	2:58.18	DQ
7.2 Stroke cycle not 1 arm stroke to 1 leg kick in that order				
--- Esterhuizen, Lorenzo E	15	Namibia A-Team	2:35.14	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously				

Event 31 Girls 17-29 200 LC Meter Breaststroke

AA ZONE IV: 2:51.32 R 02/04/2022 Christine R Mbite RSA

Name	Age	Team	Seed Time	Finals Time
1 Coates, Johanna K	18	Zambia	2:49.14	2:54.68
2 Naukosho, Ariana	17	Namibia A-Team	2:50.40	2:55.11
3 Steyn, Carissa L	17	Namibia A-Team	2:59.42	3:01.51
4 Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	2:59.73	3:11.69
5 Roff, Matilde P	17	Mozambique Swimming Team	3:05.26	3:14.84
6 Guerreiro, Sara K	17	Mozambique Swimming Team	3:42.54	3:37.04

Event 32 Boys 17-29 200 LC Meter Breaststroke

AA ZONE IV: 2:28.23 R 03/05/2023 Caio Lobo MOZ

Name	Age	Team	Seed Time	Finals Time
1 De Swardt, Jayden	18	Zimbabwe Swimming Federation	2:30.77	2:30.15
2 Sethi, Khalil	17	Botswana	2:30.53	2:32.98

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Results

(Event 32 Boys 17-29 200 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time
3 Wellmann, Arkell J	22	Namibia A-Team	2:41.80	2:39.27
4 Geysler, Brett A	18	Namibia A-Team	2:45.82	2:46.10
5 Vika, Sebastiao	23	Angola Swimming Team	2:41.89	2:48.47
6 Kapapa, Timothy	17	Zambia	2:49.01	2:51.91
--- Nell, Noah S	19	Namibia B-Team	3:00.90	X2:54.11
--- Buchert, Jörn	17	Namibia B-Team	2:54.27	X3:05.90

Event 33 Girls 11-12 200 LC Meter Backstroke

AA ZONE IV: 2:34.81 R 03/05/2023 Roselinda Matyayi NAM

Name	Age	Team	Seed Time	Finals Time
1 Haabazoka, Kira	11	Zambia	2:53.60	2:47.86
2 Pabalinga, Reabetswe	12	Botswana	2:56.30	2:55.35
3 Chilisa, Jade	11	Botswana	3:08.83	2:55.43
4 Joubert, Laila	11	Namibia A-Team	2:49.02	2:58.02
5 Situmulaho, Neriah	12	Zambia	3:04.30	3:04.58
6 Nchumali, Kwicia	11	Mozambique Swimming Team	3:17.63	3:11.96
7 Mostert, Dané	12	Namibia A-Team	3:01.07	3:12.06
8 Teixeira, Irina M	12	Mozambique Swimming Team	3:13.87	3:15.70
--- Losper, Aaliyah J	10	Namibia B-Team	3:00.97	X3:05.59
--- Dippenaar, Katja R	11	Namibia B-Team	3:04.92	X3:09.28
--- Watson, Acacia	12	Zimbabwe Swimming Federation	2:58.03	DQ

6.4 Did not start executing the turn immediately after turning onto the breast

Event 34 Boys 11-12 200 LC Meter Backstroke

AA ZONE IV: 2:32.05 R 22/02/2020 Oliver B Durand NAM

Name	Age	Team	Seed Time	Finals Time
1 Rajabalee, Adam	12	Mauritius	2:49.64	2:45.24
2 Badenhorst, Oelof O	10	Namibia A-Team	2:52.79	2:47.86
3 Diehl, Aiden P	11	Namibia A-Team	2:45.73	2:48.54
4 Opperman, Conrad	10	Seychelles Aquatic Federation	2:58.61	2:53.19
5 Basto, Goncalo M	12	Mozambique Swimming Team	3:04.60	2:57.28
6 Pioris, Whato E	11	Mozambique Swimming Team	3:14.45	2:59.29
--- Erni, Julian M	10	Namibia B-Team	2:57.92	X3:02.61
--- Swartz, Caleb	11	Namibia B-Team	3:01.82	X3:03.62
--- Bwisho, Kristian Mugumya	11	Uganda Swimming Team	2:59.41	DQ

6.4 Did not touch the wall during the turn

Event 35 Girls 13-14 200 LC Meter Backstroke

AA ZONE IV: 2:26.88 R 18/02/2019 Lise Coetzee RSA

Name	Age	Team	Seed Time	Finals Time
1 Matyayi, Roselinda	14	Namibia A-Team	2:23.16	2:32.56
2 Chivandire, Eliencia T	13	Zimbabwe Swimming Federation	2:43.41	2:41.21
3 Rey, Candice J	14	Namibia A-Team	2:38.11	2:45.55
4 Berlouis, Keira	14	Seychelles Aquatic Federation	2:46.38	2:47.73
5 Rajabalee, Keira	14	Mauritius	2:51.17	2:50.47
6 Chama, Natania	13	Zambia	2:47.45	2:52.29
7 Mutie, Muela	14	Botswana	2:50.81	2:53.21
8 Morebodi, Maeva	13	Botswana	2:57.81	3:01.17
9 Costa, Aline A	14	Mozambique Swimming Team	2:51.53	3:01.61
10 Andrianarison, Haingonjala Hanr	14	Madagascar Aquatics	3:01.98	3:07.52
11 Santos, Kaila	13	Angola Swimming Team	3:07.78	3:11.54
12 Issufo, Rihana T	13	Mozambique Swimming Team	3:14.45	3:25.08
--- Ellis, Lilia	14	Namibia B-Team	2:38.71	X2:44.60
--- Brinkmann, Emma M	13	Namibia B-Team	2:44.56	X2:46.97

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Results

Event 36 Boys 13-14 200 LC Meter Backstroke

AA ZONE IV: 2:16.91 R 18/02/2017 Ethan R Spieker

RSA

Name	Age	Team	Seed Time	Finals Time
1 Lutchman, Skyler C	14	Republic of South Africa	2:26.25	2:23.69
2 Sefehle, Ramano S	14	Republic of South Africa	2:26.16	2:26.07
3 Feris, Rodney	14	Namibia A-Team	2:22.82	2:27.74
4 Rakoto, Hariela Ryan	13	Madagascar Aquatics	2:49.11	2:34.51
5 Hekandjo, Kabi A	13	Namibia A-Team	2:35.34	2:38.75
6 Doorbeegassing, Dwain	14	Mauritius	2:35.82	2:48.31
7 Nkomazana, Kwandokuhle	14	Zimbabwe Swimming Federation	2:39.94	2:48.66
8 Makwenda, Jeremiah	14	Malawi Aquatic Union	2:53.03	2:50.78
9 Nthomiwa, Wapego	14	Botswana	2:48.78	2:53.95
10 Donzva, Ethan	14	Zimbabwe Swimming Federation	2:51.05	2:55.76
11 Dode, Davi	14	Angola Swimming Team	3:09.63	2:57.86
12 Mukisa, Elijah S	13	Uganda Swimming Team	2:51.39	2:59.14
13 Munthali, Kaizer	14	Zambia	3:03.84	3:01.82
14 Kanjadza, Curtis	14	Malawi Aquatic Union	NT	3:24.99

Event 37 Girls 15-16 200 LC Meter Backstroke

AA ZONE IV: 2:26.47 R 05/12/2024 Scarlett Le Roux

RSA

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Scarlett	16	Republic of South Africa	2:21.24	2:26.47 R
2 Bergh, Madison S	15	Namibia A-Team	2:23.68	2:30.71
3 Geysler, Mikayla	15	Namibia A-Team	2:30.62	2:34.47
4 Frösler, Mikayla A	15	Republic of South Africa	2:32.93	2:39.42
5 Hoy, Hayley	16	Eswatini Swimming Association	2:38.17	2:42.69
6 Santo, Rhanya	15	Angola Swimming Team	2:41.80	2:48.95
7 Silva, Carlota	16	Angola Swimming Team	2:39.77	2:54.85
8 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	2:46.16	2:56.74
9 Kawesha, Inutu	15	Zambia	3:00.58	2:59.07
10 Seipone, Jessica	16	Botswana	3:01.12	2:59.39
11 Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	2:55.01	2:59.62
12 Nchumali, Kayla	16	Mozambique Swimming Team	3:05.82	3:20.41
--- Keding, Marlene	15	Namibia B-Team	2:59.14	X3:08.03
--- Ashipala, Brooklyn A	15	Namibia B-Team	3:22.70	X3:22.36
--- Simelane, Bahle N	16	Eswatini Swimming Association	NT	DQ

6.4 Did not start executing the turn immediately after turning onto the breast

Event 38 Boys 15-16 200 LC Meter Backstroke

AA ZONE IV: 2:14.13 R 05/12/2024 Heer H Usadadiya

UGA

Name	Age	Team	Seed Time	Finals Time
1 Usadadiya, Heer H	15	Uganda Swimming Team	2:13.59	2:14.13 R
2 Esterhuizen, Lorenzo E	15	Namibia A-Team	2:13.14	2:16.27
3 Beukes, Luke	16	Namibia A-Team	2:14.25	2:16.60
4 Rakotobe, Tendry	15	Madagascar Aquatics	2:17.92	2:21.50
5 Cole, Mulenga E	15	Zambia	NT	2:24.54
6 Padre, David	16	Angola Swimming Team	2:23.23	2:26.94
7 Chan Chuen, Lukas	16	Mauritius	2:27.70	2:29.73
8 February, Gerard G	15	Republic of South Africa	2:22.39	2:31.12
9 Nakhuda, Alyosha	16	Mauritius	2:29.87	2:31.35
10 Siwela, Joshah	15	Zimbabwe Swimming Federation	2:27.42	2:31.83
11 Mulenga, Joshua	15	Zambia	2:47.88	2:38.40
12 Fernandes, Carlos	15	Angola Swimming Team	2:38.63	2:42.66
13 Viseu, Keanu E	15	Mozambique Swimming Team	2:41.11	2:48.22
--- Nell, Tristan T	16	Namibia B-Team	2:26.50	X2:29.07
--- Bezuidenhout, Justin J	16	Namibia B-Team	2:29.34	X2:29.32

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AA ZONE IV: 2:28.33 R 15/04/2022 Donata Katai

ZIM

Name	Age	Team	Seed Time	Finals Time
1 Westerduin, Reza	17	Namibia A-Team	2:25.03	2:30.11
2 Brinkmann, Maja J	17	Namibia A-Team	2:32.47	2:32.37
3 Findlay, Marlise R	17	Zambia	2:35.67	2:38.68
4 Ingwe, Kimberly N	19	Botswana	2:39.36	2:41.18
5 Deshpande, Khyati	17	Uganda Swimming Team	3:03.98	3:01.13
6 Xavier, Filipa A	18	Mozambique Swimming Team	2:43.82	3:04.53
7 Guerreiro, Sara K	17	Mozambique Swimming Team	3:00.91	3:12.15

Event 40 Boys 17-29 200 LC Meter Backstroke

AA ZONE IV: 2:17.63 R 16/04/2022 Keeno Swarts

Name	Age	Team	Seed Time	Finals Time
1 Faftine, Kaio d	18	Mozambique Swimming Team	2:11.72	2:19.18
2 Wellmann, Arkell J	22	Namibia A-Team	2:14.72	2:19.55
3 Engelhard, Robin	18	Namibia A-Team	2:17.24	2:23.45
4 Kaganda, Joshua	17	Uganda Swimming Team	2:25.35	2:30.82
5 Costa, Luyane	24	Angola Swimming Team	2:28.16	2:31.87
6 Berejena, Ashley C	17	Zimbabwe Swimming Federation	2:36.63	2:39.51
7 Ferreira, Bruno R	17	Mozambique Swimming Team	2:49.92	2:40.23
8 Bredel, Rafael	17	Angola Swimming Team	2:31.77	2:46.98
9 Dlamini, Simphiwe	25	Eswatini Swimming Association	2:59.56	2:57.44
--- Nell, Noah S	19	Namibia B-Team	2:34.93	X2:29.82
--- Buchert, Jörn	17	Namibia B-Team	2:33.89	X2:42.94

Event 41 Girls 11-12 200 LC Meter Freestyle

AA ZONE IV: 2:18.99 R 16/04/2016 Paige Van Der Westhuizen

ZIM

Name	Age	Team	Seed Time	Finals Time
1 Chicumbe, Angela	12	Mozambique Swimming Team	2:27.68	2:28.13
2 Van Wyk, Roze	11	Namibia A-Team	2:34.38	2:31.68
3 Magubbwi, Chisi M	12	Zambia	2:32.08	2:32.33
4 Matabeya, Farai	12	Zimbabwe Swimming Federation	2:39.11	2:32.93
5 Joubert, Laila	11	Namibia A-Team	2:35.84	2:34.62
6 Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	2:44.72	2:35.93
7 Newaj, Tea	12	Mauritius	2:40.21	2:37.00
8 Situmulaho, Neriah	12	Zambia	2:39.58	2:41.44
9 Chilisa, Jade	11	Botswana	2:46.58	2:41.86
10 Teixeira, Irina M	12	Mozambique Swimming Team	2:47.10	2:46.57
11 Pabalinga, Reabetswe	12	Botswana	2:48.97	2:46.92
12 Guimaraes, Carolina	12	Angola Swimming Team	2:40.29	2:50.19
--- Wenk, Olivia	12	Namibia B-Team	2:47.41	X2:48.35
--- Lospere, Aaliyah J	10	Namibia B-Team	2:51.43	X2:50.38

Event 42 Boys 11-12 200 LC Meter Freestyle

AA ZONE IV: 2:10.74 R 15/04/2022 Mulenga Cole

ZAM

Name	Age	Team	Seed Time	Finals Time
1 Rajabalee, Adam	12	Mauritius	2:31.96	2:29.08
2 Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	2:35.61	2:29.50
3 Koty Sampaniaina, Glorio Preciou	11	Madagascar Aquatics	2:33.15	2:29.63
4 Opperman, Conrad	10	Seychelles Aquatic Federation	2:30.39	2:30.64
5 Durand, Patrick	11	Namibia A-Team	2:31.66	2:30.91
6 Nkosi, Nkosinathi	12	Zambia	2:40.48	2:33.78
7 Diehl, Aiden P	11	Namibia A-Team	2:34.38	2:33.87
8 Pioris, Whato E	11	Mozambique Swimming Team	2:42.06	2:38.39
9 Palha, Lucas	12	Angola Swimming Team	2:49.39	2:52.42
10 Mabombo, Kenzo	11	Mozambique Swimming Team	3:04.26	2:56.43
11 Samaras, Lucas S	12	Zambia	3:02.72	3:00.47

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Results

(Event 42 Boys 11-12 200 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
12 Musere, Timukudze	12	Zimbabwe Swimming Federation	3:07.06	3:14.41
--- Erni, Julian M	10	Namibia B-Team	2:46.33	X2:45.23
--- Kibble, Harry C	11	Namibia B-Team	2:47.23	X2:55.87

Event 43 Girls 13-14 200 LC Meter Freestyle

AA ZONE IV: 2:10.21 R 17/02/2019 Lise Coetzee

RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	2:12.11	2:12.87
2 Naukosho, Ainoa	13	Namibia A-Team	2:15.81	2:15.06
3 Johnsen, Alexis	14	Zimbabwe Swimming Federation	2:19.98	2:15.13
4 Magotsi, Riziki A	14	Republic of South Africa	2:20.22	2:24.12
5 Rey, Candice J	14	Namibia A-Team	2:20.41	2:26.56
6 Bhulabhai, Neema	13	Zimbabwe Swimming Federation	2:23.87	2:26.89
7 Mpfumo, Marta C	14	Mozambique Swimming Team	2:26.47	2:28.02
8 Mutie, Muela	14	Botswana	2:25.45	2:28.39
9 Andrianaho, Marie-Ange Praxas	14	Madagascar Aquatics	2:23.80	2:29.27
10 Rajabalee, Keira	14	Mauritius	2:31.57	2:36.16
11 Vunge, Chelsea	14	Angola Swimming Team	2:35.00	2:36.88
12 Chama, Natania	13	Zambia	2:32.57	2:41.69
13 Morebodi, Maeva	13	Botswana	2:31.48	2:43.24
14 Costa, Aline A	14	Mozambique Swimming Team	2:39.98	2:46.98
15 Mtsetfwa, Sibo	14	Eswatini Swimming Association	3:17.31	3:18.20
16 Willmott, Aimee N	13	Eswatini Swimming Association	3:26.77	3:26.16
--- Ellis, Lilia	14	Namibia B-Team	2:22.69	X2:23.61
--- Brinkmann, Emma M	13	Namibia B-Team	2:28.06	X2:27.76

Event 44 Boys 13-14 200 LC Meter Freestyle

AA ZONE IV: 1:58.13 R 05/12/2024 Matthew Goller

RSA

Name	Age	Team	Seed Time	Finals Time
1 Goller, Matthew	14	Republic of South Africa	2:04.29	1:58.13 R
2 Jones, Kellen T	14	Republic of South Africa	1:58.74	2:02.10
3 Feris, Rodney	14	Namibia A-Team	2:08.15	2:09.16
4 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	2:14.50	2:12.80
5 Guimaraes, Santiago	14	Angola Swimming Team	2:12.18	2:13.32
6 Doorbeegassing, Dwain	14	Mauritius	2:13.18	2:14.17
7 Nakhuda, Ruslan	13	Mauritius	2:13.60	2:15.72
8 Morgan, Anthony	13	Seychelles Aquatic Federation	2:19.93	2:15.82
9 Mkavea, Tasunje	14	Malawi Aquatic Union	2:21.88	2:16.28
10 Bakwena, Leruo J	13	Botswana	2:24.89	2:21.00
11 Modirelabangwe, Tema	14	Botswana	2:18.74	2:21.86
12 Donzva, Ethan	14	Zimbabwe Swimming Federation	2:21.30	2:25.47
13 Coetzee, Jannes H	14	Namibia A-Team	2:20.69	2:26.91
14 Baptista, Mario	14	Angola Swimming Team	2:30.71	2:30.87
15 Mukisa, Elijah S	13	Uganda Swimming Team	2:34.56	2:32.23
16 Munthali, Kaizer	14	Zambia	2:37.05	2:36.15
17 Fayayo, Sibusiso	14	Zimbabwe Swimming Federation	2:21.41	2:36.39
18 Makwenda, Jeremiah	14	Malawi Aquatic Union	2:29.74	2:37.70

Event 45 Girls 15-16 200 LC Meter Freestyle

AA ZONE IV: 2:10.53 R 21/02/2020 Paige van der Westhuizen

ZIM

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Scarlett	16	Republic of South Africa	2:06.64	2:10.75
2 Bergh, Madison S	15	Namibia A-Team	2:14.53	2:17.83
3 Geysler, Mikayla	15	Namibia A-Team	2:17.15	2:19.51
4 Hoy, Hayley	16	Eswatini Swimming Association	2:25.84	2:20.33
5 AH Chip, Chloe	15	Mauritius	2:16.14	2:23.69

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Results

(Event 45 Girls 15-16 200 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
6 Mostert, Savannah	16	Republic of South Africa	2:16.78	2:25.15
7 Santo, Rhanya	15	Angola Swimming Team	2:22.08	2:25.35
8 Bristol, Dorianne	15	Seychelles Aquatic Federation	2:20.61	2:26.59
9 Chandiwana, Tafadzwa	16	Zimbabwe Swimming Federation	2:24.90	2:29.12
10 Mbewe, Winnie M	15	Zambia	2:29.12	2:31.90
11 Kawesha, Inutu	15	Zambia	2:33.52	2:34.49
12 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	2:29.31	2:36.42
13 Seipone, Jessica	16	Botswana	2:42.42	2:42.13
14 Santos, Inara	16	Angola Swimming Team	2:41.09	2:43.83
15 Santos, Neizla	16	Angola Swimming Team	2:40.06	x2:44.65
16 Nchumali, Kayla	16	Mozambique Swimming Team	2:42.15	3:02.97
17 Ingwe, Sally-Louise S	16	Botswana	2:32.08	3:40.11
18 Simelane, Bahle N	16	Eswatini Swimming Association	NT	3:40.13
--- Keding, Marlene	15	Namibia B-Team	2:43.32	X2:41.55
--- Ashipala, Brooklyn A	15	Namibia B-Team	2:55.83	XDQ

5.2 Did not touch the wall at the turn or finish

Event 46 Boys 15-16 200 LC Meter Freestyle

AA ZONE IV: 1:57.91 R 03/05/2023				Oliver Durand	NAM
Name	Age	Team	Seed Time	Finals Time	
1 Domiter, Claudio J	16	Republic of South Africa	1:58.08	2:00.69	
2 Cole, Mulenga E	15	Zambia	1:57.46	2:01.56	
3 Wessels, Guy T	16	Republic of South Africa	2:02.68	2:02.18	
4 Beukes, Luke	16	Namibia A-Team	2:04.84	2:04.06	
5 Usadadiya, Heer H	15	Uganda Swimming Team	2:03.45	2:05.31	
6 Padre, David	16	Angola Swimming Team	2:05.11	2:06.74	
7 Tibazarwa, Mark L	15	Tanzania	2:02.33	2:07.82	
8 Mulenga, Joshua	15	Zambia	2:08.08	2:10.04	
9 Ellis, Lian	15	Namibia A-Team	2:04.42	2:10.73	
10 Smit, Luka	16	Malawi Aquatic Union	2:07.15	2:11.13	
11 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	2:13.80	2:13.13	
12 Foo Sem Fah, Lucas	16	Mauritius	2:07.06	2:13.29	
13 Indrano Chan, Warren	15	Madagascar Aquatics	2:07.00	2:13.98	
14 Nakhuda, Alyosha	16	Mauritius	2:08.39	2:14.09	
15 Chibva, Nathan	15	Zimbabwe Swimming Federation	2:16.79	2:14.66	
16 Marques, Rodrigo D	15	Mozambique Swimming Team	2:17.50	2:15.69	
17 Fernandes, Carlos	15	Angola Swimming Team	2:17.96	2:16.46	
18 Viseu, Keanu E	15	Mozambique Swimming Team	2:14.47	2:22.06	
--- Armstrong, Lee-Jay N	16	Namibia B-Team	2:10.84	X2:11.85	
--- Bezuidenhout, Justin J	16	Namibia B-Team	2:08.44	X2:16.67	

Event 47 Girls 17-29 200 LC Meter Freestyle

AA ZONE IV: 2:14.24 R 03/05/2023				Maria Freitas	ANG
Name	Age	Team	Seed Time	Finals Time	
1 Westerduin, Reza	17	Namibia A-Team	2:13.86	2:14.85	
2 Brinkmann, Maja J	17	Namibia A-Team	2:18.81	2:15.21	
3 Findlay, Marlise R	17	Zambia	2:19.43	2:20.88	
4 Musere, Matida	17	Zimbabwe Swimming Federation	2:23.31	2:23.33	
5 Ingwe, Kimberly N	19	Botswana	2:28.23	2:27.11	
6 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	2:40.42	2:27.55	
7 Harry, Kyra	17	Botswana	2:25.09	2:31.15	
8 Silva, Welwitchia	17	Angola Swimming Team	2:29.00	2:31.49	
9 Roff, Matilde P	17	Mozambique Swimming Team	2:27.41	2:32.75	
10 Deshpande, Khyati	17	Uganda Swimming Team	2:36.85	2:37.20	
11 Gil, Larissa F	19	Mozambique Swimming Team	2:30.24	2:44.91	

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Event 48 Boys 17-29 200 LC Meter Freestyle

AA ZONE IV: 1:56.50 R 03/05/2023		Henrique Mascarenhas		ANG	
Name	Age	Team	Seed Time	Finals Time	
1	Barradas, Hugo O	17	Mozambique Swimming Team	1:58.18	2:00.89
2	Faftine, Kaio d	18	Mozambique Swimming Team	1:57.07	2:02.02
3	Wellmann, Arkell J	22	Namibia A-Team	2:00.66	2:03.22
4	Le Roux, Corné	22	Namibia A-Team	2:04.94	2:05.88
5	De Swardt, Jayden	18	Zimbabwe Swimming Federation	2:08.26	2:09.33
6	van Rooyen, Benco G	20	Botswana	2:12.49	2:11.25
7	Keitsile, Gaamangwe J	17	Botswana	2:07.37	2:11.84
8	Berejena, Ashley C	17	Zimbabwe Swimming Federation	2:08.48	2:12.55
9	Dlamini, Simanga	27	Eswatini Swimming Association	2:17.03	2:16.13
10	Bredel, Rafael	17	Angola Swimming Team	2:09.19	2:17.31
11	Tati, Janel	18	Angola Swimming Team	2:14.78	2:32.26
---	Buchert, Jörn	17	Namibia B-Team	2:14.47	X2:23.69

Event 49 Girls 11-12 50 LC Meter Butterfly

AA ZONE IV: 30.52 R 03/05/2023		Roselinda Matyayi		NAM	
Name	Age	Team	Seed Time	Finals Time	
1	Watson, Acacia	12	Zimbabwe Swimming Federation	34.64	31.92
2	Chilisa, Jade	11	Botswana	31.97	32.32
3	Haabazoka, Kira	11	Zambia	32.68	32.92
4	Magubbwi, Chisi M	12	Zambia	33.69	33.62
5	Chicumbe, Angela	12	Mozambique Swimming Team	33.51	33.89
6	Pabalinga, Reabetswe	12	Botswana	36.12	34.00
7	Ashikoto, Suraya A	12	Namibia A-Team	35.12	34.25
8	Massingue, Estela B	12	Mozambique Swimming Team	34.86	34.37
9	Matabeya, Farai	12	Zimbabwe Swimming Federation	34.92	34.93
10	Mostert, Dané	12	Namibia A-Team	35.29	35.25
11	Newaj, Tea	12	Mauritius	36.51	37.01
12	Guimaraes, Carolina	12	Angola Swimming Team	41.54	41.57
---	Dippenaar, Katja R	11	Namibia B-Team	40.10	X39.61
---	Coetzee, Tamryn	12	Namibia B-Team	35.52	X43.06

Event 50 Boys 11-12 50 LC Meter Butterfly

AA ZONE IV: 28.98 R 21/02/2020		Junior Keitsile		BOT	
Name	Age	Team	Seed Time	Finals Time	
1	Pioris, Whato E	11	Mozambique Swimming Team	32.85	31.44
2	Basto, Goncalo M	12	Mozambique Swimming Team	33.55	32.52
3	Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	34.26	32.88
4	Bock, Daniel L	12	Namibia A-Team	35.37	33.14
5	Badenhorst, Oelof O	10	Namibia A-Team	34.54	33.97
6	Opperman, Conrad	10	Seychelles Aquatic Federation	33.63	34.40
7	Bwisho, Kristian Mugumya	11	Uganda Swimming Team	34.51	34.46
8	Jere, Mandla N	12	Zambia	38.08	35.42
9	Nkosi, Nkosinathi	12	Zambia	38.25	36.46
10	Musere, Timukudze	12	Zimbabwe Swimming Federation	37.84	38.10
11	Barbosa, Tsailin	11	Eswatini Swimming Association	42.83	39.72
12	Palha, Lucas	12	Angola Swimming Team	41.25	41.41
---	Erni, Julian M	10	Namibia B-Team	40.46	X38.73
---	Kibble, Harry C	11	Namibia B-Team	42.43	X42.80
---	Potgieter, Josea P	12	Eswatini Swimming Association	50.08	DQ

8.3 Breaststroke kicking movement

Event 51 Girls 13-14 50 LC Meter Butterfly

AA ZONE IV: 29.30 R 05/12/2024		Jemmah A Roman		RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Roman, Jemmah A	13	Republic of South Africa	29.78	29.30 R

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****(Event 51 Girls 13-14 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Rakotonanahary, Oceane	14	Madagascar Aquatics	30.50	29.40
3 Matyayi, Roselinda	14	Namibia A-Team	29.79	30.15
4 Naukosho, Ainoa	13	Namibia A-Team	31.98	30.91
5 Johnsen, Alexis	14	Zimbabwe Swimming Federation	31.83	31.24
6 Magotsi, Riziki A	14	Republic of South Africa	31.72	31.38
7 Chivandire, Eliecia T	13	Zimbabwe Swimming Federation	32.55	31.75
8 Mpfumo, Marta C	14	Mozambique Swimming Team	31.56	32.41
9 Gondo, Matipaishe	14	Botswana	32.99	32.85
10 Lobo, Liah C	14	Mozambique Swimming Team	33.94	33.16
11 Chama, Natania	13	Zambia	33.91	33.57
12 Pedro, Beatriz	14	Angola Swimming Team	33.14	33.63
13 Mutie, Muela	14	Botswana	33.96	34.42
14 Vunge, Chelsea	14	Angola Swimming Team	34.78	34.60
15 Desai, Ayanna M	13	Zambia	35.15	35.13
16 Msonda, Kayla	13	Malawi Aquatic Union	38.47	35.45
17 Andrianarison, Haingoniala Hanr	14	Madagascar Aquatics	34.27	35.83
18 Kanjadza, Danielle	13	Malawi Aquatic Union	40.79	36.86
19 Mc Namara, Kendra	13	Eswatini Swimming Association	36.57	37.22
20 Willmott, Aimee N	13	Eswatini Swimming Association	46.92	47.76
--- Ellis, Lilia	14	Namibia B-Team	34.06	X33.56
--- Meyer, Cara	13	Namibia B-Team	33.85	X33.66

Event 52 Boys 13-14 50 LC Meter Butterfly

AA ZONE IV:	27.06	R	05/12/2024	Everraud M Raynard	RSA
Name	Age	Team	Seed Time	Finals Time	
1 Raynard, Everraud M	14	Republic of South Africa	28.10	27.06 R	
2 Sefehle, Ramano S	14	Republic of South Africa	28.24	27.26	
3 Feris, Rodney	14	Namibia A-Team	27.79	27.59	
4 Nkomazana, Kwandokuhle	14	Zimbabwe Swimming Federation	28.87	28.12	
5 Mkavea, Tasunje	14	Malawi Aquatic Union	29.38	28.50	
6 Modirelabangwe, Tema	14	Botswana	28.56	28.74	
7 Bakwena, Leruo J	13	Botswana	30.23	28.76	
8 Nakhuda, Ruslan	13	Mauritius	28.28	28.82	
9 Guimaraes, Santiago	14	Angola Swimming Team	28.99	29.06	
10 Fayayo, Sibusiso	14	Zimbabwe Swimming Federation	28.79	29.13	
11 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	29.50	29.60	
12 Nguvo, William	14	Angola Swimming Team	30.08	29.88	
13 Fraser, Luca	14	Eswatini Swimming Association	29.93	29.89	
14 Marie, Tyron	13	Seychelles Aquatic Federation	30.13	30.63	
15 Coetzee, Jannes H	14	Namibia A-Team	32.09	31.22	
16 Mukisa, Elijah S	13	Uganda Swimming Team	32.87	31.23	
17 Msiska, Vinjeru	14	Malawi Aquatic Union	32.13	31.87	
18 Munthali, Kaizer	14	Zambia	32.83	32.84	

Event 53 Girls 15-16 50 LC Meter Butterfly

AA ZONE IV:	29.35	R	17/02/2017	Lesley C Blignaut	RSA
Name	Age	Team	Seed Time	Finals Time	
1 AH Chip, Chloe	15	Mauritius	30.28	29.99	
2 Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	29.50	30.05	
3 Silva, Carlota	16	Angola Swimming Team	29.67	30.12	
4 Hoy, Hayley	16	Eswatini Swimming Association	31.18	30.13	
5 Kisawuzi, Tara A	16	Uganda Swimming Team	29.91	30.61	
6 Saleshando, Melodi	15	Botswana	30.74	30.74	
7 Thomas, Lea Bethany	15	Mauritius	31.44	30.75	
8 Slinger, Gizelle	15	Namibia A-Team	31.51	31.30	
9 Chandiwana, Tanatswa	16	Zimbabwe Swimming Federation	30.90	31.43	

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(Event 53 Girls 15-16 50 LC Meter Butterfly)

Name	Age	Team	Seed Time	Finals Time
10 Dube, Caitlyn K	15	Republic of South Africa	31.96	31.52
*11 Bristol, Dorianne	15	Seychelles Aquatic Federation	31.25	31.71
*11 Bergh, Madison S	15	Namibia A-Team	31.31	31.71
13 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	32.85	32.55
14 Kapapa, Alexandra	15	Zambia	32.41	32.59
15 Mostert, Savannah	16	Republic of South Africa	31.79	32.85
16 Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	34.75	34.75
17 Kawesha, Inutu	15	Zambia	34.62	34.78
18 Seipone, Jessica	16	Botswana	35.12	34.79
19 Santos, Inara	16	Angola Swimming Team	34.22	34.96
20 Correia, Gabriella C	16	Mozambique Swimming Team	36.94	35.94
21 Simelane, Bahle N	16	Eswatini Swimming Association	41.79	41.38
--- Keding, Marlene	15	Namibia B-Team	35.38	X34.71
--- Hansen, Mikayla P	16	Namibia B-Team	40.06	X36.80

Event 54 Boys 15-16 50 LC Meter Butterfly

AA ZONE IV:	25.39	R	21/02/2020	Matthew Lawrence	MOZ
Name	Age	Team	Seed Time	Finals Time	
1 Beukes, Luke	16	Namibia A-Team	26.40	25.73	
2 Domiter, Claudio J	16	Republic of South Africa	25.63	26.13	
3 Rakotobe, Tendry	15	Madagascar Aquatics	26.75	26.55	
4 Bauernschmitt, Michael B	16	Namibia A-Team	26.67	26.68	
5 Anjos, Enzo	16	Angola Swimming Team	27.51	27.00	
6 Daniels, Adam M	15	Republic of South Africa	27.87	27.14	
7 Mbao, Benaiah Z	16	Zambia	27.55	27.49	
8 Cole, Mulenga E	15	Zambia	28.27	27.86	
9 Chan Chuen, Lukas	16	Mauritius	28.53	27.88	
10 Marcos, Elmer R	16	Mozambique Swimming Team	27.78	28.21	
11 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	29.44	28.42	
12 Tibazarwa, Mark L	15	Tanzania	28.99	28.54	
13 Smit, Luka	16	Malawi Aquatic Union	29.00	28.65	
14 Sousa, Guilherme	16	Angola Swimming Team	29.19	29.32	
15 Fraser, Tiano	16	Eswatini Swimming Association	29.35	29.47	
16 Koty Germic Regallo, Del Cielo Ch	16	Madagascar Aquatics	28.10	29.53	
17 Viseu, Keanu E	15	Mozambique Swimming Team	29.44	29.58	
18 Matenge, Larona	16	Botswana	30.28	29.61	
19 Chibva, Nathan	15	Zimbabwe Swimming Federation	30.95	30.30	
20 Donnel, Tobias	15	Botswana	34.29	32.05	
21 De Sousa, Pedro	16	Eswatini Swimming Association	NT	33.55	
--- Benade, Kayleb G	15	Namibia B-Team	28.06	X27.80	
--- Armstrong, Lee-Jay N	16	Namibia B-Team	28.37	X28.18	

Event 55 Girls 17-29 50 LC Meter Butterfly

AA ZONE IV:	29.03	R	15/04/2022	Imara Bella Thorpe	KEN
Name	Age	Team	Seed Time	Finals Time	
1 Westerduin, Reza	17	Namibia A-Team	29.35	29.57	
2 Coates, Johanna K	18	Zambia	31.56	30.48	
3 Harry, Kyra	17	Botswana	30.34	30.69	
4 Ingwe, Kimberly N	19	Botswana	31.09	30.71	
5 Findlay, Marlise R	17	Zambia	30.59	30.75	
6 Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	30.64	31.54	
7 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	31.30	31.55	
8 Labuschagne, Isabelle	17	Seychelles Aquatic Federation	31.85	31.79	
9 Rey, Salomé M	17	Namibia A-Team	32.05	32.11	
10 Silva, Welwitchia	17	Angola Swimming Team	32.65	33.33	
11 Deshpande, Khyati	17	Uganda Swimming Team	35.51	35.16	

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(Event 55 Girls 17-29 50 LC Meter Butterfly)

Name	Age	Team	Seed Time	Finals Time
12 Xavier, Filipa A	18	Mozambique Swimming Team	34.32	35.20
13 Majongonhe, Dilza	18	Mozambique Swimming Team	35.41	35.31
14 Dlamini, Nosimilo	19	Eswatini Swimming Association	41.30	42.56
--- Benade, Quelin H	17	Namibia B-Team	32.66	X33.74

Event 56 Boys 17-29 50 LC Meter Butterfly

AA ZONE IV: 24.85 R 15/04/2022 Matthew Lawrence MOZ

Name	Age	Team	Seed Time	Finals Time
1 Munguambe, Cleyton A	17	Mozambique Swimming Team	27.10	26.26
2 Le Roux, Corné	22	Namibia A-Team	27.17	26.39
3 Keitsile, Gaamangwe J	17	Botswana	26.12	26.57
4 Barradas, Hugo O	17	Mozambique Swimming Team	26.95	26.67
5 Engelhard, Robin	18	Namibia A-Team	26.66	26.79
6 Ramiakatrarivo, Ando Francky	23	Madagascar Aquatics	26.04	26.96
7 Pires, Djamel	21	Angola Swimming Team	26.79	27.12
8 Gondo, Takundanashe	20	Botswana	27.32	27.22
9 Bredel, Rafael	17	Angola Swimming Team	26.98	27.98
*10 Vimba, Khaya	17	Zimbabwe Swimming Federation	27.86	28.06
*10 Ferley, Amos	18	Seychelles Aquatic Federation	27.25	28.06
12 De Swardt, Jayden	18	Zimbabwe Swimming Federation	28.97	28.25
13 Ning, Chadd	18	Eswatini Swimming Association	29.32	28.27
14 Kapapa, Timothy	17	Zambia	28.52	29.01
15 Dlamini, Simanga	27	Eswatini Swimming Association	29.07	29.23
--- Spangenberg, Shuan	20	Namibia B-Team	28.44	X27.11
--- Bezuidenhout, Jordan V	18	Namibia B-Team	29.34	X29.22

Event 57 Girls 14 & Under 4x100 LC Meter Freestyle Relay

AA ZONE IV: 4:09.54 R 05/12/2024 Republic of South Africa RSA

M Mgcina, R Magotsi, J Roman, Z Venter

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	4:16.30	4:09.54 R
1) Mgcina, Maya 14	2) Magotsi, Riziki A 14	3) Roman, Jemmah A 13	4) Venter, Zuria I 14
2 Namibia A-Team	A	4:18.38	4:19.48
1) Naukosho, Ainoa 13	2) Rey, Candice J 14	3) De Sousa, Vitoria J 14	4) Matyayi, Roselinda 14
3 Zimbabwe Swimming Federation	A	4:21.84	4:26.35
1) Bhulabhai, Neema 13	2) Jones, Kristin 14	3) Chivandire, Elicia T 13	4) Johnsen, Alexis 14
4 Mozambique Swimming Team	A	4:32.39	4:35.89
1) Chicumbe, Angela 12	2) Lobo, Liah C 14	3) Massingue, Estela B 12	4) Mpfumo, Marta C 14
5 Botswana	A	4:38.36	4:36.70
1) Mutie, Muela 14	2) Pabalinga, Reabetswe 12	3) Morebodi, Maeva 13	4) Gondo, Matipaishe 14
6 Zambia	A	NT	4:39.27
1) Chama, Natania 13	2) Magubbwi, Chisi M 12	3) Sitamulaho, Neria 12	4) Haabazoka, Kira 11
7 Angola Swimming Team	A	NT	4:54.98
1) Vongo, Kenenise 14	2) Vunge, Chelsea 14	3) Pedro, Beatriz 14	4) Santos, Kaila 13
--- Namibia B-Team	A	4:37.39	X4:35.82
1) Brinkmann, Emma M 13	2) Meyer, Cara 13	3) Schnebel, Sandra 13	4) Ellis, Lilia 14

Event 58 Boys 14 & Under 4x100 LC Meter Freestyle Relay

AA ZONE IV: 3:49.16 R 05/12/2024 Republic of South Africa RSA

K Jones, R Sefehle, M Goller, E Raynard

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	3:56.94	3:49.16 R
1) Jones, Kellen T 14	2) Sefehle, Ramano S 14	3) Goller, Matthew 14	4) Raynard, Everraud M 14
2 Namibia A-Team	A	4:09.15	4:11.24
1) Coetzee, Jannes H 14	2) van Wyk, Ermano 14	3) Engelhard, Victor 14	4) Feris, Rodney 14
3 Angola Swimming Team	A	NT	4:18.15
1) Baptista, Mario 14	2) Nguvo, William 14	3) Dode, Davi 14	4) Guimaraes, Santiago 14

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****(Event 58 Boys 14 & Under 4x100 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
4 Zimbabwe Swimming Federation	A	4:09.64	4:19.83
1) Fayayo, Sibusiso 14	2) Nkomazana, Kwandokuhle 14	3) Chisholm, Callum 13	4) Donzva, Ethan 14
5 Seychelles Aquatic Federation	A	NT	4:22.85
1) Morgan, Anthony 13	2) Marie, Tyron 13	3) Opperman, Conrad 10	4) Jean-Baptiste, Nasri 14
6 Zambia	A	NT	4:43.70
1) Munthali, Kaizer 14	2) Nkosi, Nkosinathi 12	3) Gondwe, Takondwa 13	4) Jere, Mandla N 12
7 Mozambique Swimming Team	A	4:57.27	4:52.34
1) Basto, Goncalo M 12	2) Assubuji, Lawrence C 12	3) Mabombo, Kenzo 11	4) Pioris, Whato E 11
--- Namibia B-Team	A	5:16.69	X5:28.51
1) Armstrong, Jeandre 10	2) Kibble, Harry C 11	3) Swartz, Caleb 11	4) Erni, Julian M 10

Event 59 Girls 15 & Over 4x100 LC Meter Freestyle Relay

AA ZONE IV: 4:08.57 R 05/12/2024 Namibia A-Team NAM-A

M Bergh, M Brinkmann, M Geysler, R Westerduin

Team	Relay	Seed Time	Finals Time
1 Namibia A-Team	A	4:12.33	4:08.57 R
1) Bergh, Madison S 15	2) Brinkmann, Maja J 17	3) Geysler, Mikayla 15	4) Westerduin, Reza 17
2 Zimbabwe Swimming Federation	A	4:08.74	4:09.70
1) Chandiwana, Tafadzwa 16	2) Chandiwana, Tanatswa 16	3) Musere, Matida 17	4) Makwabarara, Mikayla 16
3 Zambia	A	NT	4:16.74
1) Coates, Johanna K 18	2) Findlay, Marlise R 17	3) Kapapa, Alexandra 15	4) Mbewe, Winnie M 15
4 Republic of South Africa	A	4:08.91	4:18.13
1) Le Roux, Scarlett 16	2) Dube, Caitlyn K 15	3) Frösler, Mikayla A 15	4) Mostert, Savannah 16
5 Seychelles Aquatic Federation	A	NT	4:23.26
1) Berlouis, Keira 14	2) Bristol, Dorianne 15	3) Labuschagne, Isabelle 17	4) Palestrini, Aaliyah 21
6 Botswana	A	4:20.47	4:26.70
1) Harry, Kyra 17	2) Ingwe, Sally-Louise S 16	3) Ingwe, Kimberly N 19	4) Saleshando, Melodi 15
7 Angola Swimming Team	A	NT	4:32.28
1) Santo, Rhanya 15	2) Santos, Inara 16	3) Silva, Welwitchia 17	4) Silva, Carlota 16
8 Mauritius	A	4:32.47	4:38.44
1) AH Chip, Chloe 15	2) Newaj, Tea 12	3) Rajabalee, Keira 14	4) Thomas, Lea Bethany 15
9 Mozambique Swimming Team	A	4:33.36	4:44.14
1) Albino, Nemzi L 15	2) Gil, Larissa F 19	3) Majongonhe, Dilza 18	4) Roff, Matilde P 17
--- Namibia B-Team	A	4:50.73	X4:49.53
1) Keding, Marlene 15	2) Ashipala, Brooklyn A 15	3) Hansen, Mikayla P 16	4) Benade, Quelin H 17

Event 60 Boys 15 & Over 4x100 LC Meter Freestyle Relay

AA ZONE IV: 3:37.94 R 21/04/2016 Mauritius MRI

Team	Relay	Seed Time	Finals Time
1 Namibia A-Team	A	3:41.45	3:40.36
1) Wellmann, Arkell J 22	2) Le Roux, Corné 22	3) Engelhard, Robin 18	4) Beukes, Luke 16
2 Mozambique Swimming Team	A	3:41.29	3:40.50
1) Mungambe, Cleyton A 17	2) Barradas, Hugo O 17	3) Cohen, Mason E 15	4) Faftine, Kaio d 18
3 Republic of South Africa	A	3:46.81	3:44.59
1) Domiter, Claudio J 16	2) Daniels, Adam M 15	3) February, Gerard G 15	4) Wessels, Guy T 16
4 Angola Swimming Team	A	NT	3:47.05
1) Padre, David 16	2) Pires, Djamel 21	3) Tati, Janel 18	4) Anjos, Enzo 16
5 Zambia	A	NT	3:47.61
1) Cole, Mulenga E 15	2) Mulenga, Joshua 15	3) Mbaio, Benaiah Z 16	4) Kapapa, Timothy 17
6 Zimbabwe Swimming Federation	A	3:47.69	3:51.30
1) Berejena, Ashley C 17	2) De Swardt, Jayden 18	3) Kalipengule, Limbikani 16	4) Vimba, Khaya 17
7 Mauritius	A	3:49.84	3:54.53
1) Foo Sem Fah, Lucas 16	2) Nakhuda, Alyosha 16	3) Nakhuda, Ruslan 13	4) Chan Chuen, Lukas 16
8 Madagascar Aquatics	A	3:46.41	3:56.55
1) Rakotobe, Tendry 15	2) Indrano Chan, Warren 15	3) Koty Germic Regallo, Del Cielo C	4) Ramiakatrarivo, Ando Francky 2
9 Botswana	A	3:57.27	3:58.92
1) Gondo, Takundanashé 20	2) van Rooyen, Benco G 20	3) Matenge, Larona 16	4) Keitsile, Gaamangwe J 17

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(Event 60 Boys 15 & Over 4x100 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Finals Time
--- Namibia B-Team	A	3:58.56	X3:56.27
1) Nell, Tristan T 16	2) Spangenberg, Shuan 20	3) Bezuidenhout, Jordan V 18	4) Bezuidenhout, Justin J 16

Event 61 Girls 14 & Under 400 LC Meter Freestyle

AA ZONE IV: 4:37.97 R 18/02/2019 Lise Coetzee

RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	4:39.65	4:45.23
2 Naukosho, Ainoa	13	Namibia A-Team	4:45.86	4:52.12
3 Johnsen, Alexis	14	Zimbabwe Swimming Federation	4:48.15	5:00.92
4 De Sousa, Vitoria J	14	Namibia A-Team	4:55.67	5:07.92
5 Mutie, Muela	14	Botswana	5:05.44	5:08.54
6 Andrianaho, Marie-Ange Praxas	14	Madagascar Aquatics	5:11.40	5:17.15
7 Roman, Jemmah A	13	Republic of South Africa	5:05.58	5:21.67
8 Magubbwi, Chisi M	12	Zambia	5:21.78	5:30.16
9 Berlouis, Keira	14	Seychelles Aquatic Federation	5:06.00	5:30.39
10 Rajabalee, Keira	14	Mauritius	5:19.75	5:32.86
11 Morebodi, Maeva	13	Botswana	5:23.26	5:41.04
12 Vunge, Chelsea	14	Angola Swimming Team	5:33.37	5:53.99
13 Teixeira, Irina M	12	Mozambique Swimming Team	5:51.75	5:54.31
14 Guimaraes, Carolina	12	Angola Swimming Team	5:45.41	5:57.31
15 Costa, Aline A	14	Mozambique Swimming Team	5:43.45	6:02.85
16 Wilsch, Danika	13	Eswatini Swimming Association	6:39.18	6:40.18
17 Mtsetfwa, Sibho	14	Eswatini Swimming Association	6:56.06	7:11.07
--- Ellis, Lilia	14	Namibia B-Team	4:57.84	X5:08.24
--- Schnebel, Sandra	13	Namibia B-Team	5:10.44	X5:15.41

Event 62 Boys 14 & Under 400 LC Meter Freestyle

AA ZONE IV: 4:17.81 R 06/12/2024 Matthew Goller

RSA

Name	Age	Team	Seed Time	Finals Time
1 Goller, Matthew	14	Republic of South Africa	4:18.08	4:17.81 R
2 Jones, Kellen T	14	Republic of South Africa	4:14.32	4:28.29
3 Guimaraes, Santiago	14	Angola Swimming Team	4:39.90	4:50.06
4 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	4:46.01	4:56.22
5 Doorbeegassing, Dwain	14	Mauritius	4:46.36	4:57.77
6 Engelhard, Victor	14	Namibia A-Team	5:07.90	5:00.41
7 Morgan, Anthony	13	Seychelles Aquatic Federation	5:01.20	5:04.22
8 Rakoto, Hariela Ryan	13	Madagascar Aquatics	5:14.26	5:05.63
9 Nakhuda, Ruslan	13	Mauritius	4:47.56	5:06.38
10 Bakwena, Leruo J	13	Botswana	5:11.27	5:07.49
11 Nthomiwa, Wapego	14	Botswana	5:19.54	5:17.68
12 Hekandjo, Kabi A	13	Namibia A-Team	5:10.52	5:23.03
13 Jerahuni, Nathaniel	14	Zimbabwe Swimming Federation	5:18.21	5:31.76
14 Dode, Davi	14	Angola Swimming Team	5:30.78	5:47.60
15 Makwenda, Jeremiah	14	Malawi Aquatic Union	5:17.53	5:49.42
16 Assubuji, Lawrence C	12	Mozambique Swimming Team	5:52.42	6:08.82
17 Mabombo, Kenzo	11	Mozambique Swimming Team	6:18.44	6:30.46
--- Erni, Julian M	10	Namibia B-Team	6:02.48	X5:53.20

Event 63 Girls 15 & Over 400 LC Meter Freestyle

AA ZONE IV: 4:33.50 R 22/04/2017 Robyn Lee

ZIM

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Scarlett	16	Republic of South Africa	4:33.69	4:42.09
2 Bergh, Madison S	15	Namibia A-Team	4:43.49	4:50.87
3 Westerduin, Reza	17	Namibia A-Team	4:43.58	4:52.76
4 Santo, Rhanya	15	Angola Swimming Team	5:01.87	5:10.39
5 Bristol, Dorianne	15	Seychelles Aquatic Federation	5:01.74	5:12.05

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****(Event 63 Girls 15 & Over 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
6 Saleshando, Melodi	15	Botswana	5:02.79	5:12.55
7 Mahobebe, Loyiso	16	Zimbabwe Swimming Federation	5:16.68	5:23.58
8 Roff, Matilde P	17	Mozambique Swimming Team	5:14.90	5:24.90
9 Frösler, Mikayla A	15	Republic of South Africa	5:21.45	5:28.01
10 Ingwe, Sally-Louise S	16	Botswana	5:24.61	5:32.40
11 Kawesha, Inutu	15	Zambia	5:26.80	5:43.64
12 Gil, Larissa F	19	Mozambique Swimming Team	NT	5:59.74
--- Keding, Marlene	15	Namibia B-Team	5:38.69	X5:46.95

Event 64 Boys 15 & Over 400 LC Meter Freestyle

AA ZONE IV: 4:21.68 R 06/12/2024 Claudio J Domiter			RSA	
Name	Age	Team	Seed Time	Finals Time
1 Domiter, Claudio J	16	Republic of South Africa	4:13.81	4:21.68 R
2 Cole, Mulenga E	15	Zambia	4:12.82	4:21.97
3 Barradas, Hugo O	17	Mozambique Swimming Team	4:17.73	4:26.55
4 Usadadiya, Heer H	15	Uganda Swimming Team	4:22.65	4:29.82
5 Kinnaird, Liam	16	Namibia A-Team	4:29.55	4:37.82
6 Padre, David	16	Angola Swimming Team	4:29.52	4:37.87
7 Faftine, Kaio d	18	Mozambique Swimming Team	4:10.34	4:38.64
8 Tibazarwa, Mark L	15	Tanzania	4:32.88	4:39.85
9 De Swardt, Jayden	18	Zimbabwe Swimming Federation	4:37.88	4:40.74
10 van Rooyen, Benco G	20	Botswana	4:38.02	4:42.15
11 Esterhuizen, Lorenzo E	15	Namibia A-Team	4:29.20	4:46.13
12 February, Gerard G	15	Republic of South Africa	4:36.34	4:49.30
13 Lutaaya, Benjamin	15	Uganda Swimming Team	5:05.95	4:58.47
14 Augustine, Troy Kyllian	15	Mauritius	4:54.19	5:00.20
15 Indrano Chan, Warren	15	Madagascar Aquatics	4:50.00	5:07.78
16 Berejena, Ashley C	17	Zimbabwe Swimming Federation	4:47.53	5:08.78
--- Buchert, Jörn	17	Namibia B-Team	4:49.80	X5:07.84
--- Elias, Yano	17	Angola Swimming Team	4:43.59	DQ
10.2 Did not complete the whole distance				
--- Keitsile, Gaamangwe J	17	Botswana	4:46.41	DQ
10.2 Did not complete the whole distance				
--- Nakhuda, Alyosha	16	Mauritius	4:34.94	NS

Event 65 Girls 11-12 100 LC Meter Butterfly

AA ZONE IV: 1:10.97 R 03/05/2023 Roselinda Matyayi			NAM	
Name	Age	Team	Seed Time	Finals Time
1 Haabazoka, Kira	11	Zambia	1:13.51	1:13.50
2 Watson, Acacia	12	Zimbabwe Swimming Federation	1:15.15	1:14.03
3 Sitamulaho, Neriah	12	Zambia	1:15.31	1:15.56
4 Chilisa, Jade	11	Botswana	1:18.18	1:15.84
5 Chicumbe, Angela	12	Mozambique Swimming Team	1:18.95	1:19.10
6 Massingue, Estela B	12	Mozambique Swimming Team	1:24.70	1:20.95
7 Van Wyk, Roze	11	Namibia A-Team	1:19.84	1:21.30
8 Matabeya, Farai	12	Zimbabwe Swimming Federation	1:21.02	1:23.75
9 Newaj, Tea	12	Mauritius	1:28.01	1:26.63
10 Ashikoto, Suraya A	12	Namibia A-Team	1:24.22	1:31.42
--- Dippenaar, Katja R	11	Namibia B-Team	1:37.27	X1:38.86
--- Coetzee, Tamryn	12	Namibia B-Team	1:37.22	X1:46.07
--- Pabalinga, Reabetswe	12	Botswana	1:27.63	NS

Event 66 Boys 11-12 100 LC Meter Butterfly

AA ZONE IV: 1:06.20 R 18/02/2017 Mikah K Burger			NAM	
Name	Age	Team	Seed Time	Finals Time
1 Durand, Patrick	11	Namibia A-Team	1:13.91	1:12.49

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****(Event 66 Boys 11-12 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Basto, Goncalo M	12	Mozambique Swimming Team	1:15.54	1:13.64
3 Pioris, Whato E	11	Mozambique Swimming Team	1:17.07	1:15.72
4 Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	1:19.80	1:18.08
5 Diehl, Aiden P	11	Namibia A-Team	1:25.16	1:24.56
6 Bwisho, Kristian Mugumya	11	Uganda Swimming Team	1:23.66	1:25.03
7 Nkosi, Nkosinathi	12	Zambia	1:44.18	1:32.46
8 Musere, Timukudze	12	Zimbabwe Swimming Federation	1:32.14	1:35.72
9 Palha, Lucas	12	Angola Swimming Team	1:43.75	1:44.69
--- Erni, Julian M	10	Namibia B-Team	1:32.12	X1:31.12
--- Kibble, Harry C	11	Namibia B-Team	1:27.77	X1:41.31
--- Opperman, Conrad	10	Seychelles Aquatic Federation	1:21.16	DQ

8.3 Breaststroke kicking movement

Event 67 Girls 13-14 100 LC Meter Butterfly

AA ZONE IV: 1:05.74 R 06/12/2024 Jemmah A Roman RSA

Name	Age	Team	Seed Time	Finals Time
1 Roman, Jemmah A	13	Republic of South Africa	1:06.31	1:05.74 R
2 Rakotonanahary, Oceane	14	Madagascar Aquatics	1:11.05	1:08.62
3 Matyayi, Roselinda	14	Namibia A-Team	1:07.52	1:09.60
4 Magotsi, Riziki A	14	Republic of South Africa	1:09.51	1:09.87
5 Naukosho, Ainoa	13	Namibia A-Team	1:09.41	1:10.34
6 Mpfumo, Marta C	14	Mozambique Swimming Team	1:12.43	1:16.37
7 Nyamhunga, Imlah	14	Zimbabwe Swimming Federation	1:15.96	1:16.52
8 Mutie, Muela	14	Botswana	1:18.88	1:20.43
9 Lobo, Liah C	14	Mozambique Swimming Team	1:18.68	1:20.80
10 Chivandire, Eliencia T	13	Zimbabwe Swimming Federation	1:18.36	1:21.83
11 Desai, Ayanna M	13	Zambia	1:23.48	1:22.90
12 Pedro, Beatriz	14	Angola Swimming Team	1:19.56	1:24.83
13 Vunge, Chelsea	14	Angola Swimming Team	1:29.73	1:25.54
14 Morebodi, Maeva	13	Botswana	1:23.80	1:28.83
15 Andrianarison, Haingonjala Hanr	14	Madagascar Aquatics	1:18.95	1:29.88
16 Chama, Natania	13	Zambia	1:33.40	1:31.82
--- Ellis, Lilia	14	Namibia B-Team	1:16.02	X1:16.71
--- Meyer, Cara	13	Namibia B-Team	1:19.93	X1:25.85

Event 68 Boys 13-14 100 LC Meter Butterfly

AA ZONE IV: 1:00.76 R 16/04/2022 Cleyton Munguambe MOZ

Name	Age	Team	Seed Time	Finals Time
1 Raynard, Everraud M	14	Republic of South Africa	1:02.00	1:01.53
2 Feris, Rodney	14	Namibia A-Team	1:03.46	1:03.37
3 Mahaye, Bandile N	13	Republic of South Africa	1:05.15	1:05.15
4 Mkavea, Tasunje	14	Malawi Aquatic Union	1:10.11	1:06.65
5 Chisholm, Callum	13	Zimbabwe Swimming Federation	1:07.50	1:06.93
6 Modirelabangwe, Tema	14	Botswana	1:07.08	1:07.10
7 Rakoto, Hariela Ryan	13	Madagascar Aquatics	1:15.40	1:07.13
8 Bakwena, Leruo J	13	Botswana	1:13.25	1:07.35
9 Nakhuda, Ruslan	13	Mauritius	1:07.11	1:08.68
10 Musati, Jeremy	13	Namibia A-Team	1:10.94	1:10.71
11 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	1:08.10	1:11.04
12 Dode, Davi	14	Angola Swimming Team	1:11.87	1:11.85
13 Mukisa, Elijah S	13	Uganda Swimming Team	1:16.88	1:12.53
14 Nguvo, William	14	Angola Swimming Team	1:11.82	1:12.57
15 Marie, Tyron	13	Seychelles Aquatic Federation	1:09.68	1:14.75
16 Msiska, Vinjeru	14	Malawi Aquatic Union	1:28.60	1:22.69
17 Munthali, Kaizer	14	Zambia	1:15.43	1:24.05
--- Fayayo, Sibusiso	14	Zimbabwe Swimming Federation	1:06.83	NS

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024

Results

Event 69 Girls 15-16 100 LC Meter Butterfly

AA ZONE IV: 1:06.62 R 22/04/2016 Elodie Wong					MRI
Name	Age	Team	Seed Time	Finals Time	
1 Hoy, Hayley	16	Eswatini Swimming Association	1:08.09	1:07.74	
2 AH Chip, Chloe	15	Mauritius	1:07.73	1:07.80	
3 Silva, Carlota	16	Angola Swimming Team	1:08.67	1:09.72	
4 Kisawuzi, Tara A	16	Uganda Swimming Team	1:08.33	1:10.71	
5 Geysler, Mikayla	15	Namibia A-Team	1:11.27	1:10.96	
6 Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	1:11.26	1:11.44	
7 Thomas, Lea Bethany	15	Mauritius	1:09.87	1:11.96	
8 Dube, Caitlyn K	15	Republic of South Africa	1:13.13	1:13.02	
9 Saleshando, Melodi	15	Botswana	1:18.37	1:13.68	
10 Bergh, Madison S	15	Namibia A-Team	1:09.69	1:14.56	
11 Kapapa, Alexandra	15	Zambia	1:14.51	1:16.04	
12 Frösler, Mikayla A	15	Republic of South Africa	1:19.07	1:19.18	
13 Bristol, Dorianne	15	Seychelles Aquatic Federation	1:11.27	1:19.70	
14 Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	1:24.54	1:21.63	
15 Santos, Inara	16	Angola Swimming Team	1:25.38	1:24.90	
16 Ingwe, Sally-Louise S	16	Botswana	1:28.82	1:26.81	
17 Correia, Gabriella C	16	Mozambique Swimming Team	1:27.85	1:28.59	
18 Nchumali, Kayla	16	Mozambique Swimming Team	1:36.28	1:44.92	
--- Keding, Marlene	15	Namibia B-Team	1:24.75	X1:29.65	
--- Ashipala, Brooklyn A	15	Namibia B-Team	1:36.12	X1:35.72	

Event 70 Boys 15-16 100 LC Meter Butterfly

AA ZONE IV: 56.93 R 06/12/2024 Guy T Wessels					RSA
Name	Age	Team	Seed Time	Finals Time	
1 Wessels, Guy T	16	Republic of South Africa	56.80	56.93 R	
2 Beukes, Luke	16	Namibia A-Team	1:00.74	57.87	
3 Anjos, Enzo	16	Angola Swimming Team	59.63	58.50	
4 Domiter, Claudio J	16	Republic of South Africa	57.94	58.88	
5 Esterhuizen, Lorenzo E	15	Namibia A-Team	1:00.66	59.90	
6 Chan Chuen, Lukas	16	Mauritius	1:02.23	1:00.97	
7 Cole, Mulenga E	15	Zambia	1:00.13	1:01.10	
8 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	1:06.86	1:04.08	
9 Mulenga, Joshua	15	Zambia	1:04.61	1:05.38	
10 Tibazarwa, Mark L	15	Tanzania	1:04.89	1:05.65	
11 Marcos, Elmer R	16	Mozambique Swimming Team	1:04.65	1:08.23	
12 Sousa, Guilherme	16	Angola Swimming Team	1:06.80	1:10.57	
13 Siwela, Joshah	15	Zimbabwe Swimming Federation	1:13.64	1:11.05	
14 Viseu, Keanu E	15	Mozambique Swimming Team	1:13.67	1:12.76	
--- Benade, Kayleb G	15	Namibia B-Team	1:02.37	X1:01.31	
--- Bezuidenhout, Justin J	16	Namibia B-Team	1:04.36	X1:05.44	

Event 71 Girls 17-29 100 LC Meter Butterfly

AA ZONE IV: 1:04.31 R 16/04/2022 Imara Bella Thorpe					KEN
Name	Age	Team	Seed Time	Finals Time	
1 Westerduin, Reza	17	Namibia A-Team	1:06.34	1:07.07	
2 Musere, Matida	17	Zimbabwe Swimming Federation	1:09.74	1:10.34	
3 Harry, Kyra	17	Botswana	1:08.92	1:10.88	
4 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	1:08.35	1:11.66	
5 Ingwe, Kimberly N	19	Botswana	1:10.63	1:12.34	
6 Naukosho, Ariana	17	Namibia A-Team	1:11.50	1:13.32	
7 Deshpande, Khyati	17	Uganda Swimming Team	1:19.46	1:18.60	
8 Silva, Welwitchia	17	Angola Swimming Team	1:19.17	1:19.92	
9 Majongonhe, Dilza	18	Mozambique Swimming Team	1:20.45	1:34.76	

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****Event 72 Boys 17-29 100 LC Meter Butterfly**

AA ZONE IV: 56.31 R 03/05/2023		Salvador Gordo		ANG	
Name	Age	Team	Seed Time	Finals Time	
1	Munguambe, Cleyton A	17	Mozambique Swimming Team	57.44	58.11
2	Le Roux, Corné	22	Namibia A-Team	58.81	58.52
3	Keitsile, Gaamangwe J	17	Botswana	59.20	59.15
4	Wellmann, Arkell J	22	Namibia A-Team	1:00.83	1:00.43
5	Pires, Djamel	21	Angola Swimming Team	1:00.93	1:02.80
6	Vimba, Khaya	17	Zimbabwe Swimming Federation	1:03.69	1:04.58
7	Dlamini, Simanga	27	Eswatini Swimming Association	1:03.15	1:04.59
8	Berejena, Ashley C	17	Zimbabwe Swimming Federation	1:04.85	1:05.09
9	Ferreira, Bruno R	17	Mozambique Swimming Team	1:06.61	1:05.24
10	Bredel, Rafael	17	Angola Swimming Team	1:02.93	1:05.25
11	Kapapa, Timothy	17	Zambia	1:10.66	1:09.12
---	Spangenberg, Shuan	20	Namibia B-Team	1:07.02	X1:04.26
---	Bezuidenhout, Jordan V	18	Namibia B-Team	1:05.47	X1:06.25

Event 73 Girls 11-12 50 LC Meter Backstroke

AA ZONE IV: 32.42 R 03/05/2023		Roselinda Matyayi		NAM	
Name	Age	Team	Seed Time	Finals Time	
1	Watson, Acacia	12	Zimbabwe Swimming Federation	35.88	34.77
2	Nchumali, Kwicia	11	Mozambique Swimming Team	38.95	36.40
3	Haabazoka, Kira	11	Zambia	36.28	36.87
4	Chilisa, Jade	11	Botswana	37.28	37.10
5	Pabalinga, Reabetswe	12	Botswana	38.78	37.49
6	Gomes, Micah	12	Zambia	37.57	37.60
7	Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	38.82	37.82
8	Mostert, Dané	12	Namibia A-Team	38.11	39.29
9	Ashikoto, Suraya A	12	Namibia A-Team	38.19	39.58
10	Massingue, Estela B	12	Mozambique Swimming Team	40.03	40.39
11	Guimaraes, Carolina	12	Angola Swimming Team	44.04	46.66
12	Dlamini, Rachel	12	Eswatini Swimming Association	NT	48.72
13	Dlamini, Leah	12	Eswatini Swimming Association	NT	49.42
---	Dippenaar, Katja R	11	Namibia B-Team	38.70	X37.88
---	Losper, Aaliyah J	10	Namibia B-Team	42.22	X39.95

Event 74 Boys 11-12 50 LC Meter Backstroke

AA ZONE IV: 32.30 R 15/04/2022		Mulenga Cole		ZAM	
Name	Age	Team	Seed Time	Finals Time	
1	Rajabalee, Adam	12	Mauritius	34.87	35.10
2	Assubuji, Lawrence C	12	Mozambique Swimming Team	37.93	35.77
3	Bwisho, Kristian Mugumya	11	Uganda Swimming Team	36.35	36.21
4	Diehl, Aiden P	11	Namibia A-Team	36.63	36.43
5	Basto, Goncalo M	12	Mozambique Swimming Team	37.48	36.75
6	Badenhorst, Oelof O	10	Namibia A-Team	37.65	36.85
7	Katandula, Taveleri	11	Malawi Aquatic Union	38.50	37.27
8	Potgieter, Josea P	12	Eswatini Swimming Association	38.37	37.35
9	Nkosi, Nkosinathi	12	Zambia	41.03	39.48
10	Palha, Lucas	12	Angola Swimming Team	40.79	39.68
11	Jere, Mandla N	12	Zambia	40.17	40.04
12	Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	41.25	40.58
13	Barbosa, Tsailin	11	Eswatini Swimming Association	44.91	43.37
---	Armstrong, Jeandre	10	Namibia B-Team	40.87	X41.07
---	Erni, Julian M	10	Namibia B-Team	39.57	X41.78

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****Event 75 Girls 13-14 50 LC Meter Backstroke**

AA ZONE IV: 31.42 R 06/12/2024		Roselinda Matyayi		NAM-A	
Name	Age	Team	Seed Time	Finals Time	
1	Matyayi, Roselinda	14 Namibia A-Team	30.50	31.42 R	
2	Chivandire, Elicia T	13 Zimbabwe Swimming Federation	33.06	32.73	
3	Naukosho, Ainoa	13 Namibia A-Team	32.68	32.78	
4	Johnsen, Alexis	14 Zimbabwe Swimming Federation	34.67	33.50	
5	Venter, Zuria I	14 Republic of South Africa	32.79	33.75	
6	Mgcina, Maya	14 Republic of South Africa	34.93	34.48	
7	Pedro, Beatriz	14 Angola Swimming Team	35.16	34.94	
8	Rajabalee, Keira	14 Mauritius	35.70	35.30	
9	Berlouis, Keira	14 Seychelles Aquatic Federation	35.13	35.63	
10	Gondo, Matipaishe	14 Botswana	36.05	35.69	
11	Chama, Natania	13 Zambia	35.66	35.98	
12	Mpfumo, Marta C	14 Mozambique Swimming Team	36.37	36.32	
13	Costa, Aline A	14 Mozambique Swimming Team	37.09	37.01	
14	Andrianarison, Haingoniala Hanr	14 Madagascar Aquatics	37.63	37.30	
15	Morebodi, Maeva	13 Botswana	35.72	37.61	
16	Kanjadza, Danielle	13 Malawi Aquatic Union	40.50	40.02	
17	Wilsch, Danika	13 Eswatini Swimming Association	40.56	40.08	
18	Mtsetfwa, Sibó	14 Eswatini Swimming Association	48.85	51.36	
---	Ellis, Lilia	14 Namibia B-Team	35.19	X34.96	
---	Schnebel, Sandra	13 Namibia B-Team	36.74	X36.10	

Event 76 Boys 13-14 50 LC Meter Backstroke

AA ZONE IV: 29.14 R 06/12/2024		Ramano S Sefehle		RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Sefehle, Ramano S	14 Republic of South Africa	29.22	29.14 R	
2	Lutchman, Skyler C	14 Republic of South Africa	29.87	29.70	
3	Feris, Rodney	14 Namibia A-Team	29.91	29.94	
4	Nkomazana, Kwandokuhle	14 Zimbabwe Swimming Federation	31.24	30.18	
5	Chisholm, Callum	13 Zimbabwe Swimming Federation	32.99	32.11	
6	Guimaraes, Santiago	14 Angola Swimming Team	32.06	32.32	
7	Rakoto, Hariela Ryan	13 Madagascar Aquatics	34.96	32.55	
8	Doorbeegassing, Dwain	14 Mauritius	31.98	32.78	
9	Bakwena, Leruo J	13 Botswana	34.41	33.14	
10	Fraser, Luca	14 Eswatini Swimming Association	31.94	33.67	
11	Chongwe, Ian	14 Malawi Aquatic Union	35.98	34.20	
12	Coetzee, Jannes H	14 Namibia A-Team	32.63	34.51	
13	Baptista, Mario	14 Angola Swimming Team	36.28	34.76	
14	Makwenda, Jeremiah	14 Malawi Aquatic Union	35.13	34.82	
15	Gondwe, Takondwa	13 Zambia	37.38	35.14	
16	Nthomiwa, Wapego	14 Botswana	36.94	35.55	
17	Mukisa, Elijah S	13 Uganda Swimming Team	34.98	36.15	
18	Munthali, Kaizer	14 Zambia	38.44	37.87	

Event 77 Girls 15-16 50 LC Meter Backstroke

AA ZONE IV: 30.99 R 06/12/2024		Scarlett Le Roux		RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Le Roux, Scarlett	16 Republic of South Africa	30.42	30.99 R	
2	Bergh, Madison S	15 Namibia A-Team	31.60	33.01	
3	Silva, Carlota	16 Angola Swimming Team	33.03	33.24	
4	Saleshando, Melodi	15 Botswana	33.35	33.45	
5	Kisawuzi, Tara A	16 Uganda Swimming Team	32.86	33.53	
6	Chandiwana, Tanatswa	16 Zimbabwe Swimming Federation	34.34	33.55	
7	Frösler, Mikayla A	15 Republic of South Africa	33.35	33.78	
8	Slinger, Gizelle	15 Namibia A-Team	34.86	34.50	

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Results

(Event 77 Girls 15-16 50 LC Meter Backstroke)

Name	Age	Team	Seed Time	Finals Time
9 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	34.10	35.20
10 Mbewe, Winnie M	15	Zambia	35.77	35.29
11 Hoy, Hayley	16	Eswatini Swimming Association	33.08	35.62
12 Kapapa, Alexandra	15	Zambia	35.66	35.80
13 Chandiwana, Tafadzwa	16	Zimbabwe Swimming Federation	38.66	36.12
14 Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	36.50	37.32
15 Seipone, Jessica	16	Botswana	36.64	37.76
16 Albino, Nemzi L	15	Mozambique Swimming Team	33.84	38.82
17 Simelane, Bahle N	16	Eswatini Swimming Association	41.81	41.94
--- Keding, Marlene	15	Namibia B-Team	37.38	X37.86
--- Ashipala, Brooklyn A	15	Namibia B-Team	37.95	X38.20

Event 78 Boys 15-16 50 LC Meter Backstroke

AA ZONE IV:	28.30	R	06/12/2024	Tendry Rakotobe	MAD
Name	Age	Team	Seed Time	Finals Time	
1 Rakotobe, Tendry	15	Madagascar Aquatics	28.00	28.30	R
2 Wessels, Guy T	16	Republic of South Africa	29.53	28.82	
3 Esterhuizen, Lorenzo E	15	Namibia A-Team	28.35	28.85	
*4 Chan Chuen, Lukas	16	Mauritius	29.57	29.35	
*4 Beukes, Luke	16	Namibia A-Team	29.09	29.35	
6 Cole, Mulenga E	15	Zambia	31.39	30.33	
7 Smit, Luka	16	Malawi Aquatic Union	30.80	30.58	
8 Cohen, Mason E	15	Mozambique Swimming Team	30.00	30.98	
9 Marcos, Elmer R	16	Mozambique Swimming Team	29.75	31.01	
10 Mulenga, Joshua	15	Zambia	31.90	31.31	
11 Fernandes, Carlos	15	Angola Swimming Team	31.61	31.39	
12 Siwela, Joshah	15	Zimbabwe Swimming Federation	31.88	32.58	
13 Chibva, Nathan	15	Zimbabwe Swimming Federation	33.72	32.94	
14 Donnel, Tobias	15	Botswana	32.87	32.95	
15 Indrano Chan, Warren	15	Madagascar Aquatics	33.00	34.32	
16 Matenge, Larona	16	Botswana	35.26	36.20	
17 De Sousa, Pedro	16	Eswatini Swimming Association	NT	38.23	
--- Benade, Kayleb G	15	Namibia B-Team	29.68	X31.32	
--- Bezuidenhout, Justin J	16	Namibia B-Team	31.35	X31.67	
--- Domiter, Claudio J	16	Republic of South Africa	27.56	DQ	
6.3 Head did not break the surface of the water at or before the 15m mark following the st					
--- Nakhuda, Alyosha	16	Mauritius	NT	NS	

Event 79 Girls 17-29 50 LC Meter Backstroke

AA ZONE IV:	30.49	R	15/04/2022	Donata Katai	ZIM
Name	Age	Team	Seed Time	Finals Time	
1 Palestrini, Aaliyah	21	Seychelles Aquatic Federation	32.00	32.19	
2 Westerduin, Reza	17	Namibia A-Team	32.70	32.45	
3 Findlay, Marlise R	17	Zambia	32.63	32.52	
4 Ingwe, Kimberly N	19	Botswana	33.14	33.25	
5 Labuschagne, Isabelle	17	Seychelles Aquatic Federation	32.99	33.37	
6 Rey, Salomé M	17	Namibia A-Team	33.54	33.92	
7 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	33.93	34.01	
8 Musere, Matida	17	Zimbabwe Swimming Federation	32.48	35.24	
9 Harry, Kyra	17	Botswana	35.41	35.43	
10 Xavier, Filipa A	18	Mozambique Swimming Team	33.44	36.22	
11 Deshpande, Khyati	17	Uganda Swimming Team	39.31	37.77	
12 Silva, Welwitchia	17	Angola Swimming Team	37.92	38.32	
13 Majongonhe, Dilza	18	Mozambique Swimming Team	39.66	39.10	
14 Dlamini, Nosimilo	19	Eswatini Swimming Association	NT	48.20	
--- Benade, Quelin H	17	Namibia B-Team	34.98	X37.75	

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AA ZONE IV: 27.94 R 06/12/2024 Kaio d Faftine				MOZ	
Name	Age	Team	Seed Time	Finals Time	
1	Faftine, Kaio d	18 Mozambique Swimming Team	28.31	27.94 R	
2	Ferley, Amos	18 Seychelles Aquatic Federation	28.10	28.25	
3	Gondo, Takundan Ashe	20 Botswana	28.24	28.27	
4	Ramiakatrarivo, Ando Francky	23 Madagascar Aquatics	27.95	28.72	
5	Engelhard, Robin	18 Namibia A-Team	29.35	28.93	
6	Kaganda, Joshua	17 Uganda Swimming Team	29.10	29.39	
7	Wellmann, Arkell J	22 Namibia A-Team	29.52	29.47	
8	De Swardt, Jayden	18 Zimbabwe Swimming Federation	30.17	29.71	
9	Costa, Luyane	24 Angola Swimming Team	29.72	30.17	
10	Keitsile, Gaamangwe J	17 Botswana	29.62	31.06	
11	Bredel, Rafael	17 Angola Swimming Team	31.00	31.16	
12	Tati, Janel	18 Angola Swimming Team	31.80	x32.16	
13	Ferreira, Bruno R	17 Mozambique Swimming Team	34.45	33.03	
14	Dlamini, Simphiwe	25 Eswatini Swimming Association	35.40	35.12	
15	Soilihi, Ilsam	19 Comoros	27.77	1:17.15	
---	Nell, Noah S	19 Namibia B-Team	30.75	X30.75	
---	Bezuidenhout, Jordan V	18 Namibia B-Team	31.93	X33.57	

Event 81 Girls 11-12 100 LC Meter Breaststroke

AA ZONE IV: 1:19.92 R 18/02/2017 Alicia Kok Shun				MRI	
Name	Age	Team	Seed Time	Finals Time	
1	Massingue, Estela B	12 Mozambique Swimming Team	1:26.14	1:25.27	
2	Van Wyk, Roze	11 Namibia A-Team	1:31.34	1:27.96	
3	Chicumbe, Angela	12 Mozambique Swimming Team	1:26.50	1:28.43	
4	Muyambango, Melissa	12 Zambia	1:31.27	1:31.22	
5	Matabeya, Farai	12 Zimbabwe Swimming Federation	1:35.37	1:32.48	
6	Gomes, Micah	12 Zambia	1:33.81	1:33.31	
7	Glen-Spyron, Sofia B	10 Namibia A-Team	1:38.71	1:37.43	
8	Chongwe, Davina	10 Malawi Aquatic Union	1:51.53	1:39.65	
---	Kibble, Lillian	12 Namibia B-Team	1:37.02	X1:37.25	
---	Wenk, Olivia	12 Namibia B-Team	1:42.41	X1:40.38	
---	Dunkley, Amaranthine	11 Zimbabwe Swimming Federation	1:32.83	NS	

Event 82 Boys 11-12 100 LC Meter Breaststroke

AA ZONE IV: 1:16.36 R 18/02/2017 Mikah K Burger				NAM	
Name	Age	Team	Seed Time	Finals Time	
1	Badenhorst, Oelof O	10 Namibia A-Team	1:26.47	1:24.42	
2	Assubuji, Lawrence C	12 Mozambique Swimming Team	1:31.48	1:28.44	
3	Bwisho, Kristian Mugumya	11 Uganda Swimming Team	1:36.78	1:29.67	
4	Durand, Patrick	11 Namibia A-Team	1:29.22	1:31.12	
5	Basto, Goncalo M	12 Mozambique Swimming Team	1:35.48	1:33.84	
6	Musere, Timukudze	12 Zimbabwe Swimming Federation	1:35.62	1:34.80	
7	Samaras, Lucas S	12 Zambia	1:47.62	1:38.77	
8	Katandula, Taveleri	11 Malawi Aquatic Union	1:47.77	1:40.73	
9	Barbosa, Tsailin	11 Eswatini Swimming Association	1:52.38	1:50.85	
---	Armstrong, Jeandre	10 Namibia B-Team	1:36.45	X1:36.45	
---	Kibble, Harry C	11 Namibia B-Team	1:41.17	X1:43.63	
---	Opperman, Conrad	10 Seychelles Aquatic Federation	1:31.62	DQ	
	7.5 Executed a downward butterfly kick during stroke				
---	Potgieter, Josea P	12 Eswatini Swimming Association	NT	NS	

Event 83 Girls 13-14 100 LC Meter Breaststroke

AA ZONE IV: 1:13.33 R 22/04/2016 Varen Lutchmanen				MRI	
Name	Age	Team	Seed Time	Finals Time	
1	Venter, Zuria I	14 Republic of South Africa	1:18.40	1:17.43	

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Results

(Event 83 Girls 13-14 100 LC Meter Breaststroke)

Name	Age	Team	Seed Time	Finals Time
2 Roman, Jemmah A	13	Republic of South Africa	1:21.05	1:20.15
3 Bhulabhai, Neema	13	Zimbabwe Swimming Federation	1:23.88	1:20.16
4 De Sousa, Vitoria J	14	Namibia A-Team	1:26.75	1:22.22
5 Rakotonanahary, Oceane	14	Madagascar Aquatics	1:19.18	1:22.76
6 Desai, Ayanna M	13	Zambia	1:26.71	1:25.13
7 Naukosho, Ainoa	13	Namibia A-Team	1:24.51	1:25.79
8 Jones, Kristin	14	Zimbabwe Swimming Federation	1:30.55	1:28.21
9 Santos, Kaila	13	Angola Swimming Team	1:27.36	1:28.65
10 Gondo, Matipaishe	14	Botswana	1:25.67	1:28.82
11 Andrianarison, Haingoniala Hanr	14	Madagascar Aquatics	1:27.64	1:30.61
*12 Msonda, Kayla	13	Malawi Aquatic Union	1:34.40	1:34.03
*12 Issufo, Rihana T	13	Mozambique Swimming Team	1:33.41	1:34.03
14 Costa, Aline A	14	Mozambique Swimming Team	1:37.73	1:37.86
15 Mc Namara, Kendra	13	Eswatini Swimming Association	1:42.84	1:38.96
16 Nunes, Daniella	13	Eswatini Swimming Association	1:45.27	1:56.37
--- Ellis, Lilia	14	Namibia B-Team	1:26.39	X1:24.44
--- Meyer, Cara	13	Namibia B-Team	1:29.27	X1:30.60
--- Vongo, Kenenise	14	Angola Swimming Team	1:26.01	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

Event 84 Boys 13-14 100 LC Meter Breaststroke

AA ZONE IV: 1:08.64 R 18/02/2017		Oliver Wong Chap Lan	MRI	
Name	Age	Team	Seed Time	Finals Time
1 Goller, Matthew	14	Republic of South Africa	1:16.11	1:15.18
2 Raynard, EVERRAUD M	14	Republic of South Africa	1:16.16	1:16.46
3 Fraser, Luca	14	Eswatini Swimming Association	1:11.24	1:19.26
4 Fayayo, Sibusiso	14	Zimbabwe Swimming Federation	1:20.10	1:19.36
5 Modirelabangwe, Tema	14	Botswana	1:23.19	1:22.30
6 Nguvo, William	14	Angola Swimming Team	1:25.57	1:24.51
7 Nthomiwa, Wapego	14	Botswana	1:27.28	1:24.57
8 van Wyk, Ermano	14	Namibia A-Team	1:24.67	1:25.01
9 Jerahuni, Nathaniel	14	Zimbabwe Swimming Federation	1:24.28	1:25.81
10 Bergh, Riley R	13	Namibia A-Team	1:29.41	1:26.88
11 Msiska, Vinjeru	14	Malawi Aquatic Union	1:28.71	1:27.55
12 Chongwe, Ian	14	Malawi Aquatic Union	1:28.09	1:28.59
13 Mukisa, Elijah S	13	Uganda Swimming Team	1:29.33	1:31.02
--- Dode, Davi	14	Angola Swimming Team	1:29.12	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

Event 85 Girls 15-16 100 LC Meter Breaststroke

AA ZONE IV: 1:14.23 R 18/02/2017		Christin Mundell	RSA	
Name	Age	Team	Seed Time	Finals Time
1 Dube, Caitlyn K	15	Republic of South Africa	1:17.95	1:19.36
2 Saleshando, Melodi	15	Botswana	1:22.49	1:22.09
3 Albino, Nemzi L	15	Mozambique Swimming Team	1:23.48	1:23.20
4 Kapapa, Alexandra	15	Zambia	1:24.13	1:24.75
5 Geysler, Mikayla	15	Namibia A-Team	1:27.60	1:25.94
6 Mahobebe, Loyiso	16	Zimbabwe Swimming Federation	1:30.02	1:28.89
7 Schlalbitz, Nora L	15	Namibia A-Team	1:28.71	1:28.93
8 Santos, Neizla	16	Angola Swimming Team	1:26.91	1:29.13
9 Mostert, Savannah	16	Republic of South Africa	1:24.15	1:30.66
10 Correia, Gabriella C	16	Mozambique Swimming Team	1:31.97	1:32.17
11 Seipone, Jessica	16	Botswana	1:35.53	1:36.20
12 Mzenzo, Rhinniah	15	Malawi Aquatic Union	1:51.98	1:39.59
--- Ashipala, Brooklyn A	15	Namibia B-Team	1:36.62	X1:35.79
--- Keding, Marlene	15	Namibia B-Team	1:38.19	X1:38.87

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****Event 86 Boys 15-16 100 LC Meter Breaststroke**

AA ZONE IV: 1:06.73 R 16/04/2022 Caio Lobo

MOZ

Name	Age	Team	Seed Time	Finals Time
1 Daniels, Adam M	15	Republic of South Africa	1:09.43	1:10.55
2 February, Gerard G	15	Republic of South Africa	1:09.40	1:11.56
3 Bock, Nathan R	15	Namibia A-Team	1:11.70	1:11.57
4 Chibva, Nathan	15	Zimbabwe Swimming Federation	1:12.63	1:11.90
5 Cohen, Mason E	15	Mozambique Swimming Team	1:10.41	1:12.40
6 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	1:15.40	1:13.02
7 Esterhuizen, Lorenzo E	15	Namibia A-Team	1:12.74	1:14.45
8 Matenge, Larona	16	Botswana	1:15.04	1:14.82
9 Donnel, Tobias	15	Botswana	1:15.06	1:14.98
10 Marques, Rodrigo D	15	Mozambique Swimming Team	1:17.25	1:16.03
11 Anjos, Enzo	16	Angola Swimming Team	1:17.37	1:16.25
12 Fernandes, Carlos	15	Angola Swimming Team	1:19.06	1:18.05
13 Augustine, Troy Kyllian	15	Mauritius	1:18.86	1:19.43
14 Lutaaya, Benjamin	15	Uganda Swimming Team	1:17.41	1:19.93
15 Koty Germic Regallo, Del Cielo Ch	16	Madagascar Aquatics	1:14.48	1:20.11
16 De Sousa, Pedro	16	Eswatini Swimming Association	1:23.34	1:24.69
--- Armstrong, Lee-Jay N	16	Namibia B-Team	1:16.37	X1:15.69
--- Nell, Tristan T	16	Namibia B-Team	1:18.48	X1:22.49
--- Cole, Mulenga E	15	Zambia	1:18.73	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

Event 87 Girls 17-29 100 LC Meter Breaststroke

AA ZONE IV: 1:15.25 R 16/04/2022 Tilka Paljk

ZAM

Name	Age	Team	Seed Time	Finals Time
1 Coates, Johanna K	18	Zambia	1:18.03	1:17.79
2 Naukosho, Ariana	17	Namibia A-Team	1:20.79	1:21.28
3 Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	1:19.78	1:21.97
4 Steyn, Carissa L	17	Namibia A-Team	1:24.41	1:22.82
5 Musere, Matida	17	Zimbabwe Swimming Federation	1:32.27	1:26.75
6 Roff, Matilde P	17	Mozambique Swimming Team	1:27.32	1:28.65
7 Ingwe, Kimberly N	19	Botswana	1:29.99	1:29.81
8 Harry, Kyra	17	Botswana	1:32.69	1:32.27
9 Silva, Welwitchia	17	Angola Swimming Team	1:30.47	1:33.32
10 Deshpande, Khyati	17	Uganda Swimming Team	1:38.75	1:34.42
11 Guerreiro, Sara K	17	Mozambique Swimming Team	1:40.37	1:41.47

Event 88 Boys 17-29 100 LC Meter Breaststroke

AA ZONE IV: 1:06.95 R 16/04/2022 Matthew Lawrence

MOZ

Name	Age	Team	Seed Time	Finals Time
1 Faftine, Kaio d	18	Mozambique Swimming Team	1:07.38	1:07.82
2 De Swardt, Jayden	18	Zimbabwe Swimming Federation	1:08.87	1:09.04
3 Ning, Chadd	18	Eswatini Swimming Association	1:08.87	1:10.44
4 Sethi, Khalil	17	Botswana	1:09.90	1:10.45
5 Vimba, Khaya	17	Zimbabwe Swimming Federation	1:11.10	1:11.26
6 Wellmann, Arkell J	22	Namibia A-Team	1:12.96	1:11.62
7 Pires, Djamel	21	Angola Swimming Team	1:11.30	1:13.55
8 Kapapa, Timothy	17	Zambia	1:16.95	1:14.50
9 Gondo, Takundanashe	20	Botswana	1:16.35	1:15.52
10 Viljoen, René H	23	Namibia A-Team	1:13.33	1:17.14
11 Ferreira, Bruno R	17	Mozambique Swimming Team	1:20.13	1:25.68
--- Vika, Sebastiao	23	Angola Swimming Team	1:11.71	DQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

--- Nell, Noah S 19 Namibia B-Team 1:17.20 XDQ

7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn

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Results

Event 89 Girls 11-12 50 LC Meter Freestyle

AA ZONE IV: 28.85 R 16/04/2016		Paige Van Der Westhuizen		ZIM	
Name	Age	Team	Seed Time	Finals Time	
1	Chicumbe, Angela	12	Mozambique Swimming Team	30.77	30.07
2	Chilisa, Jade	11	Botswana	30.74	30.39
3	Matabeya, Farai	12	Zimbabwe Swimming Federation	31.36	30.64
4	Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	32.37	30.71
5	Magubbwi, Chisi M	12	Zambia	30.87	30.93
6	Sitamulaho, Neriah	12	Zambia	31.03	30.95
7	Pabalinga, Reabetswe	12	Botswana	32.21	30.98
8	Van Wyk, Roze	11	Namibia A-Team	33.02	32.47
9	Newaj, Tea	12	Mauritius	34.35	32.64
10	Ashikoto, Suraya A	12	Namibia A-Team	32.46	32.86
*11	Guimaraes, Carolina	12	Angola Swimming Team	33.34	33.18
*11	Teixeira, Irina M	12	Mozambique Swimming Team	33.76	33.18
13	Chongwe, Davina	10	Malawi Aquatic Union	36.88	33.96
14	Dlamini, Leah	12	Eswatini Swimming Association	38.78	36.57
15	Dlamini, Rachel	12	Eswatini Swimming Association	42.45	38.12
---	Wenk, Olivia	12	Namibia B-Team	34.11	X33.87
---	Dippenaar, Katja R	11	Namibia B-Team	35.40	X34.46

Event 90 Boys 11-12 50 LC Meter Freestyle

AA ZONE IV: 26.65 R 16/04/2022		Mulenga Cole		ZAM	
Name	Age	Team	Seed Time	Finals Time	
1	Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	30.31	29.30
2	Pioris, Whato E	11	Mozambique Swimming Team	30.80	30.01
3	Jere, Mandla N	12	Zambia	30.35	30.87
4	Rajabalee, Adam	12	Mauritius	32.20	30.96
5	Bock, Daniel L	12	Namibia A-Team	32.17	30.97
6	Nkosi, Nkosinathi	12	Zambia	31.18	31.35
*7	Mabombo, Kenzo	11	Mozambique Swimming Team	33.23	32.24
*7	Opperman, Conrad	10	Seychelles Aquatic Federation	31.56	32.24
9	Durand, Patrick	11	Namibia A-Team	32.35	32.49
10	Katandula, Taveleri	11	Malawi Aquatic Union	35.85	33.02
11	Palha, Lucas	12	Angola Swimming Team	32.70	33.10
12	Barbosa, Tsailin	11	Eswatini Swimming Association	34.98	34.85
13	Musere, Timukudze	12	Zimbabwe Swimming Federation	33.94	38.55
---	Erni, Julian M	10	Namibia B-Team	35.71	X35.04
---	Armstrong, Jeandre	10	Namibia B-Team	35.34	X35.35
---	Bwisho, Kristian Mugumya	11	Uganda Swimming Team	30.80	DQ
	4.4 Initiating a start before the signal				
---	Potgieter, Josea P	12	Eswatini Swimming Association	31.74	NS

Event 91 Girls 13-14 50 LC Meter Freestyle

AA ZONE IV: 27.74 R 18/02/2019		Kirabo Namutebi		UGA	
Name	Age	Team	Seed Time	Finals Time	
1	Johnsen, Alexis	14	Zimbabwe Swimming Federation	28.14	27.86
2	Rakotonanahary, Oceane	14	Madagascar Aquatics	29.20	28.29
3	Matyayi, Roselinda	14	Namibia A-Team	29.14	28.40
4	Venter, Zuria I	14	Republic of South Africa	28.75	28.46
5	Naukosho, Ainoa	13	Namibia A-Team	29.32	28.59
6	Chama, Natania	13	Zambia	29.25	28.85
7	Roman, Jemmah A	13	Republic of South Africa	29.03	28.87
8	Berlouis, Keira	14	Seychelles Aquatic Federation	29.75	29.09
9	Gondo, Matipaishe	14	Botswana	29.38	29.11
10	Mpfumo, Marta C	14	Mozambique Swimming Team	29.51	30.21
11	Chivandire, Eliencia T	13	Zimbabwe Swimming Federation	29.41	30.34

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024

Results

(Event 91 Girls 13-14 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
12 Lobo, Liah C	14	Mozambique Swimming Team	31.36	30.74
13 Vunge, Chelsea	14	Angola Swimming Team	30.63	30.82
14 Pedro, Beatriz	14	Angola Swimming Team	31.43	30.95
15 Rajabalee, Keira	14	Mauritius	31.84	32.01
16 Desai, Ayanna M	13	Zambia	32.76	32.70
17 Kanjadza, Danielle	13	Malawi Aquatic Union	34.78	33.26
*18 Mc Namara, Kendra	13	Eswatini Swimming Association	32.30	33.89
*18 Wilsch, Danika	13	Eswatini Swimming Association	35.12	33.89
--- Ellis, Lilia	14	Namibia B-Team	31.12	X30.42
--- Meyer, Cara	13	Namibia B-Team	31.56	X32.80

Event 92 Boys 13-14 50 LC Meter Freestyle

AA ZONE IV:	24.79	R	18/02/2017	Ethan R Spieker	RSA	
Name	Age	Team	Seed Time	Finals Time		
1 Feris, Rodney	14	Namibia A-Team	26.21	25.79		
2 Lutchman, Skyler C	14	Republic of South Africa	25.38	26.01		
3 Mahaye, Bandile N	13	Republic of South Africa	27.73	26.07		
4 Guimaraes, Santiago	14	Angola Swimming Team	26.37	26.21		
5 Doorbeegassing, Dwain	14	Mauritius	26.73	26.46		
6 Nakhuda, Ruslan	13	Mauritius	26.89	26.86		
7 Nkomazana, Kwandokuhle	14	Zimbabwe Swimming Federation	27.22	27.02		
8 Modirelabangwe, Tema	14	Botswana	27.31	27.06		
9 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	27.10	27.41		
10 Makwenda, Jeremiah	14	Malawi Aquatic Union	28.95	27.54		
11 Bakwena, Leruo J	13	Botswana	28.51	27.61		
12 Mkavea, Tasunje	14	Malawi Aquatic Union	27.50	27.66		
13 Baptista, Mario	14	Angola Swimming Team	28.60	28.19		
14 Donzva, Ethan	14	Zimbabwe Swimming Federation	27.86	28.31		
15 Fraser, Luca	14	Eswatini Swimming Association	27.70	28.37		
16 Coetzee, Jannes H	14	Namibia A-Team	27.89	28.42		
17 Marie, Tyron	13	Seychelles Aquatic Federation	29.56	28.49		
18 Gondwe, Takondwa	13	Zambia	30.09	29.61		
19 Mukisa, Elijah S	13	Uganda Swimming Team	31.06	30.21		
20 Munthali, Kaizer	14	Zambia	30.71	30.34		

Event 93 Girls 15-16 50 LC Meter Freestyle

AA ZONE IV:	26.95	R	18/02/2019	Kelsea Munro	RSA	
Name	Age	Team	Seed Time	Finals Time		
1 Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	27.25	27.50		
2 Le Roux, Scarlett	16	Republic of South Africa	26.98	27.54		
3 Chandiwana, Tanatswa	16	Zimbabwe Swimming Federation	27.42	27.69		
4 Kisawuzi, Tara A	16	Uganda Swimming Team	28.11	28.40		
5 Saleshando, Melodi	15	Botswana	29.27	28.60		
6 Silva, Carlota	16	Angola Swimming Team	28.36	28.79		
*7 Mbewe, Winnie M	15	Zambia	29.94	29.39		
*7 Santo, Rhanya	15	Angola Swimming Team	29.57	29.39		
9 Geyser, Mikayla	15	Namibia A-Team	29.61	29.47		
10 AH Chip, Chloe	15	Mauritius	30.27	29.60		
11 Bristol, Dorianne	15	Seychelles Aquatic Federation	29.31	29.69		
12 Thomas, Lea Bethany	15	Mauritius	29.59	29.74		
13 Mostert, Savannah	16	Republic of South Africa	28.80	29.83		
14 Kapapa, Alexandra	15	Zambia	30.25	30.07		
15 Slinger, Gizelle	15	Namibia A-Team	30.33	30.33		
16 Ingwe, Sally-Louise S	16	Botswana	31.14	30.97		
17 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	31.03	31.04		
18 Albino, Nemzi L	15	Mozambique Swimming Team	30.84	31.33		

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(Event 93 Girls 15-16 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
19 Mzengo, Rhinniah	15	Malawi Aquatic Union	32.16	32.67
20 Simelane, Bahle N	16	Eswatini Swimming Association	37.33	36.78
--- Hansen, Mikayla P	16	Namibia B-Team	33.32	X31.92
--- Keding, Marlene	15	Namibia B-Team	33.35	X32.71

Event 94 Boys 15-16 50 LC Meter Freestyle

AA ZONE IV: 24.12 R 06/12/2024		Luke Beukes		NAM-A	
Name	Age	Team	Seed Time	Finals Time	
1 Beukes, Luke	16	Namibia A-Team	24.79	24.12 R	
2 Wessels, Guy T	16	Republic of South Africa	24.89	24.43	
3 Domiter, Claudio J	16	Republic of South Africa	24.79	24.59	
4 Rakotobe, Tendry	15	Madagascar Aquatics	24.75	25.06	
5 Chan Chuen, Lukas	16	Mauritius	25.48	25.17	
6 Smit, Luka	16	Malawi Aquatic Union	24.39	25.19	
7 Anjos, Enzo	16	Angola Swimming Team	24.91	25.25	
8 Mbao, Benaiah Z	16	Zambia	25.23	25.51	
9 Mulenga, Joshua	15	Zambia	25.55	25.59	
10 Bauernschmitt, Michael B	16	Namibia A-Team	25.75	25.60	
11 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	25.98	25.90	
12 Matenge, Larona	16	Botswana	26.97	26.51	
13 Marcos, Elmer R	16	Mozambique Swimming Team	26.54	26.64	
14 Foo Sem Fah, Lucas	16	Mauritius	26.60	26.78	
15 Sousa, Guilherme	16	Angola Swimming Team	26.78	26.79	
16 Chibva, Nathan	15	Zimbabwe Swimming Federation	27.31	27.10	
17 Viseu, Keanu E	15	Mozambique Swimming Team	27.20	27.60	
18 Donnel, Tobias	15	Botswana	27.64	28.14	
19 De Sousa, Pedro	16	Eswatini Swimming Association	29.70	29.62	
--- Armstrong, Lee-Jay N	16	Namibia B-Team	26.45	X26.28	
--- Bezuidenhout, Justin J	16	Namibia B-Team	27.27	X27.20	

Event 95 Girls 17-29 50 LC Meter Freestyle

AA ZONE IV: 26.45 R 16/04/2022		Kirabo Namutebi		UGA	
Name	Age	Team	Seed Time	Finals Time	
1 Coates, Johanna K	18	Zambia	29.26	28.16	
2 Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	29.18	28.40	
3 Findlay, Marlise R	17	Zambia	28.77	28.68	
4 Harry, Kyra	17	Botswana	28.85	28.81	
5 Brinkmann, Maja J	17	Namibia A-Team	29.72	28.97	
6 Labuschagne, Isabelle	17	Seychelles Aquatic Federation	29.56	29.45	
7 Palestrini, Aaliyah	21	Seychelles Aquatic Federation	29.50	29.63	
8 Musere, Matida	17	Zimbabwe Swimming Federation	32.09	29.70	
9 Ingwe, Kimberly N	19	Botswana	30.34	30.11	
10 Naukosho, Ariana	17	Namibia A-Team	30.90	30.42	
11 Silva, Welwitchia	17	Angola Swimming Team	30.26	30.75	
12 Xavier, Filipa A	18	Mozambique Swimming Team	31.60	32.27	
13 Gil, Larissa F	19	Mozambique Swimming Team	30.88	32.36	
14 Dlamini, Nosimilo	19	Eswatini Swimming Association	35.44	36.61	
--- Benade, Quelin H	17	Namibia B-Team	29.12	X29.77	

Event 96 Boys 17-29 50 LC Meter Freestyle

AA ZONE IV: 23.93 R 16/04/2022		Matthew Lawrence		MOZ	
Name	Age	Team	Seed Time	Finals Time	
1 Ferley, Amos	18	Seychelles Aquatic Federation	24.00	24.05	
*2 Tati, Janel	18	Angola Swimming Team	24.68	24.54	
*2 Engelhard, Robin	18	Namibia A-Team	24.63	24.54	
4 Munguambe, Cleyton A	17	Mozambique Swimming Team	24.43	24.59	

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(Event 96 Boys 17-29 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
5 Ramiakatrarivo, Ando Francky	23	Madagascar Aquatics	24.40	25.07
6 Barradas, Hugo O	17	Mozambique Swimming Team	25.33	25.22
7 De Swardt, Jayden	18	Zimbabwe Swimming Federation	25.83	25.41
8 Viljoen, René H	23	Namibia A-Team	25.73	25.85
9 Bredel, Rafael	17	Angola Swimming Team	25.61	25.87
10 Vimba, Khaya	17	Zimbabwe Swimming Federation	25.67	25.97
11 Kaganda, Joshua	17	Uganda Swimming Team	25.84	26.12
12 Gondo, Takundanashe	20	Botswana	25.93	26.13
13 Kapapa, Timothy	17	Zambia	26.21	26.46
14 Keitsile, Gaamangwe J	17	Botswana	26.28	26.47
15 Dlamini, Simphiwe	25	Eswatini Swimming Association	27.77	28.43
--- Spangenberg, Shuan	20	Namibia B-Team	26.49	X25.94
--- Bezuidenhout, Jordan V	18	Namibia B-Team	26.90	X27.28
--- Soilihi, Ilsam	19	Comoros	25.45	NS

Event 97 Mixed 14 & Under 4x100 LC Meter Medley Relay

AA ZONE IV: 4:24.40 R 06/12/2024 Republic of South Africa RSA

M Goller, Z Venter, J Roman, K Jones

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	4:40.01	4:24.40 R
1) Goller, Matthew M14	2) Venter, Zuria I W14	3) Roman, Jemmah A W13	4) Jones, Kellen T M14
2 Namibia A-Team	A	4:37.77	4:40.54
1) Matyayi, Roselinda W14	2) van Wyk, Ermano M14	3) Feris, Rodney M14	4) Naukosho, Ainoa W13
3 Zimbabwe Swimming Federation	A	4:42.35	4:50.29
1) Chivandire, Elicia T W13	2) Fayayo, Sibusiso M14	3) Chisholm, Callum M13	4) Johnsen, Alexis W14
4 Botswana	A	4:54.89	4:59.57
1) Bakwena, Leruo J M13	2) Gondo, Matipaishe W14	3) Modirelabangwe, Tema M14	4) Mutie, Muela W14
5 Madagascar Aquatics	A	5:09.01	5:00.39
1) Rakoto, Hariela Ryan M13	2) Rakotonanahary, Oceane W14	3) Andrianaho, Marie-Ange Praxas	4) Koty Sampaniaina, Glorio Precio
6 Angola Swimming Team	A	NT	5:01.51
1) Pedro, Beatriz W14	2) Santos, Kaila W13	3) Nguvo, William M14	4) Guimaraes, Santiago M14
7 Mauritius	A	5:05.96	5:07.68
1) Rajabalee, Keira W14	2) Newaj, Tea W12	3) Nakhuda, Ruslan M13	4) Doorbeegassing, Dwain M14
8 Malawi Aquatic Union	A	NT	5:16.05
1) Makwenda, Jeremiah M14	2) Msonda, Kayla W13	3) Mkavea, Tasunje M14	4) Chongwe, Davina W10
9 Mozambique Swimming Team	A	5:08.64	5:18.56
1) Assubuji, Lawrence C M12	2) Massingue, Estela B W12	3) Basto, Goncalo M M12	4) Mpfumo, Marta C W14
10 Zambia	A	NT	5:34.84
1) Gondwe, Takondwa M13	2) Muyambango, Melissa W12	3) Munthali, Kaizer M14	4) Gomes, Micah W12
--- Namibia B-Team	A	5:30.63	X5:44.56
1) Erni, Julian M M10	2) Ellis, Lilia W14	3) Meyer, Cara W13	4) Kibble, Harry C M11

Event 98 Mixed 15 & Over 4x100 LC Meter Medley Relay

AA ZONE IV: 4:16.99 R 06/12/2024 Republic of South Africa RSA

S Le Roux, C Dube, G Wessels, C Domiter

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	4:21.97	4:16.99 R
1) Le Roux, Scarlett W16	2) Dube, Caitlyn K W15	3) Wessels, Guy T M16	4) Domiter, Claudio J M16
2 Namibia A-Team	A	4:21.08	4:25.60
1) Westerduin, Reza W17	2) Bock, Nathan R M15	3) Le Roux, Corné M22	4) Bergh, Madison S W15
3 Botswana	A	4:22.87	4:27.05
1) Ingwe, Kimberly N W19	2) Sethi, Khalil M17	3) Keitsile, Gaamangwe J M17	4) Saleshando, Melodi W15
4 Zambia	A	NT	4:29.90
1) Cole, Mulenga E M15	2) Coates, Johanna K W18	3) Mbao, Benaiah Z M16	4) Findlay, Marlise R W17
5 Angola Swimming Team	A	NT	4:31.84
1) Silva, Carlota W16	2) Pires, Djamel M21	3) Anjos, Enzo M16	4) Santo, Rhanya W15

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(Event 98 Mixed 15 & Over 4x100 LC Meter Medley Relay)

Team	Relay	Seed Time	Finals Time
6 Zimbabwe Swimming Federation	A	4:24.88	4:34.42
1) De Swardt, Jayden M18	2) Vimba, Khaya M17	3) Mahobebe, Mkhuseleli W19	4) Makwabarara, Mikayla W16
7 Mauritius	A	4:39.11	4:42.89
1) Chan Chuen, Lukas M16	2) Augustine, Troy Kyllian M15	3) Thomas, Lea Bethany W15	4) AH Chip, Chloe W15
8 Mozambique Swimming Team	A	4:31.77	4:51.03
1) Domingues, Ana Beatriz F W16	2) Roff, Matilde P W17	3) Munguambe, Cleyton A M17	4) Barradas, Hugo O M17
--- Namibia B-Team	A	4:50.72	X5:06.10
1) Benade, Quelin H W17	2) Spangenberg, Shuan M20	3) Armstrong, Lee-Jay N M16	4) Keding, Marlene W15
--- Uganda Swimming Team	A	NT	DQ
10.14 Relay team did not swim in the order listed			
1) Kaganda, Joshua M17	2) Kisawuzi, Tara A W16	3) Deshpande, Khyati W17	4) Lutaaya, Benjamin M15

Event 99 Girls 11-14 200 LC Meter Butterfly

AA ZONE IV: 2:28.01 R 19/02/2017 Tori C Oliver				RSA	
Name	Age	Team	Seed Time	Finals Time	
1 Roman, Jemmah A	13	Republic of South Africa	2:30.03	2:33.33	
2 Naukosho, Ainoa	13	Namibia A-Team	2:37.22	2:36.32	
3 Sitamulaho, Neria	12	Zambia	3:20.50	3:03.66	
4 Watson, Acacia	12	Zimbabwe Swimming Federation	3:21.58	3:08.15	
5 Andrianaho, Marie-Ange Praxas	14	Madagascar Aquatics	2:50.45	3:08.60	
6 Nyamhunga, Imlah	14	Zimbabwe Swimming Federation	3:03.77	3:11.44	
7 Lobo, Liah C	14	Mozambique Swimming Team	3:19.53	3:12.75	
8 Morebodi, Maeva	13	Botswana	3:08.82	3:16.56	
9 Desai, Ayanna M	13	Zambia	3:12.07	3:27.66	
10 Costa, Aline A	14	Mozambique Swimming Team	3:31.54	3:46.50	
--- Mgcina, Maya	14	Republic of South Africa	2:35.48	DQ	
8.3 Alternating movement of legs or feet					

Event 100 Boys 11-14 200 LC Meter Butterfly

AA ZONE IV: 2:19.83 R 19/02/2019 Victor AH Yong				MRI	
Name	Age	Team	Seed Time	Finals Time	
1 Raynard, Everage M	14	Republic of South Africa	2:21.39	2:22.54	
2 Sefehle, Ramano S	14	Republic of South Africa	2:26.18	2:23.37	
3 Mkavea, Tasunje	14	Malawi Aquatic Union	2:53.47	2:43.52	
4 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	2:46.60	2:44.21	
5 Morgan, Anthony	13	Seychelles Aquatic Federation	2:37.79	2:44.46	
6 Musati, Jeremy	13	Namibia A-Team	2:57.76	2:49.62	
7 Durand, Patrick	11	Namibia A-Team	2:51.18	2:50.05	
8 Bakwena, Leruo J	13	Botswana	3:09.90	3:00.17	
--- Dode, Davi	14	Angola Swimming Team	2:50.01	DQ	
10.2 Did not complete the whole distance					

Event 101 Girls 15-16 200 LC Meter Butterfly

AA ZONE IV: 2:30.12 R 19/02/2019 Heleni Stergiadis				NAM	
Name	Age	Team	Seed Time	Finals Time	
1 Hoy, Hayley	16	Eswatini Swimming Association	2:35.43	2:38.51	
2 Geyser, Mikayla	15	Namibia A-Team	2:36.08	2:42.84	
3 AH Chip, Chloe	15	Mauritius	2:42.31	2:47.93	
4 Mahobebe, Loyiso	16	Zimbabwe Swimming Federation	3:05.82	3:09.73	
5 Nchumali, Kayla	16	Mozambique Swimming Team	3:32.84	3:44.35	
--- Santos, Inara	16	Angola Swimming Team	3:28.10	DQ	
8.3 Alternating movement of legs or feet					
--- Thomas, Lea Bethany	15	Mauritius	2:49.57	DQ	
8.2 Arms not brought forward simultaneously over the water					
--- Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	3:10.10	DQ	
8.5 Completely submerged during the stroke					

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Event 102 Boys 15-16 200 LC Meter Butterfly

AA ZONE IV: 2:10.84 R 03/05/2023 Oliver Durand

NAM

Name	Age	Team	Seed Time	Finals Time
1 Wessels, Guy T	16	Republic of South Africa	2:08.63	2:14.44
2 Esterhuizen, Lorenzo E	15	Namibia A-Team	2:12.43	2:16.75
3 Usadadiya, Heer H	15	Uganda Swimming Team	2:24.62	2:22.57
4 Bauernschmitt, Michael B	16	Namibia A-Team	2:21.88	2:26.82
5 Sousa, Guilherme	16	Angola Swimming Team	2:52.84	2:44.81
--- Benade, Kayleb G	15	Namibia B-Team	2:23.46	X2:29.41
--- Bezuidenhout, Justin J	16	Namibia B-Team	2:22.69	X2:36.86

Event 103 Girls 17-29 200 LC Meter Butterfly

AA ZONE IV: 2:30.07 R 03/05/2023 Lia Lima

ANG

Name	Age	Team	Seed Time	Finals Time
1 Mahobebe, Mkhusele	19	Zimbabwe Swimming Federation	2:30.53	2:40.03
2 Naukosho, Ariana	17	Namibia A-Team	2:41.01	2:42.79
3 Ingwe, Kimberly N	19	Botswana	2:45.11	2:45.83
4 Deshpande, Khyati	17	Uganda Swimming Team	3:05.36	3:05.15
5 Xavier, Filipa A	18	Mozambique Swimming Team	3:01.06	3:27.88

Event 104 Boys 17-29 200 LC Meter Butterfly

AA ZONE IV: 2:10.62 R 03/04/2023 Salvador Gordo

ANG

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Corné	22	Namibia A-Team	2:11.49	2:17.05
2 Wellmann, Arkell J	22	Namibia A-Team	2:15.41	2:18.07
3 Munguambe, Cleyton A	17	Mozambique Swimming Team	2:11.01	2:20.31
4 Keitsile, Gaamangwe J	17	Botswana	2:22.02	2:21.33
5 Ferreira, Bruno R	17	Mozambique Swimming Team	2:29.98	2:28.36
--- Buchert, Jörn	17	Namibia B-Team	2:40.65	X2:51.39
--- Vika, Sebastiao	23	Angola Swimming Team	2:56.80	DQ
8.4 Did not touch at the turn or finish with both hands; separated; simultaneously				
--- Bredel, Rafael	17	Angola Swimming Team	2:36.24	DQ
8.5 Completely submerged during the stroke				

Event 105 Girls 11-12 100 LC Meter Freestyle

AA ZONE IV: 1:03.80 R 16/04/2016 Paige Van Der Westhuizen

ZIM

Name	Age	Team	Seed Time	Finals Time
1 Chicumbe, Angela	12	Mozambique Swimming Team	1:06.18	1:05.51
2 Magubbwi, Chisi M	12	Zambia	1:06.84	1:08.00
3 Dunkley, Amaranthine	11	Zimbabwe Swimming Federation	1:11.74	1:08.64
4 Matabeya, Farai	12	Zimbabwe Swimming Federation	1:09.82	1:09.34
5 Chilisa, Jade	11	Botswana	1:12.51	1:09.92
6 Van Wyk, Roze	11	Namibia A-Team	1:10.39	1:10.01
7 Pabalinga, Reabetswe	12	Botswana	1:12.07	1:10.21
8 Sitamulaho, Neriah	12	Zambia	1:09.68	1:10.68
9 Joubert, Laila	11	Namibia A-Team	1:11.87	1:11.04
10 Newaj, Tea	12	Mauritius	1:13.07	1:12.49
11 Massingue, Estela B	12	Mozambique Swimming Team	1:11.35	1:13.29
12 Guimaraes, Carolina	12	Angola Swimming Team	1:15.03	1:14.96
13 Dlamini, Leah	12	Eswatini Swimming Association	1:35.71	1:31.98
14 Dlamini, Rachel	12	Eswatini Swimming Association	1:43.33	1:37.19
--- Wenk, Olivia	12	Namibia B-Team	1:16.18	X1:14.90
--- Dippenaar, Katja R	11	Namibia B-Team	1:17.16	X1:15.65

Event 106 Boys 11-12 100 LC Meter Freestyle

AA ZONE IV: 58.22 R 17/04/2022 Mulenga Cole

ZAM

Name	Age	Team	Seed Time	Finals Time
1 Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	1:08.29	1:04.72

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(Event 106 Boys 11-12 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
2 Bwisho, Kristian Mugumya	11	Uganda Swimming Team	1:07.79	1:05.23
3 Rajabalee, Adam	12	Mauritius	1:08.84	1:06.39
4 Badenhorst, Oelof O	10	Namibia A-Team	1:10.96	1:08.36
5 Pioris, Whato E	11	Mozambique Swimming Team	1:10.16	1:09.10
6 Nkosi, Nkosinathi	12	Zambia	1:12.07	1:09.32
7 Jere, Mandla N	12	Zambia	1:10.66	1:09.49
8 Basto, Goncalo M	12	Mozambique Swimming Team	1:12.10	1:10.24
9 Durand, Patrick	11	Namibia A-Team	1:08.93	1:11.04
10 Potgieter, Josea P	12	Eswatini Swimming Association	1:16.69	1:13.29
11 Palha, Lucas	12	Angola Swimming Team	1:14.79	1:16.03
12 Barbosa, Tsailin	11	Eswatini Swimming Association	1:22.45	1:22.75
13 Musere, Timukudze	12	Zimbabwe Swimming Federation	1:20.00	1:23.27
--- Erni, Julian M	10	Namibia B-Team	1:16.57	X1:17.43
--- Armstrong, Jeandre	10	Namibia B-Team	1:19.89	X1:19.42

Event 107 Girls 13-14 100 LC Meter Freestyle

AA ZONE IV: 1:01.24 R 07/12/2024		Zuria I Venter		RSA	
Name	Age	Team	Seed Time	Finals Time	
1 Venter, Zuria I	14	Republic of South Africa	1:01.08	1:01.24	R
2 Rakotonanahary, Oceane	14	Madagascar Aquatics	1:03.05	1:01.62	
3 Johnsen, Alexis	14	Zimbabwe Swimming Federation	1:01.97	1:01.95	
4 Mgcina, Maya	14	Republic of South Africa	1:02.89	1:02.41	
5 Naukosho, Ainoa	13	Namibia A-Team	1:03.86	1:03.28	
6 Bhulabhai, Neema	13	Zimbabwe Swimming Federation	1:06.12	1:05.68	
7 Chama, Natania	13	Zambia	1:05.75	1:06.15	
8 Mutie, Muela	14	Botswana	1:08.17	1:06.53	
9 Mpfumo, Marta C	14	Mozambique Swimming Team	1:04.66	1:06.70	
10 Matyayi, Roselinda	14	Namibia A-Team	1:03.57	1:07.34	
11 Gondo, Matipaishe	14	Botswana	1:07.99	1:08.26	
12 Rajabalee, Keira	14	Mauritius	1:09.21	1:08.92	
13 Vunge, Chelsea	14	Angola Swimming Team	1:09.01	1:09.51	
14 Lobo, Liah C	14	Mozambique Swimming Team	1:10.20	1:11.67	
15 Santos, Kaila	13	Angola Swimming Team	1:13.24	1:13.74	
16 Mc Namara, Kendra	13	Eswatini Swimming Association	1:13.00	1:17.42	
17 Wilsch, Danika	13	Eswatini Swimming Association	1:17.08	1:20.27	
--- Ellis, Lilia	14	Namibia B-Team	1:06.55	X1:04.96	
--- Brinkmann, Emma M	13	Namibia B-Team	1:09.06	X1:08.95	

Event 108 Boys 13-14 100 LC Meter Freestyle

AA ZONE IV: 54.81 R 19/02/2017		Ethan R Spieker		RSA	
Name	Age	Team	Seed Time	Finals Time	
1 Feris, Rodney	14	Namibia A-Team	57.47	56.48	
2 Lutchman, Skyler C	14	Republic of South Africa	57.53	58.13	
3 Doorbeegassing, Dwain	14	Mauritius	58.92	58.28	
4 Mahaye, Bandile N	13	Republic of South Africa	1:06.97	58.41	
5 Guimaraes, Santiago	14	Angola Swimming Team	59.02	58.59	
6 Nakhuda, Ruslan	13	Mauritius	58.03	59.13	
7 Modirelabangwe, Tema	14	Botswana	1:02.26	1:00.53	
8 Bakwena, Leruo J	13	Botswana	1:00.41	1:00.58	
9 Mkavea, Tasunje	14	Malawi Aquatic Union	1:01.65	1:00.76	
10 Jean-Baptiste, Nasri	14	Seychelles Aquatic Federation	59.60	1:00.94	
11 Donzva, Ethan	14	Zimbabwe Swimming Federation	1:01.05	1:01.90	
12 Fraser, Luca	14	Eswatini Swimming Association	1:00.77	1:03.34	
13 Makwenda, Jeremiah	14	Malawi Aquatic Union	1:06.24	1:03.60	
14 Coetzee, Jannes H	14	Namibia A-Team	1:02.68	1:04.32	
15 Nguvo, William	14	Angola Swimming Team	1:04.49	1:05.79	

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(Event 108 Boys 13-14 100 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
16 Morgan, Anthony	13	Seychelles Aquatic Federation	59.60	1:06.11
17 Mukisa, Elijah S	13	Uganda Swimming Team	1:08.71	1:06.77
18 Munthali, Kaizer	14	Zambia	1:09.34	1:07.01
19 Gondwe, Takondwa	13	Zambia	1:11.63	1:11.12

Event 109 Girls 15-16 100 LC Meter FreestyleAA ZONE IV: 59.41 R 07/12/2024 **Scarlett Le Roux** RSA

Name	Age	Team	Seed Time	Finals Time
1 Le Roux, Scarlett	16	Republic of South Africa	59.37	59.41 R
2 Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	1:00.08	59.84
3 Chandiwana, Tafadzwa	16	Zimbabwe Swimming Federation	1:02.27	1:02.63
4 Bergh, Madison S	15	Namibia A-Team	1:02.69	1:02.79
5 Saleshando, Melodi	15	Botswana	1:02.76	1:03.58
6 Geysler, Mikayla	15	Namibia A-Team	1:03.69	1:03.70
7 AH Chip, Chloe	15	Mauritius	1:02.65	1:04.28
8 Silva, Carlota	16	Angola Swimming Team	1:02.83	1:04.64
9 Bristol, Dorianne	15	Seychelles Aquatic Federation	1:03.97	1:05.16
10 Mostert, Savannah	16	Republic of South Africa	1:03.20	1:05.26
11 Kapapa, Alexandra	15	Zambia	1:04.86	1:05.29
12 Mbewe, Winnie M	15	Zambia	1:06.68	1:05.50
13 Kisawuzi, Tara A	16	Uganda Swimming Team	1:03.29	1:06.05
14 Santo, Rhanya	15	Angola Swimming Team	1:05.73	1:08.01
15 Domingues, Ana Beatriz F	16	Mozambique Swimming Team	1:09.27	1:09.25
16 Ingwe, Sally-Louise S	16	Botswana	1:07.54	1:10.13
17 Albino, Nemzi L	15	Mozambique Swimming Team	1:08.23	1:10.75
18 Simelane, Bahle N	16	Eswatini Swimming Association	1:33.01	1:29.62
--- Hansen, Mikayla P	16	Namibia B-Team	1:16.72	X1:11.32
--- Keding, Marlene	15	Namibia B-Team	1:12.28	X1:11.46

Event 110 Boys 15-16 100 LC Meter FreestyleAA ZONE IV: 53.39 R 19/02/2017 **Matthew Bosch** RSA

Name	Age	Team	Seed Time	Finals Time
1 Beukes, Luke	16	Namibia A-Team	54.51	53.53
2 Wessels, Guy T	16	Republic of South Africa	53.73	53.86
3 Domiter, Claudio J	16	Republic of South Africa	53.29	54.78
4 Cole, Mulenga E	15	Zambia	54.49	54.82
5 Anjos, Enzo	16	Angola Swimming Team	55.07	54.90
6 Smit, Luka	16	Malawi Aquatic Union	54.54	55.04
7 Chan Chuen, Lukas	16	Mauritius	56.47	55.29
8 Padre, David	16	Angola Swimming Team	56.09	55.89
9 Rakotobe, Tendry	15	Madagascar Aquatics	54.75	56.00
10 Mbao, Benaiah Z	16	Zambia	55.86	56.44
11 Esterhuizen, Lorenzo E	15	Namibia A-Team	56.52	57.68
12 Marcos, Elmer R	16	Mozambique Swimming Team	58.07	58.26
13 Kalipengule, Limbikani	16	Zimbabwe Swimming Federation	57.55	58.38
14 Tibazarwa, Mark L	15	Tanzania	56.79	59.05
15 Foo Sem Fah, Lucas	16	Mauritius	57.66	59.16
16 Chibva, Nathan	15	Zimbabwe Swimming Federation	58.69	1:00.27
17 Indrano Chan, Warren	15	Madagascar Aquatics	58.00	1:00.86
18 Matenge, Larona	16	Botswana	1:00.35	1:01.38
19 Viseu, Keanu E	15	Mozambique Swimming Team	58.91	1:01.96
20 Donnel, Tobias	15	Botswana	1:03.65	1:04.29
21 De Sousa, Pedro	16	Eswatini Swimming Association	1:10.32	1:09.43
--- Armstrong, Lee-Jay N	16	Namibia B-Team	57.78	X58.14
--- Bezuidenhout, Justin J	16	Namibia B-Team	59.00	X59.81

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****Event 111 Girls 17-29 100 LC Meter Freestyle**

AA ZONE IV: 59.83 R 17/04/2022		Kirabo Namutebi			UGA	
Name	Age	Team	Seed Time	Finals Time		
1	Westerduin, Reza	17 Namibia A-Team	1:01.68	1:01.14		
2	Coates, Johanna K	18 Zambia	1:02.06	1:01.69		
3	Findlay, Marlise R	17 Zambia	1:03.36	1:02.47		
4	Brinkmann, Maja J	17 Namibia A-Team	1:04.27	1:02.66		
5	Harry, Kyra	17 Botswana	1:03.26	1:04.85		
6	Palestrini, Aaliyah	21 Seychelles Aquatic Federation	1:02.60	1:05.00		
7	Dhemba, Vhenekai	18 Zimbabwe Swimming Federation	1:05.62	1:07.55		
8	Silva, Welwitchia	17 Angola Swimming Team	1:07.06	1:09.25		
9	Majongonhe, Dilza	18 Mozambique Swimming Team	1:09.55	1:11.33		
10	Gil, Larissa F	19 Mozambique Swimming Team	1:08.28	1:13.77		
11	Dlamini, Nosimilo	19 Eswatini Swimming Association	1:24.58	1:25.62		

Event 112 Boys 17-29 100 LC Meter Freestyle

AA ZONE IV: 52.74 R 03/05/2023		Henrique Mascarenhas			ANG	
Name	Age	Team	Seed Time	Finals Time		
1	Ferley, Amos	18 Seychelles Aquatic Federation	53.69	54.80		
2	Barradas, Hugo O	17 Mozambique Swimming Team	54.18	54.86		
3	Munguambe, Cleyton A	17 Mozambique Swimming Team	53.99	54.96		
4	Engelhard, Robin	18 Namibia A-Team	55.63	55.20		
5	Wellmann, Arkell J	22 Namibia A-Team	55.37	55.48		
6	Berejena, Ashley C	17 Zimbabwe Swimming Federation	57.33	56.97		
7	Vimba, Khaya	17 Zimbabwe Swimming Federation	56.34	57.09		
8	Keitsile, Gaamangwe J	17 Botswana	57.34	57.39		
9	Kaganda, Joshua	17 Uganda Swimming Team	56.76	57.75		
10	Gondo, Takundanashe	20 Botswana	57.60	57.95		
11	Tati, Janel	18 Angola Swimming Team	56.21	58.12		
12	Dlamini, Simphiwe	25 Eswatini Swimming Association	1:02.72	1:03.51		
---	Spangenberg, Shuan	20 Namibia B-Team	1:00.07	X57.95		
---	Bezuidenhout, Jordan V	18 Namibia B-Team	59.96	X1:00.46		

Event 113 Girls 11-12 200 LC Meter IM

AA ZONE IV: 2:40.79 R 03/05/2023		Roselinda Matyayi			NAM	
Name	Age	Team	Seed Time	Finals Time		
1	Haabazoka, Kira	11 Zambia	2:48.04	2:48.40		
2	Chicumbe, Angela	12 Mozambique Swimming Team	2:45.65	2:50.75		
3	Van Wyk, Roze	11 Namibia A-Team	2:49.92	2:51.25		
4	Watson, Acacia	12 Zimbabwe Swimming Federation	3:04.02	2:54.59		
5	Massingue, Estela B	12 Mozambique Swimming Team	2:55.47	2:56.32		
6	Matabeya, Farai	12 Zimbabwe Swimming Federation	3:00.23	2:59.53		
7	Chilisa, Jade	11 Botswana	2:55.14	2:59.82		
8	Glen-Spyron, Sofia B	10 Namibia A-Team	3:02.68	3:04.87		
9	Newaj, Tea	12 Mauritius	3:02.38	3:05.69		
10	Pabalinga, Reabetswe	12 Botswana	3:06.43	3:20.90		
---	Kibble, Lillian	12 Namibia B-Team	3:06.42	X3:01.78		
---	Dippenaar, Katja R	11 Namibia B-Team	3:13.36	X3:21.09		

Event 114 Boys 11-12 200 LC Meter IM

AA ZONE IV: 2:31.82 R 19/02/2017		Mikah K Burger			NAM	
Name	Age	Team	Seed Time	Finals Time		
1	Badenhorst, Oelof O	10 Namibia A-Team	2:47.25	2:41.05		
2	Durand, Patrick	11 Namibia A-Team	2:42.92	2:41.45		
3	Koty Sampaniaina, Glorio Preciou	11 Madagascar Aquatics	2:49.20	2:45.18		
4	Basto, Goncalo M	12 Mozambique Swimming Team	2:53.63	2:55.22		
5	Assubuji, Lawrence C	12 Mozambique Swimming Team	3:00.23	2:58.57		
6	Nkosi, Nkosinathi	12 Zambia	3:09.19	3:04.82		

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(Event 114 Boys 11-12 200 LC Meter IM)

Name	Age	Team	Seed Time	Finals Time
7 Kuraimunashe, Quinton	12	Zimbabwe Swimming Federation	3:20.63	3:15.62
8 Katandula, Taveleri	11	Malawi Aquatic Union	3:21.35	3:17.85
9 Palha, Lucas	12	Angola Swimming Team	3:53.75	3:24.83
--- Erni, Julian M	10	Namibia B-Team	3:04.34	X3:05.04
--- Kibble, Harry C	11	Namibia B-Team	3:03.92	X3:16.95
--- Opperman, Conrad	10	Seychelles Aquatic Federation	2:58.83	DQ
7.5 Feet not turned out during propulsive part of the kick - breast				
--- Bwisho, Kristian Mugumya	11	Uganda Swimming Team	2:57.86	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously - breas				

Event 115 Girls 13-14 200 LC Meter IM

AA ZONE IV: 2:30.46 R 19/02/2019 Emma A Kuhn

RSA

Name	Age	Team	Seed Time	Finals Time
1 Venter, Zuria I	14	Republic of South Africa	2:32.97	2:31.98
2 Naukosho, Ainoa	13	Namibia A-Team	2:32.10	2:35.29
3 Mgcina, Maya	14	Republic of South Africa	2:33.77	2:38.60
4 Rakotonanahary, Oceane	14	Madagascar Aquatics	2:37.33	2:40.21
5 Matyayi, Roselinda	14	Namibia A-Team	2:31.78	2:43.80
6 Johnsen, Alexis	14	Zimbabwe Swimming Federation	2:48.71	2:49.46
7 Andrianaho, Marie-Ange Praxas	14	Madagascar Aquatics	2:44.80	2:52.05
8 Chivandire, Eliecia T	13	Zimbabwe Swimming Federation	2:46.67	2:52.96
9 Mutie, Muela	14	Botswana	2:49.22	2:56.51
10 Morebodi, Maeva	13	Botswana	2:51.08	2:58.57
11 Chama, Natania	13	Zambia	2:55.19	3:02.93
12 Pedro, Beatriz	14	Angola Swimming Team	2:57.31	3:06.13
13 Costa, Aline A	14	Mozambique Swimming Team	3:00.23	3:08.76
14 Issufo, Rihana T	13	Mozambique Swimming Team	3:08.11	3:21.10
15 Willmott, Aimee N	13	Eswatini Swimming Association	3:47.20	4:05.47
16 Mtsetfwa, Sibó	14	Eswatini Swimming Association	NT	4:09.17
--- Ellis, Lilia	14	Namibia B-Team	2:35.56	X2:39.39
--- Schnebel, Sandra	13	Namibia B-Team	2:46.98	X2:43.92

Event 116 Boys 13-14 200 LC Meter IM

AA ZONE IV: 2:17.59 R 17/04/2022 Oliver B Durand

NAM

Name	Age	Team	Seed Time	Finals Time
1 Goller, Matthew	14	Republic of South Africa	2:20.27	2:20.26
2 Jones, Kellen T	14	Republic of South Africa	2:17.69	2:23.45
3 Feris, Rodney	14	Namibia A-Team	2:24.83	2:28.89
4 Mkavea, Tasunje	14	Malawi Aquatic Union	2:43.62	2:38.40
5 Rakoto, Hariela Ryan	13	Madagascar Aquatics	2:45.05	2:40.76
6 Musati, Jeremy	13	Namibia A-Team	2:42.67	2:41.09
7 Mukisa, Elijah S	13	Uganda Swimming Team	2:46.56	2:46.87
8 Chongwe, Ian	14	Malawi Aquatic Union	2:57.36	2:49.05
9 Bakwena, Leruo J	13	Botswana	2:37.01	2:49.71
10 Baptista, Mario	14	Angola Swimming Team	2:59.28	2:52.02
11 Dode, Davi	14	Angola Swimming Team	2:53.70	2:52.89
12 Munthali, Kaizer	14	Zambia	3:00.42	3:04.28
--- Modirelabangwe, Tema	14	Botswana	2:41.38	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously - breas				
--- Nkomazana, Kwandokuhle	14	Zimbabwe Swimming Federation	2:39.63	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously - breas				
--- Morgan, Anthony	13	Seychelles Aquatic Federation	2:44.39	DQ
7.6 Did not touch at the turn or finish with both hands; separated; simultaneously - breas				
--- Fraser, Luca	14	Eswatini Swimming Association	2:41.66	NS

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Event 117 Girls 15-16 200 LC Meter IM

AA ZONE IV: 2:26.18 R 19/02/2017		Christin Mundell		RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Le Roux, Scarlett	16	Republic of South Africa	2:23.45	2:29.37
2	Geyser, Mikayla	15	Namibia A-Team	2:36.33	2:35.43
3	Bergh, Madison S	15	Namibia A-Team	2:36.89	2:37.20
4	Frösler, Mikayla A	15	Republic of South Africa	2:40.27	2:41.13
5	Kapapa, Alexandra	15	Zambia	2:42.74	2:41.81
6	Saleshando, Melodi	15	Botswana	2:36.32	2:43.58
7	Makwabarara, Mikayla	16	Zimbabwe Swimming Federation	2:43.01	2:45.41
8	Chandiwana, Tanatswa	16	Zimbabwe Swimming Federation	2:52.39	2:54.41
9	Ingwe, Sally-Louise S	16	Botswana	2:53.29	2:55.68
10	Domingues, Ana Beatriz F	16	Mozambique Swimming Team	2:51.14	2:57.69
11	Mbewe, Winnie M	15	Zambia	2:54.68	2:59.58
12	Correia, Gabriella C	16	Mozambique Swimming Team	3:02.54	3:01.08
13	Ratefinjanahary, Ianitriniala Loar	16	Madagascar Aquatics	2:50.14	3:02.38
14	Santos, Neizla	16	Angola Swimming Team	2:59.26	3:04.00
15	Thomas, Lea Bethany	15	Mauritius	2:50.56	3:04.03
---	Keding, Marlene	15	Namibia B-Team	3:04.06	X3:09.19
---	Ashipala, Brooklyn A	15	Namibia B-Team	3:17.28	X3:12.58

Event 118 Boys 15-16 200 LC Meter IM

AA ZONE IV: 2:15.77 R 19/02/2019		Cameron Casali		RSA	
Name	Age	Team	Seed Time	Finals Time	
1	Domiter, Claudio J	16	Republic of South Africa	2:10.59	2:16.36
2	Wessels, Guy T	16	Republic of South Africa	2:10.97	2:19.95
3	Esterhuizen, Lorenzo E	15	Namibia A-Team	2:17.01	2:20.91
4	Cole, Mulenga E	15	Zambia	2:20.80	2:22.10
5	Chibva, Nathan	15	Zimbabwe Swimming Federation	2:28.67	2:28.60
6	Mulenga, Joshua	15	Zambia	2:33.51	2:29.44
7	Rakotobe, Tendry	15	Madagascar Aquatics	2:17.50	2:29.57
8	Beukes, Luke	16	Namibia A-Team	2:19.22	2:29.76
9	Padre, David	16	Angola Swimming Team	2:28.52	2:32.05
10	Cohen, Mason E	15	Mozambique Swimming Team	2:30.00	2:34.77
11	Marques, Rodrigo D	15	Mozambique Swimming Team	2:38.27	2:35.35
12	Siwela, Joshah	15	Zimbabwe Swimming Federation	2:32.70	2:38.05
13	Donnel, Tobias	15	Botswana	2:38.18	2:38.49
14	Fernandes, Carlos	15	Angola Swimming Team	2:35.92	2:38.88
15	Matenge, Larona	16	Botswana	2:42.43	2:57.18
---	Armstrong, Lee-Jay N	16	Namibia B-Team	2:27.60	X2:31.07
---	Bezuidenhout, Justin J	16	Namibia B-Team	2:27.12	X2:36.29
---	Indrano Chan, Warren	15	Madagascar Aquatics	2:30.00	DQ
	7.1 More than one butterfly kick prior to first breaststroke kick after the start or turn				
---	Nakhuda, Alyosha	16	Mauritius	2:30.82	NS

Event 119 Girls 17-29 200 LC Meter IM

AA ZONE IV: 2:31.89 R 07/12/2024		Maja J Brinkmann		NAM-A	
Name	Age	Team	Seed Time	Finals Time	
1	Brinkmann, Maja J	17	Namibia A-Team	2:34.16	2:31.89 R
2	Naukosho, Ariana	17	Namibia A-Team	2:33.78	2:36.66
3	Coates, Johanna K	18	Zambia	2:40.02	2:39.88
4	Musere, Matida	17	Zimbabwe Swimming Federation	2:40.07	2:42.16
5	Findlay, Marlise R	17	Zambia	2:39.88	2:42.18
6	Ingwe, Kimberly N	19	Botswana	2:40.99	2:44.15
7	Dhemba, Vhenekai	18	Zimbabwe Swimming Federation	2:52.21	2:47.93
8	Roff, Matilde P	17	Mozambique Swimming Team	2:47.59	2:54.00
9	Harry, Kyra	17	Botswana	2:49.73	2:56.05

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Name	Age	Team	Seed Time	Finals Time
10 Silva, Welwitchia	17	Angola Swimming Team	2:50.67	2:57.01
11 Xavier, Filipa A	18	Mozambique Swimming Team	2:50.00	3:08.29

Event 120 Boys 17-29 200 LC Meter IM

AA ZONE IV: 2:14.34 R 03/05/2023 Kaio Faftine MOZ

Name	Age	Team	Seed Time	Finals Time
1 Faftine, Kaio d	18	Mozambique Swimming Team	2:08.33	2:14.37
2 De Swardt, Jayden	18	Zimbabwe Swimming Federation	2:16.19	2:16.75
3 Wellmann, Arkell J	22	Namibia A-Team	2:15.09	2:17.44
4 Geysler, Brett A	18	Namibia A-Team	2:24.44	2:24.42
5 Sethi, Khalil	17	Botswana	2:22.16	2:26.03
6 Dlamini, Simanga	27	Eswatini Swimming Association	2:33.69	2:30.18
7 Kapapa, Timothy	17	Zambia	2:31.74	2:31.00
8 Vimba, Khaya	17	Zimbabwe Swimming Federation	2:35.01	2:32.36
9 Ferreira, Bruno R	17	Mozambique Swimming Team	2:32.77	2:35.37
10 Elias, Yano	17	Angola Swimming Team	2:32.80	2:37.06
11 Vika, Sebastiao	23	Angola Swimming Team	2:31.30	2:37.52
12 Pires, Djamel	21	Angola Swimming Team	2:25.42	x2:37.54
13 Keitsile, Gaamangwe J	17	Botswana	2:28.97	2:46.82
--- Buchert, Jörn	17	Namibia B-Team	2:34.40	X2:42.96
--- Spangenberg, Shuan	20	Namibia B-Team	2:31.53	XDQ

10.2 Did not complete the whole distance - Misc

Event 121 Girls 14 & Under 4x50 LC Meter Freestyle Relay

AA ZONE IV: 1:53.02 R 07/12/2024 Republic of South Africa RSA

M Mgcina, J Roman, R Magotsi, Z Venter

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	1:56.58	1:53.02 R
1) Mgcina, Maya 14	2) Roman, Jemmah A 13	3) Magotsi, Riziki A 14	4) Venter, Zuria I 14
2 Namibia A-Team	A	2:00.62	1:56.59
1) Naukosho, Ainoa 13	2) Rey, Candice J 14	3) De Sousa, Vitoria J 14	4) Matyayi, Roselinda 14
3 Zimbabwe Swimming Federation	A	1:58.95	1:58.83
1) Johnsen, Alexis 14	2) Chivandire, Eliencia T 13	3) Jones, Kristin 14	4) Bhulabhai, Neema 13
4 Botswana	A	2:03.45	2:01.94
1) Chilisa, Jade 11	2) Morebodi, Maeva 13	3) Mutie, Muela 14	4) Gondo, Matipaishe 14
5 Zambia	A	NT	2:04.19
1) Chama, Natania 13	2) Magubbwi, Chisi M 12	3) Sitamulaho, Neria M 12	4) Desai, Ayanna M 13
6 Mozambique Swimming Team	A	2:01.97	2:05.41
1) Massingue, Estela B 12	2) Chicumbe, Angela 12	3) Lobo, Liah C 14	4) Mpfumo, Marta C 14
7 Angola Swimming Team	A	NT	2:06.37
1) Santos, Kaila 13	2) Vongo, Kenenise 14	3) Pedro, Beatriz 14	4) Vunge, Chelsea 14
8 Eswatini Swimming Association	A	NT	2:25.52
1) Mc Namara, Kendra 13	2) Wilsch, Danika 13	3) Mtsetfwa, Sibho 14	4) Nunes, Daniella 13
--- Namibia B-Team	A	2:07.44	X2:06.07
1) Meyer, Cara 13	2) Brinkmann, Emma M 13	3) Schnebel, Sandra 13	4) Ellis, Lilia 14

Event 122 Boys 14 & Under 4x50 LC Meter Freestyle Relay

AA ZONE IV: 1:43.26 R 07/12/2024 Republic of South Africa RSA

S Lutchman, K Jones, E Raynard, R Sefehle

Team	Relay	Seed Time	Finals Time
1 Republic of South Africa	A	1:45.39	1:43.26 R
1) Lutchman, Skyler C 14	2) Jones, Kellen T 14	3) Raynard, Everraud M 14	4) Sefehle, Ramano S 14
2 Namibia A-Team	A	1:51.80	1:50.13
1) Coetzee, Jannes H 14	2) van Wyk, Ermano 14	3) Engelhard, Victor 14	4) Feris, Rodney 14
3 Malawi Aquatic Union	A	NT	1:50.72
1) Chongwe, Ian 14	2) Msiska, Vinjeru 14	3) Makwenda, Jeremiah 14	4) Mkavea, Tasunje 14

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****(Event 122 Boys 14 & Under 4x50 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
4 Zimbabwe Swimming Federation	A	1:51.53	1:50.94
1) Jerahuni, Nathaniel 14	2) Chisholm, Callum 13	3) Donzva, Ethan 14	4) Nkomazana, Kwandokuhle 14
5 Angola Swimming Team	A	NT	1:51.92
1) Nguvo, William 14	2) Dode, Davi 14	3) Baptista, Mario 14	4) Guimaraes, Santiago 14
6 Zambia	A	NT	2:02.96
1) Munthali, Kaizer 14	2) Gondwe, Takondwa 13	3) Nkosi, Nkosinathi 12	4) Jere, Mandla N 12
--- Namibia B-Team	A	2:23.84	X2:27.75
1) Erni, Julian M 10	2) Swartz, Caleb 11	3) Kibble, Harry C 11	4) Armstrong, Jeandre 10
--- Mozambique Swimming Team	A	2:09.46	DQ
10.15 Failed to leave the pool as soon as possible at the end of the race or section in a			
1) Assubuji, Lawrence C 12	2) Basto, Goncalo M 12	3) Mabombo, Kenzo 11	4) Pioris, Whato E 11
--- Seychelles Aquatic Federation	A	NT	DQ
10.15 Failed to leave the pool as soon as possible at the end of the race or section in a			
1) Marie, Tyron 13	2) Morgan, Anthony 13	3) Opperman, Conrad 10	4) Jean-Baptiste, Nasri 14

Event 123 Girls 15 & Over 4x50 LC Meter Freestyle Relay

AA ZONE IV: 1:50.76 R 07/12/2024 Zimbabwe Swimming Federation ZIM
Makwabarara, Chandiwana, Chandiwana, Dhemba

Team	Relay	Seed Time	Finals Time
1 Zimbabwe Swimming Federation	A	1:52.01	1:50.76 R
1) Makwabarara, Mikayla 16	2) Chandiwana, Tanatswa 16	3) Chandiwana, Tafadzwa 16	4) Dhemba, Vhenekai 18
2 Zambia	A	NT	1:55.46
1) Coates, Johanna K 18	2) Findlay, Marlise R 17	3) Mbewe, Winnie M 15	4) Kawesha, Inutu 15
3 Namibia A-Team	A	1:59.30	1:55.60
1) Bergh, Madison S 15	2) Slinger, Gizelle 15	3) Brinkmann, Maja J 17	4) Geysler, Mikayla 15
4 Botswana	A	1:59.60	1:56.74
1) Saleshando, Melodi 15	2) Ingwe, Sally-Louise S 16	3) Ingwe, Kimberly N 19	4) Harry, Kyra 17
5 Republic of South Africa	A	1:54.86	1:57.38
1) Le Roux, Scarlett 16	2) Dube, Caitlyn K 15	3) Frösler, Mikayla A 15	4) Mostert, Savannah 16
6 Seychelles Aquatic Federation	A	NT	1:58.02
1) Palestini, Aaliyah 21	2) Bristol, Dorianne 15	3) Labuschagne, Isabelle 17	4) Berlouis, Keira 14
7 Angola Swimming Team	A	NT	2:00.06
1) Santo, Rhanya 15	2) Santos, Neizla 16	3) Silva, Carlota 16	4) Silva, Welwitchia 17
8 Mauritius	A	2:06.05	2:04.85
1) Rajabalee, Keira 14	2) Thomas, Lea Bethany 15	3) Newaj, Tea 12	4) AH Chip, Chloe 15
9 Mozambique Swimming Team	A	2:03.91	2:05.16
1) Majongonhe, Dilza 18	2) Domingues, Ana Beatriz F 16	3) Roff, Matilde P 17	4) Albino, Nemzi L 15
--- Namibia B-Team	A	2:09.36	X2:08.19
1) Hansen, Mikayla P 16	2) Ashipala, Brooklyn A 15	3) Keding, Marlene 15	4) Benade, Quelin H 17

Event 124 Boys 15 & Over 4x50 LC Meter Freestyle Relay

AA ZONE IV: 1:37.41 R 17/04/2022 Zimbabwe ZIM
C Werrett, B Mhlanga, R Franceys, B Rorke

Team	Relay	Seed Time	Finals Time
1 Mozambique Swimming Team	A	1:41.01	1:39.11
1) Faftine, Kaio d 18	2) Barradas, Hugo O 17	3) Marcos, Elmer R 16	4) Munguambe, Cleyton A 17
2 Namibia A-Team	A	1:40.23	1:39.14
1) Beukes, Luke 16	2) Viljoen, René H 23	3) Le Roux, Corné 22	4) Engelhard, Robin 18
3 Angola Swimming Team	A	NT	1:40.10
1) Tati, Janel 18	2) Pires, Djamel 21	3) Padre, David 16	4) Anjos, Enzo 16
4 Republic of South Africa	A	1:41.72	1:40.61
1) Wessels, Guy T 16	2) Daniels, Adam M 15	3) February, Gerard G 15	4) Domiter, Claudio J 16
5 Zambia	A	NT	1:41.34
1) Mbaio, Benaiah Z 16	2) Mulenga, Joshua 15	3) Cole, Mulenga E 15	4) Kapapa, Timothy 17
6 Zimbabwe Swimming Federation	A	1:44.35	1:42.35
1) Kalipengule, Limbikani 16	2) De Swardt, Jayden 18	3) Berejena, Ashley C 17	4) Vimba, Khaya 17
7 Botswana	A	1:46.26	1:43.63
1) Keitsile, Gaamangwe J 17	2) Sethi, Khalil 17	3) Matenge, Larona 16	4) Gondo, Takundanashé 20

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Results

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(Event 124 Boys 15 & Over 4x50 LC Meter Freestyle Relay)

Team	Relay	Seed Time	Finals Time
8 Mauritius	A	1:46.18	1:45.58
1) Foo Sem Fah, Lucas 16	2) Augustine, Troy Kyllian 15	3) Doorbeegassing, Dwain 14	4) Chan Chuen, Lukas 16
9 Eswatini Swimming Association	A	NT	1:48.30
1) Ning, Chadd 18	2) Fraser, Tiano 16	3) Dlamini, Simphiwe 25	4) Dlamini, Simanga 27
--- Namibia B-Team	A	1:47.11	X1:45.16
1) Spangenberg, Shuan 20	2) Bezuidenhout, Justin J 16	3) Bezuidenhout, Jordan V 18	4) Armstrong, Lee-Jay N 16

Event 201 Women 45 & Over 800 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Araujo, Ana	56	Mozambique Swimming Team	14:31.37	14:10.36

Event 202 Men 30-44 800 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Louw, Dentie J	41	Namibia Masters	10:56.58	11:31.83

Event 203 Women 45 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Araujo, Ana	56	Mozambique Swimming Team	48.12	48.02

Event 204 Men 30-44 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Jai, Alcides	33	Angola Swimming Team	40.24	39.56
2 Louw, Dentie J	41	Namibia Masters	41.75	40.23
--- Makoena, Allan A	35	Namibia Masters	46.79	X48.74

Event 204 Men 45 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 van der Westhuizen, Francois	51	Namibia Masters	39.11	38.83
--- Hoare, Mark	29	Eswatini Swimming Association	NT	X35.67

Event 206 Men 30-44 100 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Alberto, Carlos	31	Angola Swimming Team	1:15.00	1:11.56
2 Louw, Dentie J	41	Namibia Masters	1:26.37	1:27.33

Event 206 Men 45 & Over 100 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
--- Hoare, Mark	29	Eswatini Swimming Association	NT	X1:24.85

Event 210 Men 30-44 200 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Malan, Francois-Jacques	37	Namibia Masters	2:55.18	2:58.27

Event 211 Women 45 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Araujo, Ana	56	Mozambique Swimming Team	3:14.70	3:05.65

Event 212 Men 30-44 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Alberto, Carlos	31	Angola Swimming Team	2:27.85	2:23.62
2 Louw, Dentie J	41	Namibia Masters	2:31.81	2:31.26
3 Malan, Francois-Jacques	37	Namibia Masters	2:36.06	2:33.89
4 Makoena, Allan A	35	Namibia Masters	2:54.17	x2:55.61

Event 213 Women 45 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Araujo, Ana	56	Mozambique Swimming Team	39.35	37.60

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Event 214 Men 30-44 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Malan, Francois-Jacques	37	Namibia Masters	30.75	29.43
2	Louw, Dentie J	41	Namibia Masters	31.59	32.96
3	Jai, Alcides	33	Angola Swimming Team	31.89	35.56

Event 215 Women 45 & Over 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Araujo, Ana	56	Mozambique Swimming Team	7:01.66	6:47.04

Event 216 Men 30-44 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Louw, Dentie J	41	Namibia Masters	5:19.80	5:28.81
2	Makoena, Allan A	35	Namibia Masters	6:14.68	6:19.88

Event 218 Men 30-44 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Louw, Dentie J	41	Namibia Masters	1:18.00	1:20.93
---	Malan, Francois-Jacques	37	Namibia Masters	1:15.90	DQ
	8.3 Alternating movement of legs or feet				

Event 220 Men 30-44 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Alberto, Carlos	31	Angola Swimming Team	30.90	31.12
2	Malan, Francois-Jacques	37	Namibia Masters	35.14	35.34
3	Louw, Dentie J	41	Namibia Masters	35.80	37.19
4	Makoena, Allan A	35	Namibia Masters	41.06	x40.57

Event 220 Men 45 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	van der Westhuizen, Francois	51	Namibia Masters	37.84	39.03

Event 221 Women 45 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Araujo, Ana	56	Mozambique Swimming Team	1:51.76	1:47.76

Event 222 Men 30-44 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Jai, Alcides	33	Angola Swimming Team	1:39.21	1:42.81

Event 222 Men 45 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	van der Westhuizen, Francois	51	Namibia Masters	1:26.39	1:32.31

Event 223 Women 45 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Erasmus, Linda	65	Namibia Masters	44.25	46.32

Event 224 Men 30-44 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Alberto, Carlos	31	Angola Swimming Team	26.61	26.45
2	Malan, Francois-Jacques	37	Namibia Masters	29.43	28.05
3	Louw, Dentie J	41	Namibia Masters	29.41	29.54
4	Makoena, Allan A	35	Namibia Masters	32.31	x30.95

Event 224 Men 45 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	van der Westhuizen, Francois	51	Namibia Masters	30.52	30.93

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Results****Event 227 Women 45 & Over 100 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Araujo, Ana	56	Mozambique Swimming Team	1:26.90	1:19.68

Event 228 Men 30-44 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Alberto, Carlos	31	Angola Swimming Team	59.05	1:00.32
2	Malan, Francois-Jacques	37	Namibia Masters	1:06.79	1:04.73
3	Louw, Dentie J	41	Namibia Masters	1:04.96	1:07.03
4	Makoena, Allan A	35	Namibia Masters	1:13.95	x1:12.89

Event 228 Men 45 & Over 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	van der Westhuizen, Francois	51	Namibia Masters	1:08.43	1:08.42

Event 229 Women 45 & Over 200 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Araujo, Ana	56	Mozambique Swimming Team	3:41.46	3:34.05

Event 230 Men 30-44 200 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Louw, Dentie J	41	Namibia Masters	2:53.28	2:54.72
2	Malan, Francois-Jacques	37	Namibia Masters	2:55.13	3:00.36
---	Makoena, Allan A	35	Namibia Masters	3:18.82	X3:16.03

Combined Team Scores**Combined Team Scores - Through Event 230**

1. Namibia A-Team	2772	2. Republic of South Africa	1776
3. Zimbabwe Swimming Federation	1725.5	4. Mozambique Swimming Team	1582.5
5. Botswana	1331	6. Zambia	1299.5
7. Angola Swimming Team	1024	8. Mauritius	577.5
9. Seychelles Aquatic Federation	478.5	10. Madagascar Aquatics	464
11. Uganda Swimming Team	388	12. Eswatini Swimming Association	329
13. Malawi Aquatic Union	288.5		

XX AA Zone IV LC Championships 4-7 Dec 2024 - 04/12/2024 to 07/12/2024**Medal Count****Combined: Men + Women**

Team	Gold	Silver	Bronze	Total
Republic of South Africa	50	24	10	84
Namibia A-Team	26	46	34	106
Mozambique Swimming Team	24	12	9	45
Namibia Masters	12	9	4	25
Zimbabwe Swimming Federation	11	17	16	44
Zambia	7	7	17	31
Angola Swimming Team	7	3	9	19
Mauritius	4	1	4	9
Eswatini Swimming Association	4	0	4	8
Seychelles Aquatic Federation	3	1	1	5
Madagascar Aquatics	2	4	4	10
Uganda Swimming Team	1	3	3	7
Botswana	0	6	11	17
Malawi Aquatic Union	0	1	2	3